

**Local agency Breastfeeding Coordinators Meeting Summary**  
**March 15<sup>th</sup>, 2024**  
**Teams Meeting**  
**12:30-1:30pm**

Time	Topic	Actions/Outcome	Lead
12:30 pm-12:35 pm	<b>Welcome</b>	Welcome, right down to business.	All
12:35 pm-1:15pm	<b>LAP BF strategies implementation</b>	<p>We continued our discussion of progress with our initiation and duration LAP strategies.</p> <p>Jocelyne mentioned that she was reviewing the MAP with the peer counselors which is fantastic! The peers can assist with follow-up on these concepts that are introduced by the Nutritionist with prenatal participants. A reminder that Nutritionists are trained through Level 3 (Peer Counselors are trained though Level 2) of the WIC Breastfeeding Curriculum and are expected to provide individualized breastfeeding assessment, education and support based on their conversations with participants. Nutritionists are expected to troubleshoot and provide tips and solutions for common breastfeeding issues like sore nipples, latch, engorgement, recognition of feeding cues and infant satiety. Peers can help support participants in implementing the tips and yield as needed. Maggie also updated on the New Haven (Sargent Ave and West Haven sites) Q1 chart audits and Q2 progress. She mentioned that 2 participants called the office to request less formula in their food packages. Amazing job! Also, most of the BF-F/U appts are being scheduled and kept. Val mentioned the Make a Plan checklists were implemented around 2013 and were helpful in prenatal education. Yes! It is! It keeps both staff and participants on track with planning for successful breastfeeding.</p>	<p>ML</p> <p>All</p>

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<p>1:15pm-1:20pm</p>	<p><b>Today's Baby review</b></p>	<p>Jessie reported that Danbury is going to see prenatal participants in person in the 3<sup>rd</sup> trimester visit to review the MAP and administer the PMAD- fantastic idea. Elizabeth commented that they are working on implementing the BF F/U appts several days each week and she as BF Coordinator will be covering these for now until others are trained on the process. We will continue to discuss the progress of our LAP strategies. In July, we will review expectations for the 2025 LAP submission.</p> <p>See attachments in email. Reviewed extent of local agency involvement and viewed one sample video related to breastfeeding. We will see if we can access additional videos and preview at a future date.</p>	
<p>1:20pm-1:30pm</p>	<p><b>Open discussion/Prep for May</b></p>	<p>We have no meeting in April. We will have an in-person meeting in May at the Meriden Public Library. More details will be provided closer to the event. We will have a guest speaker from UConn to discuss research on pain management strategies in breastfeeding.</p> <p>If you are going to the LLL and being paid for by DPH you should have received an invite to your personal email from LLL entitled "Zoom Events". The registration for you should be "free". Please forward the registration confirmation email to Marilyn and Lori. If you have not received this email, please contact Marilyn or Lori ASAP. Also, as a reminder, if you are</p>	

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		going, but your local agency is paying for you to attend, the cost for WIC staff should be \$95.00.	
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**Please plan schedules and budgets accordingly. If we cancel a meeting, please use the scheduled meeting time to work on breastfeeding coordinator related duties. We will have 2 in person meetings in the calendar year 2024.**

**2024**

Friday, March 15 <sup>th</sup>	12:30-1:30pm	Teams Meeting
April	NO meeting	
Friday, May 17 <sup>th</sup>	<b>12:30-3:30pm</b>	<b>In person- Meriden Public Library Room 6</b>
Friday, June 14 <sup>th</sup>	12:30-1:30pm	Teams Meeting-moved to accommodate local agency orientation dates.
Friday, July 19 <sup>th</sup>	12:30-1:30pm	Teams Meeting
August	NO meeting d/t National Breastfeeding Month	
Friday, September 20 <sup>th</sup>	<b>12:30-3:30pm</b>	<b>In person- TBD</b>
Friday, October 18 <sup>th</sup>	12:30-1:30pm	Teams Meeting
Friday November 15 <sup>th</sup>	12:30-1:30pm	Teams Meeting

**Information about WIC Breastfeeding Curriculum training in 2024 was sent in a separate email. Levels 2-4 are 9:00am-12:30pm on Tues/Thurs, Virtual Teams Meeting. Levels 1-4 will be offered in the Spring 2024. Levels 1 and 2 will be offered in the Fall 2024.**