



STATE OF CONNECTICUT DEPARTMENT OF PUBLIC HEALTH

Doula Certification Attestation of Training

I, _____ that I provided doula services to at least families and
Last, First, Middle

training in not less than four (4) of the seven (7) core competencies identified by the Doula Training Program Review Committee (see page 2 for descriptions) during the 5 years preceding the date of my application to the Connecticut Department of Public Health as follows (please indicate a date that the training occurred).

Pregnancy and Childbirth	Postpartum, Recovery and Newborn
Expected and Unexpected Pregnancy Outcomes	Promotes Health Equity
Promotes Racial Equity	Understanding Role Advocacy
Professional Standards	

Applicant Signature

Date

NOTARIZATION

On this _____ day of _____ 20_____.

_____ (**applicant's name**) personally appeared before me, who being duly sworn says that the statements made herein are true in every respect.

Sworn to before me this _____ day of _____ 20_____.

_____ *My commission expires* _____
Signature Of Notary Public *Date*

THIS FORM MUST BE UPLOADED WHEN THE ONLINE APPLICATION IS COMPLETED

Descriptions:

1. Pregnancy and Childbirth

Understanding the birthing process, anatomy and physiology, mental and physical changes in the body throughout the stage

2. Postpartum, Recovery and Newborn Periods

Understanding the importance of postpartum care, assisting, and educating in breastfeeding, and providing emotional support for newborn bonding.

3. Promotes Health Equity

Recognizing and accepting diversity in birthing practices, affirming historically marginalized groups, and understanding how systemic barriers can hinder the birthing person from receiving quality care

4. Expected and Unexpected Pregnancy Outcomes

Supporting clients through miscarriage, stillbirth, termination, and infant loss, as well as providing clients with community resources to address these concerns

5. Racial Equity

Understanding and recognizing the role that systemic racism plays in the field of medicine, as well as engaging in antiracist doula care rooted in dignity and respect

6. Advocacy

Encouraging individuals and birthing families access appropriate community resources to meet specific needs; and understanding the importance of and the protocol of a mandated reporter

7. Professional Standards

Developing trust and connection with the birthing person and their family, understand and engage in open dialogue with clients, and maintain a professional code of ethics