

AGENDA

STATE OF CONNECTICUT BOARD OF EXAMINERS OF PSYCHOLOGISTS

Monday, September 13, 2021 at 9:00 a.m.

DEPARTMENT OF PUBLIC HEALTH
410 Capitol Avenue
Hartford, CT 06106

CALL TO ORDER

I. MINUTES

Review and approval of the minutes from August 16, 2021.

II. NEW BUSINESS

A. Provisional License Applications

- Rebekka Palmer, PhD

Presented by Judith Bailey, License and Applications Analyst, DPH

ADJOURN

Board of Examiners for Psychologists via Microsoft Teams

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The following minutes are draft minutes which are subject to revision and which have not yet been adopted by the Board.

**STATE OF CONNECTICUT
BOARD OF EXAMINERS OF PSYCHOLOGISTS
MINUTES OF MEETING NO. 381**

Meeting Number 381 of the Board of Examiners of Psychologists was held on Monday, August 16, 2021.

BOARD MEMBERS PRESENT: Howard Oakes, Jr., PsyD - Chairman
Anthony Campagna, PhD
Joy Gary, Esq.
Nancy Horn, PhD
Stacey Serrano, Esq.

BOARD MEMBERS ABSENT: None

ALSO PRESENT Jeffrey Kardys, Board Liaison
Stacy Schulman, Hearing Officer

The meeting was called to order at 8:30 a.m. via Microsoft TEAMS.

I. MINUTES

The Board reviewed the minutes of the meeting of June 14, 2021. Dr. Horn moved, and Dr. Campagna seconded, that the minutes be approved. The motion passed.

II FACT-FINDING

Joseph Struckus, PhD - Petition No. 2020-448

The Board conducted fact-finding in the matter of Joseph Struckus, PhD.

Paragraph 1 of the Statement of Charges was unanimously found to be proven by a preponderance of evidence.

Dr. Oakes, Ms. Gary, and Ms. Serrano found that paragraph 2 of the Statement of Charges was proven by a preponderance of evidence, Dr. Campagna and Dr. Horn were opposed.

Paragraph 3 of the Statement of Charges was unanimously found to be proven by a preponderance of evidence.

Dr. Oakes, Dr. Campagna, Ms. Gary, and Dr. Horn found that paragraph 4 of the Statement of Charges was not proven by a preponderance of evidence. Ms. Serrano was opposed.

Dr. Oakes, Dr. Campagna, Ms. Gary, and Dr. Horn found that no disciplinary action is warranted in this matter. Ms. Serrano was opposed.

III. Adjourn

As there was no further business, the meeting was adjourned at 9:40 a.m.

Respectfully Submitted,

Howard Oakes, Jr., PsyD., Chairman
Connecticut Board of Examiners of Psychologists

TO: Connecticut Psychology Board

FROM: Judith Bailey
License and Applications Analyst,
Practitioner Licensing and Investigations Section

RE: Rebekka Palmer, PHD License # 002755

Applicants for reinstatement who have not been in the active, clinical practice of psychology for longer than six (6) months are reviewed by the Connecticut Board of Examiners for Psychologists. The Board meets quarterly. Typically, applicants for reinstatement who have not been in active, clinical practice for longer than five years are required to complete a period of refresher training.

Please accept this as a summary of the documentation submitted in support of Dr. Palmer reinstatement application.

History:

- Dr. Palmer graduated from University of Washington.
- Dr. Palmer was issued Connecticut psychology license January 3, 2007. Her psychology license lapsed due to nonrenewal on January 31, 2010.
- She holds a psychology license in California which was issued July 1, 2010 and has an expiration date of January 31, 2022.
- There is no disciplinary action against her Connecticut or California license.
- Dr. Palmer, last date of practice as a psychologist was in 2014.

Attached please find a copy of Dr. Palmer's reinstatement application, her resume, a letter from her last employer at Stanford University School of Medicine, certificates verifying completion of continuing education,

The Department is seeking the Board's recommendation regarding the lapse in active clinical practice as a psychologist and any additional requirements the Board would recommend regarding refresher training or continuing education.

Based on the above information, does the Board recommend reinstatement of Dr. Palmer's license.

