

**Purpose:** This crosswalk illustrates where strategies of CT State/Community Health Improvement Plans (SHIP/CHIPs) align to promote collaboration, synergy, and a learning community to improve the health of Connecticut residents.

**Table of Contents**

Summary of Strategic Areas

Chronic Disease

Obesity/Physical Activity/Nutrition

Heart Disease, Blood Pressure, Stroke

Cancer

Diabetes

Tobacco Use

Asthma/Air Quality

Oral Health/Dental Care

Environmental Health

Lead

Housing Standards

Health Systems/Healthcare Access

Maternal and Child Health

Infectious Disease

Mental Health/Substance Abuse

Injury and Violence Prevention

**Methods:** A central repository of CHIPs has been established in CADH's dropbox. Strategies are pulled from the SHIP and available CHIPs, and listed in the left-hand column of each crosswalk topic. An X in the following columns indicate that a CHIP contains the same or similar strategy. Some strategies may be paraphrased to help demonstrate alignment.

**Don't see your Community Health Improvement Plan? Add a copy of your department's CHIP to CADH's dropbox or email a copy to [HCT2020@ct.gov](mailto:HCT2020@ct.gov) and type "CHIP" in the subject line.**

*SHIP/CHIP Strategic Areas*

	State* (2016)	Greater Bridgeport (2013)	Norwalk (2012)	Hartford (2015)	Naugatuck Valley (2013- 2015)	Central CT (2014 Draft)
Maternal, Infant, and Child Health	X			X		
Environmental Health	X					
Chronic Disease Prevention	X	X	X	X	X	X
Infectious Disease, including HIV and STIs	X			X		
Injury and Violence Prevention	X					X
Mental Health and/or Substance Abuse	X	X	X		X	X
Health Systems/Access to Care	X	X		X	X	X

\*State strategies based on 2016 Action Team Agendas

**SHIP/CHIP Strategic Areas**

	<b>State*</b> (2016)	<b>Greater Bridgeport</b> (2013)	<b>Norwalk</b> (2012)	<b>Hartford</b> (2015)	<b>Naugatuck Valley (2013- 2015)</b>	<b>Central CT</b> (2014 Draft)
<b>Maternal, Infant, and Child Health</b>	X			X		
<b>Environmental Health</b>	X					
<b>Chronic Disease Prevention</b>	X	X	X	X	X	X
<b>Infectious Disease, including HIV and STIs</b>	X			X		
<b>Injury and Violence Prevention</b>	X					X
<b>Mental Health and/or Substance Abuse</b>	X	X	X		X	X
<b>Health Systems/Access to Care</b>	X	X		X	X	X

**State/Community Health Improvement Plans**  
**Obesity/Physical Activity/Nutrition Strategies Crosswalk**

[Back to All Strategic Area Topics](#)

	<b>State* (2016)</b>	<b>Greater Bridgeport (2013)</b>	<b>Norwalk (2012)</b>	<b>Hartford (2015)</b>	<b>Naugatuck Valley (2013- 2015)</b>	<b>Central CT (2014 Draft)</b>
<b>Increase access to healthy foods through strategies such as community gardens, healthy food markets, and food distribution programs</b>	X	X	X	X	X	X
<b>Develop and implement an education campaign to increase awareness about healthy eating</b>		X	X	X	X	X
<b>Increase awareness and opportunities for physical activity and wellness programs for adults</b>		X	X	X		X
<b>Implement age-appropriate policies and practices for children that support increased physical activity</b>	X	X	X	X	X	
<b>Promote livable streets that are designed and operated to enable the safe and convenient travel of all users of the roadway</b>				X		X
<b>Support policies in schools, senior programs, worksites and other community groups that are consistent with good nutrition and increased exercise</b>	X			X		X

