

# WIC Staff Guidance for Issuance of Breast Pumps

## **When to refer to a DBE/Breastfeeding Coordinator:**

- Whenever nutritionist or staff issuing a pump has a question regarding the policy of issuing breast pumps, or is uncertain about which kind of pump would be appropriate at the time of issuance
  - o \*Ideally, the training and guidance provided in this Content Sheet, annual reviews by the agency's DBE/Breastfeeding Coordinator, USDA/FNS Breastfeeding Core Curriculum provides staff with the confidence to issue pumps using their judgment, but, staff can consult the DBE/Breastfeeding Coordinator.

## **When to refer to a lactation counselor (CLC):**

- For nutritionists who are not CLCs, refer to a CLC (either another WIC nutritionist or an outside resource) when there are specific breastfeeding questions or concerns from a participant that the nutritionist is not YET able to answer. Upon demonstrating competency in Level 3 of the USDA/FNS Breastfeeding Core Curriculum, all WIC Nutritionists (CPA) are expected to provide a consistent level of breastfeeding assessment, education and support.

## **When to refer to a lactation consultant (IBCLC):**

- For non-IBCLCs, when there are questions about complex breastfeeding issues (mastitis, anatomical concerns with feeding) that cannot be addressed in the office or that need medical attention.

## **Peer Counselors:**

- If your agency has a Peer Counselor Program or works with peer counselors they can be a good resource for questions regarding pump acquisition, distribution and support for a pumping plan for return to work, school or non-medical purposes. If a peer counselor is not contacted or available at time of pump issuance, documenting breast pump issuance or review of breast pump education in CT-WIC Breastfeeding Support and Notes Screen is required to ensure continuity of care.

## Office Contact List

The Certified Lactation Counselors (CLCs) in this office are:

_____	_____
_____	_____
_____	_____

The IBCLCs in this office are:

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The IBCLCs in the community who are available for consultation are:

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The other breastfeeding resources in the area who are available to provide breastfeeding support outside of WIC are:

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Please remember to ask participants to take the satisfaction survey!



Spanish

<https://www.surveymonkey.com/r/WICBPSP>



English

<https://www.surveymonkey.com/r/WICBPsurvey>