STATE OF CONNECTICUT
DEPARTMENT OF PUBLIC HEALTH

Psychologist Licensure
Email: dph.counselorsteam@ct.gov
www.ct.gov/dph/license

Psychologist License Application

This application must be accompanied by a check or money order in

the amount of \$100.00 payable to "Treasurer, State of Connecticut."

→ Return completed application and fee to:

CT DPH, Psychologist Application Processing, 410 Capitol A

40306, Hartford, CT 06134

First Name Rebekka	MI S	Last Name Palmer	Maiden Name Bjork	Social Security Number
Email Address	Street Address 70 Forest St. Apt 16C		City Stamford	State CT
Postal Code 06901	Telephone Number	<input type="checkbox"/> Male <input checked="" type="checkbox"/> Female	Date of Birth	Ethnicity: check (✓) <input type="checkbox"/> Hispanic or Latino <input checked="" type="checkbox"/> Not Hispanic or Latino
Race: Please check (✓) all that apply <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Asian <input type="checkbox"/> Black or African American <input type="checkbox"/> Native Hawaiian or other Pacific Islander <input checked="" type="checkbox"/> White				
Have you held a Connecticut psychologist license in the past?				<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
				Lic. No. 002755
Are you now or have you ever been licensed as a psychologist in any state? If yes, please list all (please abbreviate): CA				
Name of Doctoral Program University of Washington	City Seattle	State WA	Degree Earned Ph.D	Degree Date 06/20/2004
Have you taken and passed the Examination for Professional Practice in Psychology?				<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
If you plan to take the licensing examination, will you require accommodation for any disability? If yes, attach a statement describing the nature of the disability and the requested accommodation.				<input type="checkbox"/> Yes <input type="checkbox"/> No
Please indicate the date you intend to take the CT state law exam (see ct.gov/dph/license for exam dates and deadline dates). <input type="checkbox"/> January <input type="checkbox"/> March <input checked="" type="checkbox"/> May <input type="checkbox"/> July <input type="checkbox"/> September <input type="checkbox"/> November				
Are you a diplomate of the American Board of Professional Psychology?				<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Do you hold a Certificate of Professional Qualification (CPQ) issued by the ASPPB?				<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Have you ever been censured, disciplined, dismissed or expelled from, had admissions monitored or restricted, had privileges limited, suspended or terminated, been put on probation, or been requested to resign or withdraw from any of the following: Any hospital, nursing home, clinic, or similar institution; Any health maintenance organization, professional partnership, corporation, or similar health practice organization, either private or public; Any professional school, clinical clerkship, internship, externship, preceptorship; or postgraduate training program; Any third party reimbursement program, whether governmental or private?				<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Have you ever had your membership in or certification by any professional society or association suspended or revoked for reasons related to professional practice?				<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Has any professional licensing or disciplinary body in any state, the District of Columbia, a United States possession or territory, or a foreign jurisdiction, limited, restricted, suspended or revoked any professional license, certificate, or registration granted to you, or imposed a fine or reprimand, or taken any other disciplinary action against you?				<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Have you ever, in anticipation or during the pendency of an investigation or other disciplinary proceeding, voluntarily surrendered any professional license, certificate or registration issued to you by any state, the District of Columbia, a United States possession or territory, or a foreign jurisdiction?				<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Have you ever been subject to, or do you currently have pending, any complaint, investigation, charge, or disciplinary action by any professional licensing or disciplinary body in any state, the District of Columbia, a United States possession or territory, or a foreign jurisdiction or any disciplinary board/committee of any branch of the armed services?				<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Have you ever entered into, or do you currently have pending, a consent agreement, oral or written, with any professional licensing or disciplinary body in any state, the District of Columbia, a United States possession or territory, any branch of the armed services or a foreign jurisdiction?				<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Have you ever been found guilty or convicted as a result of an act which constitutes a felony under the laws of this state, federal law or the laws of another jurisdiction and which, if committed within this state, would have constituted a felony under the laws of this state?				<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If you answered yes to any of the above questions regarding your professional history, please provide full details and provide supporting documentation (e.g. certified court copy with court seal affixed, complaint, answer, judgment, settlement or disposition) that will assist this office's review.				
NOTARIZATION: On this <u>6</u> day of <u>April</u> 20 <u>21</u> , the above referenced individual personally appeared before me, who being duly sworn says that she/he is the person referred to in the foregoing application and that the photograph attached hereto is a true picture of self and that the statements made herein or any document attached hereto are true in every respect.				
Sworn to before me this <u>6</u> day of <u>April</u> 20 <u>21</u>				
Signature of Applicant		Signature of Notary Public		

