# The September 16, 2015 MCH Coalition Meeting The Connecticut Women's Consortium Hamden, Connecticut 9 to 11 AM

#### ~ AGENDA ~

Welcome and introductions	M. Carey
Introduction of Deputy Commissioner Raul Pino	R. Biaggi
<ul> <li>Moving forward</li> <li>The Plan to Improve CT's Birth Outcomes</li> <li>Healthy CT 2020/The MICH Action Team</li> <li>The newly reconvened MCH Coalition</li> </ul>	J. Frost J. Ascheim M. Carey
<ul> <li>Report from the MICH Action Team workgroups</li> <li>Recommendations from the Women Well Care &amp; Infant Mortality workgroups</li> <li>Recommendations from the Child Well Care workgroup</li> <li>Dental health</li> <li>Developmental screening</li> </ul>	J. Frost M. Milkovic A. Gionet
<ul> <li>Charge to the MCH Coalition/implementation activities</li> </ul>	M. Carey
Information sharing	Coalition Members
Observations and reflections on the meeting	K. Harris

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#### SHIP/PIBO Women's Health Care Workgroup - Synergy Table

**GOAL/PRIORITY AREA** Well woman care/health of women of reproductive age MCH Block Grant Application **OBJECTIVES** Source By 2020, increase by 10% the proportion of all Connecticut women receiving an MCH Block Grant Application annual well visit including age appropriate screenings. By 2020, increase by 5% the proportion of all Connecticut women receiving an MCH Block Grant Application annual dental visit. MICH-1, Reduce by 10% the rate of unplanned pregnancies. SHIP Phase 1 Objectives MICH-2, Increase by 10% the proportion of women delivering a live birth who SHIP Phase 2 Objectives discuss preconception health with a health care worker prior to pregnancy. MICH-9 (Developmental), Reduce the proportion of non-medically indicated SHIP Phase 2 Objectives inductions/Cesarean sections prior to 39 weeks gestation.

SHIP Phase 1 Objectives

SHIP Phase 1 Objectives

MICH-3, Increase by 10% the proportion of pregnant women who receive prenatal

MICH 4, Increase by 10% the proportion of pregnant women who receive adequate

#### STRATEGIES AND RECOMMENDATIONS

care during the first trimester of pregnancy.

prenatal care (defined by Kotelchuck Index).

Preventive health

Pregnancy Health

	Systems & Infrastructure	Source
	Identify and address barriers to access to annual well visits.	MCH Block Grant Application
Overall	Identify and address barriers to access to dental services.	MCH Block Grant Application
Ó	Support school-based health centers that offer comprehensive health services.	MCH Block Grant Application
	Advocate for universal coverage of all CT women within SIM.	MCH Block Grant Application
	Advocate for the expansion of the Healthy Start Program statewide.	SHIP Phase 1 Objectives
	Expand state Husky to undocumented women and families	PIBO
ants	Advocate for competitive reimbursement rates for annual well visits.	MCH Block Grant Application
Payments	Advocate for parity of oral health with physical and behavioral health in practice, policy, and reimbursement.	MCH Block Grant Application
	Increase access to midwifery care for all women considered low-risk (medically)	PIBO
	Partner with Department of Social Services to encourage obstetricians and gynecologists to participate in Medicaid pay-for-performance.	SHIP Phase 1 Objectives
	Support the provision of behavioral health services and oral health care throughout	PIBO
	the life course and during the perinatal period	
	Support reproductive and sexual health services.	SHIP Phase 1 Objectives
are	Establish and evaluate pilot projects involving holistic MCH medical home models	PIBO
ture of C	Integrate mental health, oral health and wellbeing into hospital-based perinatal education models, group prenatal care, as well as home visiting programs	PIBO
ed Na	Create trauma-informed environments for pregnant women, infants, and their families	PIBO
and Person-Centered Nature of Care	Establish a statewide community health worker system similar to the one in Massachusetts: this can include models involving lay home visitors, community doulas, preconception peer educators, peer breastfeeding counselors, oral health, etc.	PIBO
and Pe	Expand person-centered care model (PCCM) to include women's health, including oral and mental health, with a Life Course approach	PIBO

∺	Support the provision of preconception health care throughout the childbearing years.	PIBO
_	Partner with obstetricians, gynecologists, and hospitals to adapt hard-stop policy on elective Cesarean births.	SHIP Phase 2 Objectives
ıteı	Address improving maternal risk screening for all women of reproductive age	SHIP Phase 2 Objectives
Co	Engage in a broad effort to reduce maternal fear and stigma about the spectrum of	
	emotional and psychological complications of pregnancy and childbirth by	
	increasing provider-patient communications, including perinatal mental health in	PIBO
	childbirth education programs, raising public awareness, and developing a	
	coordinated system of treatment and care	