\*State strategies based on 2016 Action Team activities

**State/Community Health Improvement Plans**  
**Obesity/Physical Activity/Nutrition Strategies Crosswalk**

<b>Advocate for universal screening for overweight and obesity in multiple settings</b>						X
---	--	--	--	--	--	---

**State/Community Health Improvement Plans**  
**Heart Disease, High Blood Pressure, Stroke Prevention Strategies Crosswalk**

[Back to All Strategic Area Topics](#)

	<b>State* (2016)</b>	<b>Greater Bridgeport (2013)</b>	<b>Norwalk (2012)</b>	<b>Hartford (2015)</b>	<b>Naugatuck Valley (2013- 2015)</b>	<b>Central CT (2014 Draft)</b>
<b>Use media and health communications to build public awareness of heart disease and stroke prevention.</b>						X
<b>Align efforts with the national Million Hearts® initiative to address ABCS</b>						X
<b>Conduct and provide education and training about high blood pressure and high cholesterol (e.g., Know Your Number) and self-referral.</b>						X
<b>Disseminate information on the benefits of regular screenings through community network of providers, community groups, healthcare systems, pharmacies, faith-based organizations, workplaces, etc. (e.g., “Know Your Numbers” campaign).</b>		X				X
<b>Engage community pharmacists on counseling providers and patients on medication/self-management for adults with high blood pressure.</b>						X

**State/Community Health Improvement Plans**  
**Heart Disease, High Blood Pressure, Stroke Prevention Strategies Crosswalk**

<p><b>Create a culturally competent, community-based screening and education program and integrate it into community clinics</b></p>		X				
<p><b>Advocate for universal screening for overweight and obesity in multiple settings</b></p>						X

**State/Community Health Improvement Plans**  
**Cancer Strategies Crosswalk**

[Back to All Strategic Area Topics](#)

	<b>State* (2016)</b>	<b>Greater Bridgeport (2013)</b>	<b>Norwalk (2012)</b>	<b>Hartford (2015)</b>	<b>Naugatuck Valley (2013- 2015)</b>	<b>Central CT (2014 Draft)</b>
<b>Conduct media and public awareness/education campaigns to communicate and promote behaviors that decrease exposure to harmful UV radiation and sunburn</b>						X
<b>Develop and implement interventions with primary and middle schools to prevent skin cancer by increasing sun-protective behaviors.</b>						X
<b>Communicate the benefits and importance of cancer-specific screenings as appropriate (e.g., mammograms, colorectal screenings, etc.)</b>						X
<b>Develop culturally appropriate media and education campaigns to increase screening</b>						X
<b>Enhance population-based approaches to cancer screening through targeted outreach; patient navigation services; high quality screening services; and education and training to health professionals</b>						X

State/Community Health Improvement Plans  
Cancer Strategies Crosswalk

Educate and provide support to cancer survivors on the importance of healthy lifestyles						X
---	--	--	--	--	--	---



**State/Community Health Improvement Plans**  
**Diabetes Strategies Crosswalk**

[Back to All Strategic Area Topics](#)

	<b>State* (2016)</b>	<b>Greater Bridgeport (2013)</b>	<b>Norwalk (2012)</b>	<b>Hartford (2015)</b>	<b>Naugatuck Valley (2013- 2015)</b>	<b>Central CT (2014 Draft)</b>
<b>Conduct public awareness campaigns and provider-patient outreach to increase awareness of pre-diabetes among people at high risk.</b>						X
<b>Promote participation in Americans with Disabilities Act (ADA)-recognized, American Association of Diabetes Educators (AADE)-accredited, and /or Standard-licensed Diabetes Self-Management Education Programs</b>						X
<b>Implement public information campaign to promote screenings (knowledge of signs and symptoms) and regular blood glucose monitoring, especially for adults with Type 2 diabetes, and adolescents and children with Type 1 diabetes</b>						X
<b>Identify and reach out to health care service providers in each area to enlist support (i.e., information, donations of supplies) and establish a referral path for people identified as high risk.</b>		X				

