



Healthy Connecticut 2020 State Health Improvement Plan

OBESITY ACTION Team Meeting AGENDA & NOTES/MINUTES

Date: Monday, June 6, 2016

Time: 8:00 a.m.

Location or Conference Call Number: 860-972-6338

Conference Call Access Code: 662251

Attendees (Please list all who participated):

Teresa Dotson, Andrew Lyon, Gene Nichols, Anne Elwell, Sandra Gill, Lynn Faria. Excused: Charles Brown, Donna Heins, Greg Brisco

Agenda Items	Time	Discussion	ACTION Items and person responsible
Welcome & introductions	8:00	<ul style="list-style-type: none"> • Introduced Andrew Lyon, UCONN MPH candidate—Andrew is focused on food policy and will research food distribution • Are there others whom we should include? The group discussed the need to gain feedback from pediatricians. The group also discussed the need to gather feedback from the Family Resource Centers related to physical activity and obesity. • Discussion re physical activity—Andrew is employed by the YMCAs in CT and is focused on compliance with Healthy Eating and Physical Activity (HEPA) concepts. 	<ul style="list-style-type: none"> • Andrew meeting with Teresa Dotson • Andrew scheduled to meet with Foodshare and will meet with End Hunger CT as well as CT Foodbank re environmental scan. • Teresa recommended that policy exists and that it needs to be identified and the dots connected. Feeding America also houses extensive information on this topic. • Anne Elwell volunteered to contact the CT Society of Pediatricians

			<ul style="list-style-type: none"> • Gene Nichols is looking into the Family Resource Centers and who the contact would be. • Lynn is working with Andrew on the HEPA concepts and the value of incorporating the YMCAs in CT in this work.
Review action steps— review steps discussed at last meeting.	8:10	<ul style="list-style-type: none"> • Update plan: The group discussed the appropriateness of combining some of the action items and updating the timeline. <ul style="list-style-type: none"> ○ Lynn discussed this with Sandy Gill and is going to reflect the recommending combining of items and changes in timelines in the quarterly report. 	
Best practice	8:30	<ul style="list-style-type: none"> • Food policy • Reaching out to school districts • HEPA (YMCA program) • 5-2-1-0 (Maine) 	
Outline next steps	8:50		<ul style="list-style-type: none"> • See above items for Anne, Teresa, Andrew, Lynn, Gene
Next meeting	8:55	TBD	