Support parents and guardians in their efforts to talk with adolescents about sexuality by providing culturally sensitive, developmentally appropriate information and materials  Educate district and school administrators and other local stakeholders about	pjectives
and materials	ojectives
Educate district and school administrators and other local stakeholders about	
creating comprehensive local wellness policies that include creating a healthy school MCH Block Gran	nt Application
nutrition and physically active environment.	
Educate and train school staff (teachers, administrators) on developing and MCH Block Gran	nt Application
implementing comprehensive school physical activity programs (CSPAP)	
Educate district and school administrators and other local stakeholders about	
creating comprehensive local wellness policies that include creating a healthy school MCH Block Gran	nt Application
nutrition and physically active environment.	
Educate district and school administrators and other local stakeholders about	
nutrition and physically active environment.  Educate district and school administrators and other local stakeholders about creating comprehensive local wellness policies that include creating a healthy school  MCH Block Gran	nt Application
nutrition and physically active environment.	
Educate students and parents on the importance of adequate sleep on health and MCH Block Gran	nt Application
academic performance.	•••
Educate district and school administrators and other local stakeholders about	
creating comprehensive local wellness policies that include creating a healthy school MCH Block Gran	nt Application
nutrition and physically active environment.	
Educate parents on the frequency of and importance of well-child visits (for MCH Block Gran	nt Application
adolescent health)  Educate pregnant women on the risk of elective Cesarean births  SHIP Phase 2 Ob	niactivas
Support and monitor school district compliance with mandatory Health Education  Support and monitor school district compliance with mandatory Health Education	ojectives
curriculum.	ojectives
Expand the Text-A-Bahy initiative among hospitals, community health centers	
private providers, women, and the Department of Social Services.  SHIP Phase 1 Ob	ojectives
Develon or adapt a media campaign about the importance of preconception health	
I I I I I I I I I I I I I I I I I I I	ojectives
in the state of th	
Partner with students, parents and providers to develop and implement an outreach MCH Block Gran	nt Application
campaign regarding the importance of a comprehensive adolescent well child visit.	
(radio, television, community brokers, and schools).  Partner with students, parents and providers to develop and implement an outreach campaign regarding the importance of a comprehensive adolescent well child visit.  Engage in a broad effort to reduce maternal fear and stigma about the spectrum of emotional and psychological complications of pregnancy and childbirth by	
emotional and psychological complications of pregnancy and childbirth by	
increasing provider-patient communications, including perinatal mental health in PIBO	
childbirth education programs, raising public awareness, and developing a	
coordinated system of treatment and care	

	Provider Training	Source
	Develop a plan to educate providers on the importance of preconception health,	
noi ion	through a partnership between the Department of Public Health and the	SHIP Phase 2 Objectives
e a	Department of Social Services.	
urse	Educate/train medical providers and School Based Health Center staff on including	
Lifecou	behavioral and oral health risk assessments during well child visits (for this focus	MCH Block Grant Application
Life Pre	area, particularly related to adolescent health)	

	Integrate Life Course education into provider training.	PIBO
lental	Integrate into provider training mental health, social stressors, and trauma education relevant to infants and families	PIBO
Trauma and M Health	Engage in a broad effort to reduce maternal fear and stigma about the spectrum of emotional and psychological complications of pregnancy and childbirth by increasing provider-patient communications, including perinatal mental health in childbirth education programs, raising public awareness, and developing a coordinated system of treatment and care	PIBO

		<u>Developmental</u>	Source
Γ	45	Explore the impact of Neonatal Abstinence Syndrome, and identify mechanisms for	SHIP Phase 2 Objectives
	Ž	addressing the issue	Ship Phase 2 Objectives

STEP 1: Identifying 2016 Action Agenda (Year 1) Objectives

	Questions to Consider When Identifying 2016 Action Agenda (Year 1) Objectives (Identifying 3-5 Objectives or AOC for the 2016 Action Agenda)									
	a.	b.	c.	d.	e.	f.	g.	h.		
	If Developmental,	Is there	Is this an area	Does it connect to	W	Is it feasible/ realistic	Can we demonstrate	Does it have a prevention vs.		
	will we be able	evidence-	many partners and	strategies in		within three	impact within	management/		
	to get the data	based	lots of initiatives	current plans		years (mid-	three years	treatment		
	in year 1?	practices	that we can connect	or initiatives		course	(mid-course	focus? *		
		available?	(critical mass)?	(critical mass)?		check)?	check)?		Total	Total
Objectives	(Y/N)	(Y/N)	(Y/N)	(Y/N)		(Y/N)	(Y/N)	(Y/N)	YES	NO
OBJECTIVE MICH-1	n/a	Υ	Y	Y	Y	Y	Y	Y		
Reduce by 10% the rate of unplanned pregnancies.		PRAMS							7	0
OBJECTIVE MICH-2 (Ph2)										
Increase by 10% the										
proportion of women						Maybe				
delivering a live birth						Depends				
who discuss	n/a	Υ	Not sure	γ	Υ	on	Υ	Υ	6+	0
preconception health	11/ a	PRAMS		ı	ı		ı	'	OΤ	U
			l .			engaging				
with a health care						partners				
worker prior to										
pregnancy.										
OBJECTIVE MICH-3			l .							
Increase by 10% the			l .							
proportion of pregnant			l .							
women who receive	n/a	Υ	Υ	Υ	Υ	Υ	Υ	У	7	0
prenatal care during the			l .							
first trimester of										
pregnancy.										
OBJECTIVE MICH-4						Not sure				
Increase by 10% the						(Erin or				
proportion of pregnant						Dr. Z				
women who receive	n/a	Υ	N	Y	Υ	might	Υ	Υ	6+	0
adequate prenatal care	11/ a	'			'	have a	'	+'		
(defined by Kotelchuck										
<mark>Index</mark> ).	-		<b></b>	<b>-</b>		better		<del> </del>		
						idea)				

<sup>\*</sup> h. This will not apply to all Focus Areas

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File name: STEP1 Yr1 Objs\_WOMEN'SHEALTH WORKGROUP SHEET

**Commented [JF1]:** DPH, DSS, ACA, PIBO, MCH Block Grant, March of Dimes, Planned Parenthood, Federal Healthy Start, Clinicians, SDE

**Commented [JF2]:** CDC-funded Hartford Pregnancy Prevention program

School health clinics

SDE Teen pregnancy program (prevention of repeat teen pregnancy)

Preconception health care initiatives/ACA-enabled no copay annual well-woman visits

ACA-enabled access to contraception

PIBO strategies address this

MCH Block Grant addresses this

**Commented [JF5]:** Readiness to implement CP is still low. Unless we can find a way to provide broad technical assistance and incentivize through payments, this may be hard to implement on a broad scale. March of Dimes is a strong supporter of group prenatal care models of prenatal care. Federal support is also become very strong.

**Commented [JF6]:** PIBO recommends group prenatal care and greater access to midwifery care, both of which are strong models for adequate prenatal care, widely accepted by women who seek meaningful engagement with clinicians during pregnancy.