[Back to All Strategic Area Topics](#)

	<b>State*</b> <b>(2016)</b>	<b>Greater Bridgeport (2013)</b>	<b>Norwalk (2012)</b>	<b>Hartford (2015)</b>	<b>Naugatuck Valley (2013- 2015)</b>
<b>Prevent access to tobacco products and electronic nicotine delivery devices by minors</b>	X				
<b>Advocate for tax parity for all tobacco-based products and for appropriate and sustainable Tobacco Trust Fund allocations for education, prevention, and cessation on tobacco-based products use</b>	X				
<b>Explore legislation to raise the age for the purchase of tobacco-based products to 21</b>	X				
<b>Advocate for insurance coverage for smoking cessation and insurance incentives for nonsmokers</b>	X				
<b>Provide clinicians who treat minors with evidence to discuss smoking cessation/prevention</b>	X				
<b>Create a system of training and/or certification for tobacco cessation specialists</b>	X				
<b>Advocate for appropriate and sustainable Tobacco Trust Fund allocations for education, prevention, and cessation on tobacco-based products use.</b>	X				

\*State strategies based on 2016 Action Team activities

[Back to All Strategic Area Topics](#)

	<b>State* (2016)</b>	<b>Greater Bridgeport (2013)</b>	<b>Norwalk (2012)</b>	<b>Hartford (2015)</b>	<b>Naugatuck Valley (2013- 2015)</b>
<b>Promote the use of evidence-based asthma guidelines by primary care clinicians and dentists, and other medical professionals</b>	X				
<b>Implement evidence-based, comprehensive asthma programs, such as patient self-management, environmental assessment, and remediation at home, at school and in the workplace</b>	X				X
<b>Develop a comprehensive, standardized alert processes to alert the public, and specifically reach at risk-populations, in the event of poor air quality.</b>	X				
<b>Convene a meeting of primary stakeholders, recruit responsible partners, subject matter experts and build a coalition.</b>	X				
<b>Provide public information and data to encourage sound decision making about outdoor activity on poor air quality days.</b>	X				

\*State strategies based on 2016 Action Team activities

<b>Encourage schools and to develop a list of at-risk children and design specific alternative indoor recess activities for those children on "bad air" days.</b>	X				
<b>Establish baseline measurement of at-risk populations' level of awareness of forecasted poor air quality days.</b>	X				
<b>Work with at-risk population care providers to develop appropriate responses to forecasted unhealthy air quality days. (day cares, day camps, nursing homes)</b>	X				



[Back to All Strategic Area Topics](#)

	<b>State* (2016)</b>	<b>Greater Bridgeport (2013)</b>	<b>Norwalk (2012)</b>	<b>Hartford (2015)</b>	<b>Naugatuck Valley (2013- 2015)</b>
<b>Maintain the statewide community water fluoridation statute with the new US Dept. Health and Human Services' recommendation for the optimal fluoride level</b>	X				
<b>Enhance the use of dental sealants in school-based programs and promote the effectiveness and efficiency of dental sealants to prevent decay through education and awareness</b>	X				
<b>Enhance the acceptance and use of fluoride varnish for decay prevention in school-based programs, primary care practices, and community access points</b>	X				
<b>Increase dental care provided by pediatric or adult primary care providers directly and through referral</b>	X	X			
<b>Develop a marketing and education campaign to increase awareness of the need to have a dental provider</b>		X			
<b>Advocate for funding for the Home by One program</b>	X				

\*State strategies based on 2016 Action Team activities

[Back to All Strategic Area Topics](#)

