

**Local agency Breastfeeding Coordinators Meeting Summary
November 19, 2021**

12:00-3:00pm

Time	Topic	Actions/Outcome	Lead
12:00pm-12:05pm	Welcome, Introductions and Pump Updates, New Meeting Times (doodle poll)	We are keeping Friday afternoon but moving to 12:30 to allow for lunch. As discussed, most meetings have 1 hour of content, with the additional 2 hours for local projects or to work on Content sheet updates.	ML/LG
12:05pm-12:45pm	NY Grand Rounds de-brief Breastfeeding Grand Rounds (albany.edu) This link is to a free Albany Grand Rounds presentation on Thursday, Nov 4 th from 8:30-10:30, on Marijuana Use During Pregnancy and Breastfeeding featuring Dr. Tom Hale and Laurel Wilson IBCLC. We encourage your participation in this free event. If you cannot view live, you can watch this for up to 14 days after the presentation.	Most that were able to participate in this Grand Rounds, thought it was informative. Some concerns mentioned focused on having the conversation and fine line between harm reduction and effectively communicating the risks. A revised guidance document will be shared, and the State agency is in ongoing communication with DMHAS, DCF and FASD-SEI about emerging issues. Main take home message: Legal doesn't mean safe. And reducing or stopping is to be encouraged. Increased potency of both medical and recreational cannabis is a factor and we do know that women of childbearing age have reported increased use over time with various State legalization programs. Other concerns are safe storage. Like our advisories about keeping children away from and third hand smoke, emphasis on keeping products away from children and pets is another key point. If you or your colleagues have not viewed the webinar, please encourage them to review it.	All
12:45pm-12:50pm	BF Resource Page for WIC staff updates	Check out the new updates, the October and November summaries will be available soon.	ML/LG

**Local agency Breastfeeding Coordinators Meeting Summary
November 19, 2021**

12:00-3:00pm

12:50pm-1:00pm	Galactagogues	<p>https://portal.ct.gov/DPH/WIC/Breastfeeding https://portal.ct.gov/DPH/WIC/Breastfeeding-Resources</p> <p>No new information here, most local agencies have discussed this with staff. Report no questions. Breastfeeding Unit and Monitors will make sure to listen for messaging about breast milk production and how potential questions/concerns about Galactagogues are addressed during observations of prenatal and breastfeeding visits.</p>	Groups
1:15pm-1:30pm	<p>DBE training discussion and final 2021 and new 2022 meetings</p> <p>New Staff Orientation</p>	<p>Save the date forthcoming. Two Fridays in October 2022 is the tentative plan. In the future, to sustain, this Level 1 content (self-guided with State and local check in) can be incorporated into New Staff training and then remaining Levels 2-4 will be combination of State and local training.</p> <p>Reviewed Breastfeeding Orientation checklist and BF Orientation presentation on CT-TRAIN information shared.</p> <p>Breastfeeding Orientation for Local WIC Staff training which is currently available on CT Train. You can search by the title or course ID#: 1094678. Link for CT Train is https://www.train.org/connecticut/welcome. Once staff attend the New Staff Orientation, the local management team should review the BF Orientation checklist handout to make sure questions are answered and staff understands information.</p>	

**Local agency Breastfeeding Coordinators Meeting Summary
November 19, 2021**

12:00-3:00pm

1:30pm-3:00pm	Content Sheet breakouts	Updates on timelines. Continue work.	
---------------	-------------------------	--------------------------------------	--

We will continue to meet virtually for 1 hour for the remainder of 2021 and in 2022. However, we have allotted 3 hours of time so local agencies can work on breastfeeding related projects or in case we are able to meet in person or need this time for training. Please plan schedules and budgets accordingly. If we cancel a meeting, please use the scheduled meeting time work on breastfeeding coordinator related duties.

2021

- **Friday, December 17th 12:30-3:30pm Teams Meeting**

2022

- **Friday, January 21st 12:30-3:30pm Teams Meeting**
- **Friday, February 18th 12:30-3:30pm Teams Meeting**
- **Friday, March 18th 12:30-3:30pm Teams Meeting**
- **Friday, April 8th 12:30-3:30pm Teams Meeting**
- **Friday, May 20th 12:30-3:30pm Teams Meeting**
- **Friday, June 17th 12:30-3:30pm Teams Meeting**
- **Friday, July 15th 12:30-3:30pm Teams Meeting**
- **August- no meeting**
- **Friday, September 16th 12:30-3:30pm Teams Meeting**

- **(Tentative) Friday October 14th & 21st 5.5 hours of content, either split between 2 days or 1 full day.**