**Commented** [JF3]: Group prenatal care can contribute to increase in this indicator as pregnant women indicate greater satisfaction with the quality and content of care → will attend more visits.

**Commented [mc4]:** At the meeting it was acknowledged that there is a need to look at content and quality of pnc and satisfaction with the care and support received. See Jordy's comments above re: group prenatal care. The infant mortality workgroup may also be interested in this objective.

STEP 1: Identifying 2016 Action Agenda (Year 1) Objectives

Maternal, Infant, and Child Health										
	C	Questions to	Consider When I			-	1) Objectives	1		
			(Identifying 3-5 Ob	jectives or AOC f	or the 2016 A	ction Agenda)				
	a.	b.	c.	d.	e.	f.	g.	h.		
	If	Is there	Is this an area	Does it	W	Is it feasible/	Can we	Does it have a		
	Developmental,	likely	where we have	connect to		realistic	demonstrate	prevention vs.		
	will we be able	evidence-	many partners and	strategies in		within three	impact within	management/		
	to get the data	based	lots of initiatives	current plans		years (mid-	three years	treatment		
	in year 1?	practices	that we can connect	or initiatives		course	(mid-course	focus? *	T	T
Ohioativaa		available?	(critical mass)?	(critical mass)?		check)?	check)?		Total	Total
Objectives	(Y/N)	(Y/N)	(Y/N)	(Y/N)		(Y/N)	(Y/N)	(Y/N)	YES	NO
OBJECTIVE MICH-9										
(Developmental) (Ph2)										
Reduce the proportion of										
non-medically indicated	n/a	Υ	Υ	Y	ΥΥ	Y	Y	Y	7	0
inductions/Cesarean										
sections prior to 39 weeks										
gestation.										

MICELLANEOUS NOTES TO SHARE WITH MEETING FACILITATORS:

**Commented [JF8]:** Ask MOD about Hard Stop Initiative efforts in CT: who has jumped onboard so far? What is the current status of the initiative? Do obstetrical payment structures support policy changes in this area?

**Commented [mc7]:** Consensus at the meeting that this work is already being done.

Focus Area 1: Maternal, Infant and Child Health

Goal 1: All women in Connecticut make informed and healthy choices in planning their families

Area of Concentration: Reproductive and Sexual Health

SHIP Objective: MICH-1 Reduce by 10% the rate of unplanned pregnancies

Dashboard Indicator: Rate of unplanned pregnancies in Connecticut. (HCT2020)

Strategies	Actions and Timeframes	Partners Responsible	Progress
Support the provision of preconception/ interconception health	Secure commitment from identified partners and leads Ongoing	CT Maternal and Child Health Coalition Planning Committee	
care throughout the childbearing years in community and clinical settings	Obtain implementation and evaluation information about the "One Key Question" initiative implemented in Oregon and Massachusetts.  November 2015	CT Maternal and Child Health Coalition, Oregon Foundation for Reproductive Health, Massachusetts Department of Health, Boston Health Commission	
	Obtain implementation and evaluation information about the "IMPLICIT Network" initiative implemented in Northeast US, including Middlesex Hospital Family Physician Residency program.  November 2015	CT Maternal and Child Health Coalition, Middlesex Hospital Family Residency Program	
	Assess potential for replication and feasibility of pilot programs in selected sites: -recruit physician champions -secure buy-in from potential sites located in high-need communities -design project logistics, personnel, and estimated costs	CT Maternal and Child Health Coalition, March of Dimes, CT chapters of ACOG, AAP, AAFP, DPH, OEC, nail salons, beauty parlors, barber shops, childcare providers, community health care workers, family visiting programs, faith communities, Text4Baby, MoMba, Clifford Beers, FQHCs, clinical residency programs, nursing and medical higher	
	December 2015 – April 2016  Explore potential funding sources to support effort  December 2015-April 2016	education programs  CT Maternal and Child Health Coalition, foundations that support health-related initiatives (national, state, and local), insurance companies, DSS, March of Dimes	
	Based on above actions, determine whether to move forward with pilot programs  June 2016	CT Maternal and Child Health Coalition	
	Review currently available DPH preconception health media campaign and evaluate need to adapt/revise	CT Maternal and Child Health Coalition, SDE, DPH	

UILI 3. 11012020	DRAFT ACTION Agenda		
	October 2015 – December 2015		
	Identify logistics, human and financial resources needed to relaunch media campaign  December 2015-January 2016	DPH and other partners from CT Maternal and Child Health Coalition	
	Develop or adapt a media campaign about the importance of preconception health (including evaluation plan development)  January 2016-June 2016	DPH 2-1-1 SDE Partners from CT Maternal and Child Health Coalition	
	Relaunch media campaign about importance of preconception health and "call to action"  In conjunction with above mentioned pilot program rollout?	College radio stations, radio, TV, print, community champions, internet, social media, etc.	
Collaborate across sectors to increase social equity	All strategies and actions identified within the MICH work plan will be evaluated from a social equity perspective with a focus on ensuring that priority populations are adequately represented September –October 2015	CT Maternal and Child Health Coalition	
	Identify and support 2-5 relevant legislative and policy efforts that promote social determinants of health (i.e. housing quality and affordability, education quality and completion, poverty reduction, food security, violence prevention, toxic stress reduction, access to quality healthcare, juvenile justice) while educating the public and legislators on the impact that social determinants of health have on women's health throughout the lifecourse and perinatal health outcomes:  -assemble ad-hoc advocacy committee within the CT MCH Coalition tasked with leading advocacy efforts and coordinating with other partners -develop relevant fact sheets to be shared by coalition members and partners with legislators, leaders, media, and members of the public -identify and partner with community members and organizations that could provide testimony on key issues and legislative bills and policies  October 2015 thru end of Legislative Session 2016	CT Maternal and Child Health Coalition, CAHS, PCSW, CWEALF, Parent Leadership Training Institutes (PLTI), Early Childhood Collaboratives/Discovery Communities, Mothers for Justice, Graustein Memorial Fund, Connecticut Association for Basic Needs (CABN), CPHA, Connecticut Voices for Children	