	State* (2016)	Greater Bridgeport (2013)	Norwalk (2012)	Hartford (2015)	Naugatuck Valley (2013- 2015)
Advance preventive lead-safe housing standards for rental and own-occupied housing	X				
Identify financing for lead hazard remediation and lead abatement for residential properties statewide	X				
Encourage local, state, and other deferral agencies to facilitate timely data-sharing between health and housing agencies	X				
Encourage partners and agencies to provide families with the information need to protect their children and promote environmental assessments	X				
Develop prevention-based guidelines and document evidence-based practices to reduce environmental exposures from lead in soil, dust, paint and water	X				
Partners with health care professionals to promote and improve compliance with the Requirements and Guidelines for Childhood lead Screening	X				

\*State strategies based on 2016 Action Team activities

[Back to All Strategic Area Topics](#)

	<b>State* (2016)</b>	<b>Greater Bridgeport (2013)</b>	<b>Norwalk (2012)</b>	<b>Hartford (2015)</b>	<b>Naugatuck Valley (2013- 2015)</b>
<b>Adopt a statewide property maintenance code.</b>	X				
<b>Establish incentives for property owners to comply with CT's laws on health and safety cooperatively, such as tax breaks and directing federal, state, and local housing rehabilitation funding to those who comply.</b>	X				
<b>Develop media or other awareness campaigns to inform property owners and others of the importance of code, and the benefits of cooperative compliance</b>	X				

\*State strategies based on 2016 Action Team activities



**State/Community Health Improvement Plans**  
**Health Systems and Healthcare Access Strategies Crosswalk**

[Back to All Strategic Area Topics](#)

	<b>State* (2016)</b>	<b>Greater Bridgeport (2013)</b>	<b>Norwalk (2012)</b>	<b>Hartford (2015)</b>	<b>Naugatuck Valley (2013- 2015)</b>	<b>Central CT (2014 Draft)</b>
<b>Improve use of patient-centered care coordination models, including establishing a registry of accredited Patient-Centered Medical Homes</b>	X			X		
<b>Encourage regional health assessments and align Community Health Improvement plans with goals and strategies in Healthy CT 2020</b>	X					
<b>Develop a sustainable infrastructure for widely accessible, readily available self-management interventions that link community and clinical settings and make use of lifestyle intervention professionals</b>						X
<b>Provide access to appropriate post-acute care rehabilitation services to adults, specifically those with complex neurological-endocrine and orthopedic intolerances.</b>					X	
<b>Identify strategies to increase health care availability and utilization by undocumented individuals</b>				X		
<b>Support establishment of training for health and social service providers and monitor health care workforce data</b>	X					

\*State strategies based on 2016 Action Team activities

**State/Community Health Improvement Plans**  
**Health Systems and Healthcare Access Strategies Crosswalk**

<b>Develop culturally and linguistically appropriate materials, policies, and processes in clinical and public health entities</b>	X			X	X	
<b>Support and promote use of health applications that provide tailored health information and empower residents to engage in behaviors with positive health outcomes</b>				X		
<b>Identify frequent users of ED system and assess holistic health needs of these users (i.e., all contributing factors influencing their tendency for ED visits)</b>				X		
<b>Implement Project Access to increase access to speciality care for the uninsured and educate patients and providers about available speciality medical resources</b>		X				
<b>Develop a healthcare resource directory for uninsured and underinsured individuals</b>				X		
<b>Increase utilization of news and social media as tools for product and education dissemination</b>				X		

**State/Community Health Improvement Plans**  
**Health Systems and Healthcare Access Strategies Crosswalk**

<b>Create a supply of and demand for Community Health Workers to enroll people into health insurance</b>		X				
<b>Increase public awareness of service referral systems, such as United Way's 2-1-1 info-line and other sources</b>				X	X	
<b>Establish a baseline of number of patients expressing difficulty in accessing health services due to non-emergency transportation services. Monitor progress by exploring use of existing survey vehicles such as Connecticut Behavioral Risk Factor Surveillance System (BRFSS).</b>	X					
<b>Ensure consumer access to and insurance coverage for preventive services, and enhance reimbursement and incentive models.</b>						X
<b>Increase access, referrals, and reimbursement for Diabetes Self-Management Education (DSME) programs.</b>						X

