

**Local agency Breastfeeding Coordinators Meeting
April 23, 2021**

[Join Microsoft Teams Meeting +1 860-840-2075](#) United States, Hartford (Toll) Conference ID: 189 802 185#

12:00-3:00pm

| Time | Topic | Actions/Outcome | Lead |
|------------------|---|---|-------------------------------|
| 12:00pm-12:05pm | Welcome and Introductions | Quick hellos and any updates | ML/LG |
| 12:05pm -12:30pm | Follow-up to last month's presentation | PowerPoint to be posted on the BF Resources page, but the video continues to allude us. We are still working on a solution about how to share the video, thank you for your patience on this matter. If you or staff have questions connect with Pam and Luz. | PB/LH |
| 12:30pm-1:15pm | Debrief from CT-LLL webinars 3/25 and 4/1 | <p>A few items to discuss/debrief with your staff related to 3/25 LLL webinar. Regarding information provided on sleep aids- as always, remind staff that just because you hear something at a conference, doesn't mean that you add to your practice or counseling. This is especially critical regarding medications/home remedies or non-evidence-based suggestions/interventions. We need to remember our scope of practice and stay within that scope. As WIC staff (nutritionists, NA II/NAI or peers) we cannot "prescribe" medications or non-evidence-based remedies.</p> <p>As an example of what is in the scope of WIC staff regarding medications: If a participant has questions about a prescribed or over the counter medication, we can use the Medications in Mothers' Milk subscription to provide her information on compatibility of medication with breastfeeding to share with the dyad's medical providers. More on this topic can be discussed at May's meeting.</p> | <p>Group leads</p> <p>All</p> |

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| 1:15pm-3:00pm | Update on Content Sheet progress Content Sheet group meetings | Most groups used their first meeting to review and discuss edits to the content sheets. All agreed that they would be able to have something to share/review for the May meeting. Some discussion on adding a Content Sheet specific to Exclusive Pumping by Choice. We will likely use some of the Medical Pumping content, and then adapt for this new topic. | |
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With uncertainty of the ongoing COVID-19 pandemic, we will continue to meet virtually for 1 hour. However, we have allotted 3 hours of time so local agencies can work on breastfeeding related projects or in case we are able to meet in person or need this time for training. Please plan schedules and budgets accordingly. If we cancel a meeting, please use the scheduled meeting time work on breastfeeding coordinator related duties.

2021

- **Friday, May 21st** **12:00-3:00pm** **Teams Meeting**
- **Friday, June 18th** **12:00-3:00pm** **Teams Meeting**
- **Friday, July 16th** **12:00-3:00pm** **Teams Meeting**
- **August- NO meeting**
- **Friday, September 24th** **12:00-3:00pm** **Teams Meeting**
- **Friday, October 22nd** **12:00-3:00pm** **Teams Meeting**
- **November/December** **TBD**