

**Local agency Breastfeeding Coordinators Meeting Summary
February 17, 2023**

12:30-1:00pm

| Time | Topic | Actions/Outcome | Lead |
|-----------------|-----------------------------|--|-------|
| 12:30pm-12:35pm | Welcome | | ML/LG |
| 12:35pm-12:50pm | Improving BF support in WIC | <p>East Hartford shared additional steps they are taking to adjust the schedule to accommodate breastfeeding concerns/ follow-up appointments.</p> <p><i>We have set aside a column every Thursday for Doreen, (starting in May) to be used for any family needing follow up for support- in person or on the phone. The column will not be coded for any other appts so it will give priority to the families in which time is of the essence. We hope to see more in-person consults with this dedicated space for moms to come in for help with latch, positioning, pumping or just general reassurance that all is going well.</i></p> <p><i>Each nutritionist can schedule moms to come in for support on any given day, but often there is no green space left in the week and the overflow column is used, which overloads the days appointments and is not an optimal situation. We hope this option will provide time for quality follow ups for breastfeeding situations that may escalate if unresolved.</i></p> <p><i>Currently, if a call comes in overnight for lactation support, the program assistants will put that in the overflow to be addressed by a Nutritionist/CLC, BF coordinator, or IBCLC. This practice will continue. Also, as CLCs, nutritionists will often do a follow up on their own just to check on a new</i></p> | All |

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| 12:50-1:00pm | Open | <p><i>mom. This is put in the overflow on the day the follow up is being done. More complex issues are given to Kalpita or Doreen to follow. This will continue but hopefully the dedicated column will enhance our follow up for families in need that have no peer support.</i></p> <p>Lauren shared in the Bridgeport Optimus office; the plan is to use Friday afternoons (currently not highly scheduled) to accommodate breastfeeding follow-up visits. Other offices are still working to determine how to accommodate, most are using the walk-in column for these purposes. Discussion regarding having breastfeeding visits not tied to a benefit issuance continues. We encourage all sites/agencies to develop a strategy to ensure all staff are on the same page regarding follow-up visits, in addition to testing schedule options to improve access to timely breastfeeding support.</p> <p>Update on CDC Recommendations for Breastfeeding and HIV, here is the link to the public information. https://www.cdc.gov/breastfeeding/breastfeeding-special-circumstances/maternal-or-infant-illnesses/hiv.html</p> | |
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We adjusted our formal meeting time to 30 minutes considering clinic schedules. However, local agencies should continue to allot time for breastfeeding related projects as described in the BF Coordinators role document. Please plan schedules and budgets accordingly. If we cancel a meeting, please use the scheduled meeting time work on breastfeeding coordinator related duties.

2023

Friday, March 17th

12:30-1:00pm

Teams Meeting

Friday, April 21st

12:30-1:00pm

Teams Meeting

**Local agency Breastfeeding Coordinators Meeting Summary
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Friday, May 19th

12:30-3:00pm

In-person Meriden Department of Health, Teen Room

June

SKIP d/t Statewide meeting

Friday, July 21st

12:30-1:00pm

Teams meeting

August

SKIP World Breastfeeding Month

Friday, September 15th

12:30-3:00pm

In-person TBD

Please make schedule adjustments for WIC Breastfeeding Curriculum training in Spring/Fall 2023. Sent out via email