[Back to All Strategic Area Topics](#)

	<b>State*</b> <b>(2016)</b>	<b>Greater Bridgeport (2013)</b>	<b>Norwalk (2012)</b>	<b>Hartford (2015)</b>	<b>Naugatuck Valley (2013- 2015)</b>
<b>Support the provision of preconception/ interconception health care throughout the childbearing years in community and clinical settings</b>	X			X	
<b>Collaborate across sectors to increase social equity</b>	X				
<b>Support reproductive and sexual health services</b>	X			X	X
<b>Promote enhanced models of prenatal care</b>	X				
<b>Educate communities, pregnant women, and families on how to prevent infant mortality</b>				X	
<b>Advise expecting mothers about factors that affect birth outcomes, such as alcohol, tobacco, and other drugs, poor nutrition, stress, lack of prenatal care and health conditions</b>				X	
<b>Increase number of youth who participate in teen pregnancy prevention and healthy sexual relationship evidence-based programs</b>				X	

\*State strategies based on 2016 Action Team activities

<b>Adopt comprehensive breastfeeding-friendly policies in municipal facilities, birthing hospitals, and private sector settings</b>				X	
<b>Engage in cross system planning and coordination of activities around developmental screening</b>	X				
<b>Conduct an education and awareness campaign for families and communities in the importance of developmental screening</b>	X				

[Back to All Strategic Area Topics](#)

	<b>State*</b> <b>(2016)</b>	<b>Greater Bridgeport (2013)</b>	<b>Norwalk (2012)</b>	<b>Hartford (2015)</b>	<b>Naugatuck Valley (2013- 2015)</b>
<b>Implement evidence-based practices to prevent HIV/ STIs, and ensure that resources are targeted to communities at highest risk</b>	X			X	
<b>Develop coordinated HIV surveillance, prevention and care data systems to monitor Connecticut trends in the HIV continuum and effectively target resources/interventions.</b>	X				
<b>Implement routine screening programs to increase early detection of HIV</b>	X			X	
<b>Explore use of pre-exposure prophylaxis (Prep) as preventive measure for persons engaging in high-risk behaviors</b>	X			X	
<b>Promote utilization of partner referral services for HIV-positive individuals</b>	X				
<b>Promote and disseminate best practices and tools to reduce behavioral risk factors that contribute to high rates of STIs</b>				X	
<b>Implement CDC protocols for HCV testing and disease management by targeting at-risk populations</b>				X	
<b>Explore feasibility and funding options to assure costs of vaccines/administration for all ages.</b>	X				

\*State strategies based on 2016 Action Team activities

**State/Community Health Improvement Plans**  
**Infectious Disease Strategies Crosswalk**

<b>Maintain and expand access to ACIP recommended vaccines for children (Human Papillomavirus (HPV), hepatitis A, rotavirus, influenza).</b>	X				
<b>Develop new and diverse venues for influenza vaccine administration and culturally appropriate outreach to ensure access to all population groups.</b>	X				
<b>Educate providers about vaccine availability, delivery, cost and practice guidelines.</b>	X				
<b>Educate parents and providers about the cancer prevention benefits of the HPV vaccine.</b>	X				
<b>Maintain and expand Connecticut Immunization Registry and Tracking System (CIRTS) to include immunizations administered through age 18; implement comprehensive reminder/recall systems.</b>	X				

**State/Community Health Improvement Plans**  
**Mental Health and Substance Abuse Strategies Crosswalk**

[Back to All Strategic Area Topics](#)

