

## Local agency Breastfeeding Coordinators Meeting Summary

May 19, 2023

Meriden Health Department

165 Miller Street, Meriden, CT

Teen Room- 2<sup>nd</sup> floor- Come in through glass doors, walk straight to elevator and take to second floor. Step off elevator, take left, Teen Room is down hall on left (You go through door, pass bathrooms and small hallway on left)

**Parking: Lot on the side of the building with the shipping containers- not in the lot across the street**

12:30-3:30pm

Time	Topic	Actions/Outcome	Lead
12:30 pm-12:35 pm	<b>Welcome</b>	Networking	All
12:35 pm-1:25 pm	<b>Team building activity</b>	Party Bowl with breastfeeding terms. A good time was had by all! Fun was achieved!	All
1:25 pm-2:30 pm	<b>Local Agency Plan (LAP) Breastfeeding Strategies workshop</b>	Please see attached to email the LAP template for FY 2024. As discussed, all local agencies have at least one strategy developed for each objective in 2024. The local agency needs to determine how to train, implement and evaluate the strategy. For breastfeeding initiation, the strategy is to implement the Make a Plan checklist into prenatal second contacts. At the meeting we discussed training approaches and ideas, expected documentation and ways to motivate staff to use the tool as a guide and reminder for points to cover in prenatal counseling, with an emphasis on 1 or 2 actions for participants to commit to try. Kalpita agreed to work on an outline for staff training. For those interested in helping on this please connect with Kalpita. <a href="mailto:kpradhan@easthartfordct.gov">kpradhan@easthartfordct.gov</a> We will need to communicate on this via email we do not have a meeting in June and August. Perhaps for July, we can extend our 30 minutes to 1 hour to finalize a training approach. We can focus on evaluation in September.	ML/LG- Groups will be decided. (Kalpita will be lead)

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2:30 pm-3:00 pm	<b>Breastfeeding Referral Protocols</b>	The breastfeeding duration strategy focuses on providing timely assistance to participants who have feeding challenges by formalizing a local agency referral protocol and adding non-benefit related breastfeeding appointments to the schedule. We prefer this to be daily. However, we understand it may need to be several times a week at first. We have also attached the draft protocol that Bristol/NB worked on regarding remote benefit issuance for BF dyads prior to COVID. This could be a starting point for breastfeeding triage visits.	ML/LG- Groups will be decided (Amanda N lead)
3:00 pm-3:30 pm	<b>Other topics, FY 2024 meetings, Adjourn.</b>	<b>Save Tuesday, August 22<sup>nd</sup> for a presentation from the MMBNE from 1-2pm.</b> We agreed to meet in person in September, the State agency is checking if the Teen Room is available, details forthcoming. We will extend the meetings moving forward to 45 minutes now that the bulk of the USDA Breastfeeding Training is completed. Please adjust the schedules as needed to accommodate a meeting from 12:30-1:15pm. See below for proposed meeting dates through May 2024.	

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**We will meet for 45 minutes in FY 2024- 12:30-1:15pm. However, local agencies should continue to allot time for breastfeeding related projects as described in the BF Coordinators role document. Please plan schedules and budgets accordingly. If we cancel a meeting, please use the scheduled meeting time work on breastfeeding coordinator related duties.**

### 2023

#### June

Friday, July 21<sup>st</sup>

**SKIP d/t Statewide meeting**

12:30-1:15pm Teams meeting

#### August

**NO meeting, but MMBNE presentation on August 22, 2023, open to any staff interested. Details to follow.**

Friday, September 15<sup>th</sup>

12:30-3:00pm In-person TBD

Friday, October 20<sup>th</sup>

12:30-1:15pm Teams meeting

Friday, November 17<sup>th</sup>

12:30-1:15pm Teams meeting

Friday, December 8<sup>th</sup>

12:30-1:15pm Teams meeting

### 2024

Friday, January 19<sup>th</sup>

12:30-1:15pm Teams meeting

#### February

**SKIP**

Friday, March 15<sup>th</sup>

12:30-1:15pm Teams meeting

Friday, April 5<sup>th</sup>

12:30-1:15pm Teams meeting

Friday, May 17<sup>th</sup>

In-person TBD

**Please make schedule adjustments for WIC Breastfeeding Curriculum training Fall 2023. Sent out via email.**