

**Local agency Breastfeeding Coordinators Meeting Summary  
July 15, 2022**

**12:30-3:30pm**

Time	Topic	Actions/Outcome	Lead
12:30pm-12:35pm	Welcome		ML/LG
12:35pm-12:45pm	Regional Breastfeeding Curriculum, Fall dates	We clarified who needed to attend and why training has been laid out with initial Spring 2022 for Levels 1 & 2 and Fall offering Levels 1 & 2, followed by Levels 3 & 4. This was shared with Breastfeeding Coordinators and Program Coordinators many times since 2018 and is a mandatory USDA training for all staff. Please see email dated 7-8-22 (and below) from Marilyn for full details of the Fall training and expectations. If there are extenuating circumstances, please let Marilyn and Lori know of these ASAP.	All
12:45pm-1:00pm	WBW events 2022	<p>Events shared: Wednesday, August 3<sup>rd</sup> Hartford Hospital Event- Hartford and East Hartford WIC Program staff will join to have a WIC table at event.</p> <p>Thursday, August 4<sup>th</sup>- Three agencies have events focused on WBW Step-Up theme East Hartford, New Haven, and TVCCA. Thursday, August 11<sup>th</sup>, Day Kimball Library group with collaboration with summer lunch program will host an event, Southwest (Optimus): Tentative plans with FMNP, Waterbury is planning an event for Black Breastfeeding Week on Friday, August 26<sup>th</sup> in collaboration with their Advancing Health Literacy group.</p> <p>The Connecticut Breastfeeding Coalition and March of Dimes is sponsoring an event organized by Danielle Blakney (a former WIC Peer Counselor) who is now an IBCLC and owner of Milkin' Melanin Lactation Services LLC <a href="https://milkinmelanin.com/">https://milkinmelanin.com/</a> during Black</p>	All

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1:00pm-1:15pm	New AAP Policy Statement	<p>Breastfeeding Week- Saturday, August 27<sup>th</sup> at lighthouse point park.</p> <p>Link to <a href="#">Policy Statement on Breastfeeding and the Use of Human Milk</a></p> <p>Highlights from AAP policy statement:</p> <ul style="list-style-type: none"><li>• Exclusive breastfeeding for the first 6 months. There is no need to introduce infant formula or other sources of nutrition for most infants. Beyond 6 months, breastfeeding should be maintained along with nutritious complementary foods.</li><li>• AAP recommends that birth hospitals or centers implement maternity care practices that improve breastfeeding initiation, duration, and exclusivity.</li><li>• There are continued benefits from breastfeeding beyond 1 year, and up to 2 years especially in the mother. Long-term breastfeeding is associated with protections against diabetes, high blood pressure, and cancers of the breast and ovaries.</li><li>• Mothers who choose to breastfeed beyond the first year need support from their medical care providers, as well as protections against workplace barriers.</li><li>• Policies that protect breastfeeding, including universal paid maternity leave; the right of a woman to breastfeed in public; insurance</li></ul>	ML/LG
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1:00-1:30pm	Open discussion	<p>coverage for lactation support and breast pumps; on-site childcare; universal workplace break time with a clean, private location for expressing milk; the right to feed expressed milk; and the right to breastfeed in childcare centers and lactation rooms in schools are all essential to supporting families in sustaining breastfeeding.</p> <p>The policy statement calls for addressing implicit bias, structural bias, and structural racism to eliminate disparities in breastfeeding and improve the health and well-being of all children and families.</p> <p>Gender diverse parents may have less access to human milk because of both social and biological constraints. When working with gender-diverse families, AAP suggests asking families what terms they use and that the term “chestfeeding,” may be more accurate and inclusive as it concerns lactation and physiology in gender-diverse families.”</p> <p>“Breastfeeding can be challenging for new parents, and support from their families, doctors and workplaces is essential,” Dr. Meek said. “The health benefits are vast and can be viewed as a long-term investment not only in a child’s development, but to public health as a whole.”</p> <p>Discussed plans for future meetings.</p>	
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After meeting	DME information	<p>Reliable Maternity is a DME that accepts HUSKY. Attached to the email is a flyer to share with staff providing other options of DME's for participants.</p> <p>Acelleron has provided a list of current pumps offered, on the attached flyer, highlighted pumps are HUSKY approved. If you would like hard copies of the flyer, please let Marilyn and Lori know. Jan will mail them to you if you need hard copies.</p> <p>Acelleron also provides resources, classes and blood pressure monitors and compression products for HUSKY members. Please see flyer.</p>	
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**We will continue to meet virtually for 1 hour in 2022. However, we have allotted 3 hours of time so local agencies can work on breastfeeding related projects or in case we are able to meet in person or need this time for training. Please plan schedules and budgets accordingly. If we cancel a meeting, please use the scheduled meeting time work on breastfeeding coordinator related duties.**

**2022**

- August- no meeting
- Friday, September 16<sup>th</sup>      **12:30-3:30pm**      **Cancelled d/t DBE training**
- Friday, October 21<sup>st</sup>      12:30-3:30pm      Teams Meeting
- Friday, November 18<sup>th</sup>      12:30-3:30pm      Teams Meeting
- Friday, December 16<sup>th</sup>      12:30-3:30pm      Teams Meeting

**We are planning to have 1-hour meetings for the rest of 2022.**

**Meetings for 2023 to be mostly virtual but will consider in person meetings 2x/year pending space/location options.**

**Fall Level 1-4 training dates are as follows: Email was sent to Program Coordinators and BF Coordinators**

**Thursday September 15<sup>th</sup> 9am-4:30pm. Level 1 Full day**

**Block out schedule for mornings 9am-12:30pm for Level 2, 3 and 4 on Tuesdays/Thursdays from September 20<sup>th</sup> through December 6<sup>th</sup>.**

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**Remainder of staff that did not attend Level 1 or 2 in Spring, must attend Fall sessions. Level 3 required for Nutritionists with or without CLC, Program Coordinators with CLC, and optional for NA II with CLC. Level 4 required for Nutritionists and Program Coordinators with CLC and/or IBCLC.**