	210 to 1 7 to 110 to 11		
	Explore opportunities/feasibility of relaunching statewide media campaign aimed at reducing high school dropout rates  September 2015-January 2016	SDE, CT Maternal and Child Health Coalition, Graustein Memorial Fund, foundations that support health-related initiatives (national, state, and local)	
	Identify and address barriers to access of culturally competent health care services  Ongoing	Office of Health Equity, CT Maternal and Child Health Coalition, SDE, CT Hospital Association, foundations that support health-related initiatives (national, state, and local), clinical providers, home visiting programs, community health care workers	
Support reproductive and sexual health services	Identify partners to support relevant priorities and initiatives (i.e. equitable access to long-acting reversible contraceptives, equitable access to culturally-sensitive and developmentally appropriate information and materials, equitable access to reproductive and sexual health care services, etc.)  Ongoing	CT Maternal and Child Health Coalition, DPH, DSS, SDE, Council on Medical Assistance Program Oversight (Women's Health Sub-Committee), Planned Parenthood of Southern New England, CWEALF, PCSW	

#### Resources Required (human, partnerships, financial, infrastructure or other)

- Commitment from lead organizations for each major initiative
- Graduate-level interns assigned to each major initiative, as needed. March of Dimes may be able to supervise some interns. There might be an opportunity to coordinate with other intern supervisors from other partner organizations within MCH Coalition.
- Continued active involvement of focused workgroups within CT Maternal and Child Health Coalition to continue leading implementation of above-proposed initiatives.
- Funding to support feasibility study on initiative akin to One Key Question/Implicit Network. March of Dimes may be interested in supporting this effort. They are currently evaluating this opportunity.
- Clinicians and other statewide leaders to serve as champions of preconception/ interconception health initiatives

#### **Monitoring/Evaluation Approaches**

• Provide quarterly report outs

#### Focus Area 1: Maternal, Infant and Child Health

Goal 2 and 3: All babies in Connecticut are born healthy and all Connecticut women of childbearing age are healthy.

#### Area of Concentration: Birth Outcomes and Preconception and Pregnancy Care

#### **SHIP Objective**

MICH-5: Reduce by 10% the proportion of low birthweight and very low birthweight among singleton births.

MICH-6: Reduce by 10% the proportion of live singleton births delivered at less than 37 weeks gestation.

MICH-7: Reduce by 10% the infant mortality rate (infant deaths per 1,000 live births).

**MICH-2:** Increase by 10% the proportion of women delivering a live birth who discuss preconception health with a health care worker prior to pregnancy.

#### **Dashboard Indicators:**

- Proportion of very low birthweight babies among live singleton births in Connecticut. (HCT 2020)
- Proportion of low birthweight babies among live singleton births in Connecticut. (HCT 2020)
- Proportion of live singleton births in Connecticut delivered at less than 37 weeks gestation. (HCT 2020)
- Infant mortality rate (infant deaths per 1,000 live births) in Connecticut. (HCT 2020)
- Proportion of women in Connecticut delivering a live birth who discuss preconception health with a health care worker prior to pregnancy. (HCT2020)

Strategies	Actions and Timeframes	Partners Responsible	Progress
Collaborate across sectors to increase social equity	Support the Campaign for Paid Family Leave to equitably reduce financial stressors impacting families during pregnancy and the interconception period.  October 2015 thru end of Legislative Session 2016	CT Maternal and Child Health Coalition, Connecticut Women's Education and Legal Fund (CWEALF), Permanent Commission on the Status of Women (PCSW), March of Dimes, Connecticut Association of Human Services (CAHS)	
	Identify and support 2-5 relevant legislative and policy efforts that promote social determinants of health (i.e. housing quality and affordability, education quality and completion, poverty reduction, food security, violence prevention, toxic stress reduction, access to quality healthcare, juvenile justice) while educating the public and legislators on the impact that social determinants of health have on women's health throughout the lifecourse and perinatal health outcomes:	CT Maternal and Child Health Coalition, CAHS, PCSW, CWEALF, Parent Leadership Training Institutes (PLTI), Early Childhood Collaboratives/Discovery Communities, Mothers for Justice, Graustein Memorial Fund, Connecticut Association for Basic Needs (CABN),	

STEP 3: HCT2020 DRAFT Action Agenda

SILF 3. HOTZUZU DINALI A	otion / tgoriaa		
	-assemble ad-hoc advocacy committee within the CT MCH Coalition tasked with leading advocacy efforts and coordinating with other partners -develop relevant fact sheets to be shared by coalition members and partners with legislators, leaders, media, and members of the public -identify and partner with community members and organizations that could provide testimony on key issues and legislative bills and policies  October 2015 thru end of Legislative Session 2016	CPHA, Connecticut Voices for Children	
	Evaluate and assess feasibility/replicability of projects aimed at reducing/eliminating institutionalized racism (as identified in the Plan to Improve Birth Outcomes)  July 2016 – September 2016	CT Maternal and Child Health Coalition, Graustein Memorial Fund, CityMatCH, W.K. Kellogg Foundation, Federal Healthy Start	
Support the provision of preconception/ interconception health care throughout the childbearing years in community and clinical settings	Secure commitment from identified partners and leads Ongoing	CT Maternal and Child Health Coalition Planning Committee	
	Obtain implementation and evaluation information about the "One Key Question" initiative implemented in Oregon and Massachusetts.  November 2015	CT Maternal and Child Health Coalition, Oregon Foundation for Reproductive Health, Massachusetts Department of Health, Boston Health Commission	
	Obtain implementation and evaluation information about the "IMPLICIT Network" initiative implemented in Northeast US, including Middlesex Hospital Family Physician Residency program.  November 2015	CT Maternal and Child Health Coalition, Middlesex Hospital	
	Assess potential for replication and feasibility of pilot programs in selected sites: -recruit physician champions -secure buy-in from potential sites located in high-need communities -design project logistics, personnel, and estimated costs  December 2015 – April 2016	CT Maternal and Child Health Coalition, March of Dimes, CT chapters of ACOG, AAP, AAFP, DPH, OEC, nail salons, beauty parlors, barber shops, childcare providers, community health care workers, family visiting programs, faith	