	<b>State*</b> (2016)	<b>Greater Bridgeport</b> (2013)	<b>Norwalk</b> (2012)	<b>Hartford</b> (2015)	<b>Naugatuck Valley (2013- 2015)</b>	<b>Central CT</b> (2014 Draft)
<b>Support collaborations among community-based and regional organizations to enhance and deliver training and other educational opportunities for community members on topics related to mental health and substance abuse</b>		X	X			
<b>Increase knowledge and implementation of behavioral health screening and/or treatment by primary care providers for adults, youth, and children</b>	X			X		X
<b>Collaborate with area hospital Emergency Departments (EDs) to reduce behavioral health ED visits, incl. Bristol, St. Francis, Hartford, William Backus, and Yale</b>	X					X
<b>Culturally appropriate consumer education regarding mental health and substance abuse</b>	X	X	X			X

\*State strategies based on 2016 Action Team activities



**State/Community Health Improvement Plans**  
**Mental Health and Substance Abuse Strategies Crosswalk**

<b>Improve health provider knowledge and utilization of best practices for prevention, identification, and treatment of opioid/OTC addiction, such as the adoption of opioid prescribing guidelines</b>	X	X		X		
<b>Determine current baseline level of trauma screening in primary care and behavioral health</b>	X					
<b>Establish knowledgeable, well-trained, bilingual and culturally competent service and community providers</b>			X		X	
<b>Convene payers in ACO/PHO (Accountable Care Organization/Physician Hospital Organization) to address reimbursement issues around mental health and substance abuse.</b>			X			
<b>Create public awareness campaign about the key behaviors and environmental conditions that promote physical and emotional health</b>					X	
<b>Implement community-wide training and involvement in nurturing the developmental assets of young people</b>					X	
<b>Support and expand current family strengthening initiatives</b>					X	

**State/Community Health Improvement Plans**  
**Mental Health and Substance Abuse Strategies Crosswalk**

<b>Identify prevention opportunities from the review of aggregate data from the CPMRS and other sources.</b>	X					
<b>Align with objectives and strategies in CT Suicide Prevention Strategies</b>						X
<b>Identify and disseminate information about community coalitions that use evidence-based programs to address underage drinking</b>						X
<b>Implement strategies to encourage coordination and integration between healthcare, housing services, and other public and private sector programs to connect homeless individuals and families with mental health services and housing.</b>						X
<b>Advocate for an annual requirement for primary care, college health, emergency department providers to receive continuing education on evidence-based strategies for screening, brief intervention, and referral to treatment.</b>						X

State/Community Health Improvement Plans  
Mental Health and Substance Abuse Strategies Crosswalk

Promote and disseminate information about self-help recovery groups.						X
--	--	--	--	--	--	---

**State/Community Health Improvement Plans**  
**Injury and Violence Prevention Strategies Crosswalk**

[Back to All Strategic Area Topics](#)

	<b>State* (2016)</b>	<b>Greater Bridgeport (2013)</b>	<b>Norwalk (2012)</b>	<b>Hartford (2015)</b>	<b>Naugatuck Valley (2013- 2015)</b>	<b>Central CT (2014 Draft)</b>
<b>Disseminate best practices and effective primary prevention strategies of sexual violence.</b>	X					
<b>Advocate for sexual assault educator training to build capacity for prevention efforts.</b>	X					
<b>Engage healthcare, childcare, and other care providers to implement fall prevention initiatives</b>	X					
<b>Decrease the number of secondary and tertiary lift assist and transport calls</b>	X					
<b>Facilitate controlled drug disposal programs, including official prescription take-back events and local drop-boxes.</b>	X					X
<b>Advocate for high visibility enforcement of distracted driving laws</b>	X					
<b>Expand and promote fitting stations and distribution of child restraint seats</b>	X					
<b>Expand the current educational awareness campaign on Connecticut graduated driving licensing laws</b>	X					

\*State strategies based on 2016 Action Team activities

**State/Community Health Improvement Plans**  
**Injury and Violence Prevention Strategies Crosswalk**

<b>Promote implementation of evidence-based multi-faceted programs for community dwelling older adults that integrate fall risk reduction strategies</b>	X					
--	---	--	--	--	--	--