

**SECTION: Nutrition Services****SUBJECT: Nutrition Services Overview**

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**Federal Regulations:** §246.11(d)(1)(2)**Nutrition Services Standards:** Standard 1 A-D**POLICY**

It is the expectation that the Program Nutritionist is responsible for the nutrition component and overall delivery of quality nutrition services for the entire WIC local agency (including subcontractors). This role encompasses the oversight of the following aspects necessary for the provision of quality nutrition services by WIC local agency nutrition staff:

- The nutritional assessment that establishes the applicant and participant's needs and nutrition risk factors.
- Assignment of the food package prescription that provides the most appropriate WIC foods.
- When appropriate breastfeeding promotion, education and support.
- Targeted, client-centered nutrition education/counseling.
- Referrals to best assist the client in making positive changes in nutrition and health practices.
- The documentation of these components in a complete and concise manner.
- Development of resource allocation and evaluation sections of the local agency plan (LAP) in collaboration with Program Coordinator, Site Nutritionists and Breastfeeding Coordinator(s)

It is expected that the Program Coordinator, Program Nutritionist and Site Nutritionist(s) work together to ensure an effective and cohesive operation of the nutrition component of the program.