SIEP 3. HC12020 DRAFT	Action Agenda		
	Explore potential funding sources to support effort  December 2015-April 2016	communities, Text4Baby, MoMba, Clifford Beers, FQHCs, clinical residency programs, nursing and medical higher education programs  CT Maternal and Child Health Coalition, foundations that support health-related initiatives (national, state, and local), insurance companies, DSS, March of Dimes	
Promote enhanced models of prenatal care	Obtain implementation research results about group prenatal care models, identify potential barriers to implementation, and anticipate strategies to overcome them.  October – December 2015	Yale School of Nursing, March of Dimes, CT Maternal and Child Health Coalition	
	Promote Northeast Centering Symposium in Waltham, MA (Nov. 12, 2015) September 2015-November 2015	March of Dimes, Connecticut and New England Chapters	
	Assess potential for replication and feasibility of pilot programs: -recruit clinical champions -secure buy-in from potential sites located in high-need communities -design project logistics, personnel, and estimated costs -secure funding November 2015 – April 2016	Anthem, March of Dimes, CT Maternal and Child Health Coalition	
	Obtain implementation and evaluation information about the Medicaid Enhanced Prenatal Care programs in Michigan and Colorado.  November 2015 – January 2016	CT MCH Coalition, March of Dimes, DSS, DPH, OEC	
	Assess potential for replication and feasibility of pilot programs in selected sites: -recruit champions -secure buy-in from potential sites located in high-need communities -design project logistics, personnel, and estimated costs  January 2016 – May 2016	CT MCH Coalition, March of Dimes, DSS, DPH, OEC, MIECHV sites, other family visiting programs	
	Explore potential funding sources to support effort  January 2016 – May 2016	CT MCH Coalition, March of Dimes, DSS, DPH, OEC, foundations that support health-	

	related initiatives (national, state, and local), insurance companies	
Based on above actions, determine whether to move forward with pilot programs  May 2016-June 2016	CT MCH Coalition, March of Dimes, DSS, DPH, OEC	
Promote the integration of mental health, oral health, and wellbeing into hospital-based perinatal education models, group prenatal care, as well as home visiting programs:  • Identify potential champions and partners  • Assess current programs and conduct gaps analysis  • Study feasibility, logistics, and resources needed to implement actions aimed at filling gaps  June 2016-December 2016	CT MCH Coalition, March of Dimes, perinatal health educators at various CT maternity care hospitals, home visiting programs, Connecticut Alliance for Perinatal Mental Health, CT Dental Health Partnership, DPH	

#### Resources Required (human, partnerships, financial, infrastructure or other)

- Commitment from lead organizations for each major initiative
- Graduate-level interns assigned to each major initiative, as needed. March of Dimes may be able to supervise some interns. There might be an opportunity to coordinate with other intern supervisors from other partner organizations within MCH Coalition.
- Continued active involvement of focused workgroups within CT Maternal and Child Health Coalition to continue leading implementation of above-proposed initiatives.
- Funding to support feasibility study on initiative akin to One Key Question/Implicit Network. March of Dimes may be interested in supporting this effort. They are currently evaluating this opportunity.
- Funding to support pilot programs in enhanced prenatal care models.
- Clinicians and other statewide leaders to serve as champions for preconception/interconception health initiatives
- Clinicians and other statewide leaders to serve as champions for enhanced prenatal care models

#### **Monitoring/Evaluation Approaches**

Provide quarterly report outs

Focus Area 1: Maternal, Infant and Child Health

Goal 2: All babies in Connecticut are born healthy

**Area of Concentration: Birth Outcomes** 

SHIP Objective: MICH-8 Reduce by 10% the disparity between infant mortality rates for non-Hispanic blacks and non-Hispanic whites.

Dashboard Indicator: Connecticut. (HCT 2020)

<u>Disparity ratio between infant mortality rates for non-Hispanic blacks and non-Hispanic whites in</u>

Strategies	Actions and Timeframes	Partners Responsible	Progress
Collaborate across sectors to increase social equity	Evaluate and assess feasibility/replicability of projects aimed at reducing/eliminating institutionalized racism (as identified in the Plan to Improve Birth Outcomes)  July 2016 – September 2016	CT Maternal and Child Health Coalition, Graustein Memorial Fund, CityMatCH, W.K. Kellogg Foundation, Federal Healthy Start	
	Support the Campaign for Paid Family Leave to equitably reduce financial stressors impacting families during pregnancy and the interconception period.  October 2015 thru end of Legislative Session 2016	CT Maternal and Child Health Coalition, the Connecticut Women's Education and Legal Fund (CWEALF), the Permanent Commission on the Status of Women (PCSW), March of Dimes, Connecticut Association of Human Services (CAHS)	
	Identify and support 2-5 relevant legislative and policy efforts that promote social determinants of health (i.e. housing quality and affordability, education quality and completion, poverty reduction, food security, violence prevention, toxic stress reduction, access to quality healthcare, juvenile justice) while educating the public and legislators on the impact that social determinants of health have on women's health throughout the lifecourse and perinatal health outcomes:  -assemble ad-hoc advocacy committee within the CT MCH Coalition tasked with leading advocacy efforts and coordinating with other partners -develop relevant fact sheets to be shared by coalition members and partners with legislators, leaders, media, and members of the public -identify and partner with community members and organizations that could provide testimony on key issues and legislative bills and policies  October 2015 thru end of Legislative Session 2016	CT Maternal and Child Health Coalition, CAHS, PCSW, CWEALF, Parent Leadership Training Institutes (PLTI), Early Childhood Collaboratives/Discovery Communities, Mothers for Justice, Graustein Memorial Fund, Connecticut Association for Basic Needs (CABN), CPHA, Connecticut Voices for Children	

Support the provision of preconception/ interconception health care throughout the childbearing years	Secure commitment from identified partners and leads Ongoing	CT Maternal and Child Health Coalition Planning Committee
	Obtain implementation and evaluation information about the "One Key Question" initiative implemented in Oregon and Massachusetts.  November 2015	CT Maternal and Child Health Coalition, Oregon Foundation for Reproductive Health, Massachusetts Department of Health, Boston Health Commission
	Obtain implementation and evaluation information about the "IMPLICIT Network" initiative implemented in Northeast US, including Middlesex Hospital Family Physician Residency program.  November 2015	CT Maternal and Child Health Coalition, Middlesex Hospital
	Assess potential for replication and feasibility of pilot programs in selected sites: -recruit physician champions -secure buy-in from potential sites located in high-need communities -design project logistics, personnel, and estimated costs  December 2015 – April 2016	CT Maternal and Child Health Coalition, March of Dimes, CT chapters of ACOG, AAP, AAFP, DPH, OEC, nail salons, beauty parlors, barber shops, childcare providers, community health care workers, family visiting programs, faith communities, Text4Baby, MoMba, Clifford Beers, FQHCs, clinical residency programs, nursing and medical higher education programs
	Explore potential funding sources to support effort  December 2015-April 2016	CT Maternal and Child Health Coalition, foundations that support health-related initiatives (national, state, and local), insurance companies, DSS, March of Dimes
Promote enhanced models of prenatal care	Obtain implementation research results about group prenatal care models, identify potential barriers to implementation, and anticipate strategies to overcome them.  October – December 2015	Yale School of Nursing, March of Dimes, CT Maternal and Child Health Coalition
	Promote Northeast Centering Symposium in Waltham, MA (Nov. 12, 2015)  September 2015-November 2015	March of Dimes, Connecticut and New England Chapters
	Assess potential for replication and feasibility of pilot programs: -recruit clinical champions -secure buy-in from potential sites located in high-need communities -design project logistics, personnel, and estimated costs -secure funding  November 2015 – April 2016	Anthem, March of Dimes, CT Maternal and Child Health Coalition

Obtain implementation and evaluation information about the Medicaid Enhanced Prenatal Care programs in Michigan and Colorado.  November 2015 – January 2016	CT MCH Coalition, March of Dimes, DSS, DPH, OEC	
Assess potential for replication and feasibility of pilot programs in selected sites: -recruit champions -secure buy-in from potential sites located in high-need communities -design project logistics, personnel, and estimated costs  January 2016 – May 2016	CT MCH Coalition, March of Dimes, DSS, DPH, OEC, MIECHV sites, other family visiting programs	
Explore potential funding sources to support effort  January 2016 – May 2016	CT MCH Coalition, March of Dimes, DSS, DPH, OEC, foundations that support health-related initiatives (national, state, and local), insurance companies	
Based on above actions, determine whether to move forward with pilot programs  May 2016 – June 2016	CT MCH Coalition, March of Dimes, DSS, DPH, OEC	
Promote the integration of mental health, oral health, and wellbeing into hospital-based perinatal education models, group prenatal care, as well as home visiting programs:  • Identify potential champions and partners  • Assess current programs and conduct gaps analysis  • Study feasibility, logistics, and resources needed to implement actions aimed at filling gaps  June 2016 – December 2016	CT MCH Coalition, March of Dimes, perinatal health educators at various CT maternity care hospitals, home visiting programs, Connecticut Alliance for Perinatal Mental Health, CT Dental Health Partnership, DPH	

#### Resources Required (human, partnerships, financial, infrastructure or other)

- Commitment from lead organizations for each major initiative
- Graduate-level interns assigned to each major initiative, as needed. March of Dimes may be able to supervise some interns. There might be an opportunity to coordinate with other intern supervisors from other partner organizations within MCH Coalition.
- Continued active involvement of focused workgroups within CT Maternal and Child Health Coalition to continue leading implementation of above-proposed initiatives.
- Funding to support feasibility study on initiative akin to One Key Question/Implicit Network. March of Dimes may be interested in supporting this effort. They are currently evaluating this opportunity.
- Funding to support pilot programs in enhanced prenatal care models.
- Funding and technical assistance to support racism-related initiatives
- Community and statewide leaders to serve as champions for racism-related initiatives
- Clinicians and other statewide leaders to serve as champions for preconception/interconception health initiatives
- Clinicians and other statewide leaders to serve as champions for enhanced prenatal care models

#### **Monitoring/Evaluation Approaches**

Provide quarterly report outs

### **Aggregate Proposed Timeline**

	2015									2	016					
	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Pre-/Inter-conception care																
Secure commitment from identified partners and leads	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х						
Obtain implementation and evaluation information about the "One Key Question" initiative implemented in Oregon and Massachusetts.			X													
Obtain implementation and evaluation information about the "IMPLICIT Network" initiative implemented in Northeast US, including Middlesex Hospital Family Physician Residency program.			Х													
Assess potential for replication and feasibility of pilot programs in selected sites: -recruit physician champions -secure buy-in from potential sites located in high-need communities -design project logistics, personnel, and estimated costs				Х	Х	Х	X	Х								
Explore potential funding sources to support effort				Х	X	Х	X	X								
Based on above actions, determine whether to move forward with pilot programs									Х	Х						
If moving forward, implement pilot programs and monitor data for evaluation purposes											Х	Х	Х	Х	Х	Х

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		20	15							20	16					
	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Review currently available DPH preconception health media campaign and evaluate need to adapt/revise		Х	X	Х												
Identify logistics, human and financial resources needed to relaunch media campaign				Х	Х											
Develop or adapt a media campaign about the importance of preconception health (including evaluation plan development)					Х	Х	Х	Х	Х	Х						
Relaunch media campaign about importance of preconception health and "call to action"											X	Х	Х	Х	Х	X
Collaborate across sectors to																
increase social equity																
Evaluate and assess feasibility/replicability											Х	Х	Х			
of projects aimed at reducing/eliminating																
institutionalized racism (as identified in the																
Plan to Improve Birth Outcomes)			\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \			\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \							
Support the Campaign for Paid Family Leave to equitably reduce financial		X	X	X	Х	X	X	X	X	Х						
stressors impacting families during																
pregnancy and the interconception period.																
Identify and support 2-5 relevant legislative		Х	Х	Х	Х	Х	Х	Х	Х	Х						
and policy efforts that promote social		^	^			^		^								
determinants of health (i.e. housing quality																
and affordability, education quality and																
completion, poverty reduction, food security,																
violence prevention, toxic stress reduction,																
access to quality healthcare, juvenile																
justice) while educating the public and																
legislators on the impact that social																
determinants of health have on women's																
health throughout the lifecourse and																
perinatal health outcomes:																
-assemble ad-hoc advocacy committee within the CT MCH																
Coalition tasked with leading																
advocacy efforts and coordinating																
with other partners																
-develop relevant fact sheets to be																
shared by coalition members and																

STEP 3: HCTZUZU DRAFT ACTIO	лі Ау	enua														
partners with legislators, leaders,																
media, and members of the public																
-identify and partner with																
community members and																
organizations that could provide																
testimony on key issues and																
legislative bills and policies																
Explore opportunities/feasibility of re-	Х	Х	Х	Х	Х											
launching statewide media campaign aimed																
at reducing high school dropout rates																
Identify and address barriers to access of		Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
culturally competent health care services																2.
culturally competent fleath care services		20	15							20	16					
		20	13							20	10					
	0	0-4	Nan	D	1	F.L	N4	A	N4	1	11	A	0	0-4	Nan	D
	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Promote enhanced models of																
prenatal care																
Obtain implementation research results		Х	Х	Х												
about group prenatal care models, identify																
potential barriers to implementation, and																
anticipate strategies to overcome them.																
Promote Northeast Centering Symposium in	X	Х	Х													
Waltham, MA (Nov. 12, 2015)																
Assess potential for replication and			X	Х	Х	X	Х	Х								
feasibility of pilot programs:																
-recruit clinical champions																
-secure buy-in from potential sites																
located in high-need communities																
-design project logistics, personnel,																
and estimated costs																
-secure funding					3.7											
Obtain implementation and evaluation			Х	Х	Х											
information about the Medicaid Enhanced																
Prenatal Care programs in Michigan and																
Colorado.																
Assess potential for replication and					Х	Х	Х	Х	Х							
feasibility of pilot programs in selected sites:																
-recruit champions																
-secure buy-in from potential sites																
located in high-need communities																
-design project logistics, personnel,																
and estimated costs																

STEP 3: HCT2020 DRAFT ACTIO		20								20	16					
	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Explore potential funding sources to support effort					Х	Х	Х	Х	Х							
Based on above actions, determine whether to move forward with pilot programs									Х	Х						
Promote the integration of mental health, oral health, and wellbeing into hospital-based perinatal education models, group prenatal care, as well as home visiting programs:  • Identify potential champions and partners  • Assess current programs and conduct gaps analysis  • Study feasibility, logistics, and resources needed to implement actions aimed at filling gaps										X	X	X	X	X	X	Х
Support reproductive and sexual health services																
Identify partners to support relevant priorities and initiatives (i.e. equitable access to long-acting reversible contraceptives, equitable access to culturally-sensitive and developmentally appropriate information and materials, equitable access to reproductive and sexual health care services, etc.)		Х	Х	Х	Х	Х	х	Х	х	х	Х	Х	х	х	Х	Х

#### Focus Area 1: Maternal, Infant and Child Health

Goal 1: Optimize the health and well-being of women, infants, children and families, with a focus on disparate populations.

Area of Concentration: Child Health and Well-being

SHIP Objective: OBJECTIVE MICH-12 Increase by 10% the percentage of children under 3 years of age at greatest risk for oral disease (i.e., in HUSKY A) who receive any dental care.

Dashboard Indicator: Dental Utilization for Children under the Age of Three in HUSKY Health

Strategies	Actions and Timeframes	Partners Responsible	Progress
Increase dental care provided by pediatric primary care providers (PCPs) directly and through	Coordinate effort, strategize, monitor, create targets [quarterly meetings]  Measure: CTCOH PIOH-WG minutes, targets in 2016  Timeframe: late 2015 – 2019,	CT Coalition for Oral Health (CTCOH) Perinatal & Infant Oral Health Work Group (CTCOH PIOH-WG)	
referral.  Encourage pediatric PCPs to include oral health in the well child visits for their patients under the age of three, including	Bring in support from Connecticut State Medical Society (CSMS), Connecticut Academy of Family Physicians (CAFP), WIC, others  Measure: Continually maintained list of partners, # of new partners and # of potential partners  Timeframe: 2016 – 2019	CTCOH members, Department of Public Health (DPH)	
performance of these two procedures: <b>D0145</b> (\$25) Oral evaluation for a patient under three (3) years of age and	Outreach to Pediatric Primary Care Providers  Measures: # of providers receiving outreach  Timeline: 2016 – 2019	CT Dental Health Partnership (CTDHP), American Academy of Pediatricians (AAP), CSMS, DPH, CTCOH PIOH-WG	
counseling with the primary caregiver; and <b>D1206</b> (\$20) Topical therapeutic fluoride varnish application for moderate to high risk caries patients, an	Provide Access for Baby Care (ABC) Program Training  Measure: # of providers trained, # of providers registered  Timeframe: current – 2019	From the First Tooth (FFT), Children's Health & Development Institute (CHDI) EPIC program	
evidenced-based practice. Both are consistent with EPSDT.	Pediatric PCP's include oral health in well-child visits  Measure: # of claims filed for D0145 & D01206  Timeframe: baseline, current – 2019	Pediatric PCP's	
Advocate for funding for the Home by One program	Develop and examine potential funding opportunities.  Measure: List of funding opportunities  Timeframe: 2016	DPH Office of Oral Health	

#### Resources Required (human, partnerships, financial, infrastructure or other)

- Existing programs/partners: CTCOH, CTCOH-WG, CTDHP, AAP, FFT, CHDI
- DPH staff time to involve new partners (CSMS, CAFP, WIC, others) and pediatric PCP's
- New partners time
- New PCP involvement

#### **Monitoring/Evaluation Approaches**

- See measures above
- Annual Dashboard measurement, dental claims for HUSKY Health children under 3 years of age.

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Focus Area 1: Maternal, Infant, and Child Health

Goal 1: Optimize the health and well-being of women, infants, children and families, with a focus on disparate populations.

**Area of Concentration Child Health and Well-being** 

SHIP Objective OBJECTIVE MICH-13 Increase by 10% the percentage of parents who complete standardized developmental screening tools consistent with the American Academy of Pediatrics (AAP) guidelines.

Dashboard Indicator: Percentage of parents in Connecticut who complete standardized developmental screening tools consistent with the American Academy of Pediatrics (AAP) guidelines (HCT 2020).

Strategies	Actions and Timeframes	Partners Responsible	Progress
Engage in cross system planning and coordination of activities around developmental screening.  (policy and public health coordination)	Expand coordination of statewide efforts around developmental screening and the public relations message emphasizing the promotion of good health/development. Due: 11/1/15  Promote awareness and use of Child Development Infoline (CDI). Due: 11/1/15  Modify, integrate and utilize materials from CDC "Learn the Signs. Act Early". Due: 1/1/16  Distribute message through existing networks. Due: 1/1/16	Dept. of Public Health, Office of Early Childhood, Infoline/Child Development Infoline, Birth to Three, Help Me Grow, Early Childhood Comprehensive Systems (ECCS) partners, CT Act Early Team, AAP, Child Health and Development Institute (CHDI), Project Launch, primary care providers, health care professionals, schools of public health, allied health, nursing and medicine, family support organizations, faithbased organizations, early childcare providers, and others.	

Partner with statewide entities to develop and disseminate resources for clinical pediatric practices to improve screening rates and coordination of referrals and linkage to services within the state.

(provider/practice level)

Identity CT practices that have participated in Educating Practices in Communities (EPIC) Developmental Screening presentations by calendar year for past three years.

Due: 12/1/15

Increase the number of practices that participate in an EPIC presentation with enhanced CDI, LTS.AE information, and culturally sensitive parental education of developmental milestones and screening tools.

Due: 09/01/16

Gather Medicaid Claims billing code data for developmental screening (96110 CPT) including number and percentage of usage at 9, 18, 24, and 30 month olds.

Due: 2/1/16

Educate provider practice staff on when and how to bill appropriately for developmental screening through EPIC including Maintenance of Certification Part 4 performance improvement option.

Due: 3/1/16

Dept. of Public Health, Office of Early Childhood, Infoline/Child Development Infoline, Birth to Three, Help Me Grow, Early Childhood Comprehensive Systems (ECCS) partners, CT Act Early Team, AAP, Child Health and Development Institute (CHDI), Project Launch, primary care providers, health care professionals, schools of public health, allied health, nursing and medicine, family support organizations, faith-based organizations, early childcare providers, and others.

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Conduct an education and awareness campaign for families and communities in the importance of developmental screening.

(family and community supports)

Expand the number of families that receive information on LTS.AE materials or access website.

Due: 3/1/16

Expand the number of families who complete Ages and Stages Questionnaires.

Due: 6/1/16

Expand the number of early childhood education providers who are knowledgeable and talk with parents about developmental milestones.

Due: 6/1/16

Expand the number of LTS.AE materials distributed statewide to families and community providers.

Due: 3/1/16

Expand the number of individuals who report they have increased knowledge after

a LTS.AE training.

Due: 3/1/16

Dept. of Public Health, Office of Early Childhood, Infoline/Child Development Infoline, Birth to Three, Help Me Grow, Early Childhood Comprehensive Systems (ECCS) partners, CT Act Early Team, AAP, Child Health and Development Institute (CHDI), Project Launch, primary care providers, health care professionals, schools of public health, allied health, nursing and medicine, family support organizations, faith-based

organizations, early childcare providers, and

others.

Resources Required (human, partnerships, financial, infrastructure or other)

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# STEP 3: HCT2020 Action Agenda Monitoring/Evaluation Approaches • Provide quarterly report outs

## **Action Agenda Definitions**

Term	Definition/Description	
Strategies	A strategy describes your approach to getting things done. It is less specific than action steps but tries broadly to answer the question, "How can we get from where we are now to where we want to be?" The best strategies are those which have impact in multiple areas, also known as leverage or "bang for the buck."	
Actions and Timeframes	The actions/activities outline the specific, concrete steps you will take to achieve each strategy. It is best to arrange these chronologically by start dates. State the projected dates (start-end) for each activity.	
Partners Responsible	Identify by name the key person(s)/group(s)/organization(s) that will be responsible for leading the activity.	
Progress	Use this space to indicate progress on each action step as they are implemented.	
Resources Needed	The human resources, partnerships, financial, infrastructure or other resources required for successful implementation of the strategies and activities.	
Monitoring/ Evaluation Approaches	The approaches you will use to track and monitor progress on strategies and activities (e.g., quarterly reports, participant evaluations from training)	