April 5, 2021

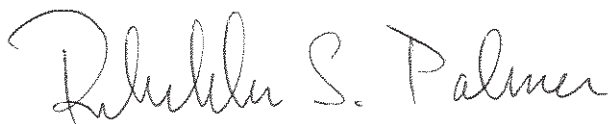
Department of Public Health
Psychology Licensure
410 Capitol Ave., MS#12APP
P.O. Box 340308
Hartford, CT 06134-0308

Dear Connecticut State Psychology Licensing Board,

Thank you so much for taking the time to review my application for reinstatement of my Psychologist license in the state of Connecticut. I have included my CV which covers my employment history however, it does not include the time I had to take off from working. From 2014- to the present, my husband's employment has had an incredibly vigorous travel schedule. In addition, I had a young daughter and it was to the benefit of my family to stay home to be her primary caregiver.

Now that my child is 12 and my husband's employment no longer requires him to travel as frequently, I would like to return to work in a professional capacity. Therefore, I am hoping to have my license reinstated and find employment.

Sincerely,

A handwritten signature in cursive script that reads "Rebekka S. Palmer". The signature is written in black ink and is positioned above the typed name.

Rebekka S. Palmer, Ph.D

CURRICULUM VITAE

REBEKKA S. PALMER

PERSONAL

Address:



Cell Phone:



Email:



EDUCATION

University of Washington, Seattle WA (2004): Doctoral Program in Clinical Psychology (APA Accredited)

Ph.D. Awarded 2004 (Dissertation Title: Efficacy of the Alcohol Skills Training Program in Mandated and Non-Mandated Heavy Drinking College Students)

M.S. Awarded 2001 (Master's Thesis Title: The Utilization of Social Marketing to Enhance Interest in Attending a College Alcohol Program)

Advisor: Mary E. Larimer, Ph.D.

University of Washington, Seattle, Washington (1997)

B.S. Awarded 1997 (Psychology)

Annual Dean's List 1996-1997

Associate Member of Psi Chi 1996

Big Bend Community College, Moses Lake, Washington (1991-1994)

A.A.S. Awarded 1994

Member of Phi Theta Kappa

Course work initiated in high school

PROFESSIONAL EXPERIENCE

- 2012-2014 Dissertation Chair and Consultant, Palo Alto University, PGSP-Stanford Consortium
- Chair dissertations and mentor students in the Ph.D. and PsyD programs.
- 2010-2012 Assistant Professor, Palo Alto University, PGSP-Stanford Consortium
- Teach Statistics and Research Methods I and II to PsyD students. Teach Substance Abuse as a senior capstone class to PAU undergraduates.
 - High Risk Behaviors Research Group, train graduate and undergraduate students in research on high risk behaviors among college students. Students' primary tasks involve data entry, cleaning and poster presentations.
 - PAU Director and Liaison for Clinical Neuroscience in Women's Health at Stanford University. Monitor students' progress in the proficiency track and advise students.
- 2009-2010 Adjunct Clinical Faculty and Consultant, Yale University, School of Medicine, Department of Psychiatry, Division of Substance Abuse
- Provide supervision and consultation for the Adaptive Brief Interventions for Drop-Out Re-Engagement study. Collaborate with staff throughout the data cleaning process and analyze data for publications and presentations (S. Ball, Principal Investigator).
 - Provide supervision and consultation for Project CHOICE study. Primary role to supervise therapists in the provision of the BASICS intervention and develop the fidelity and rating system for therapist adherence to the intervention (S. O'Malley, Principal Investigator).
- 2008-2009 Staff Psychologist/Substance Abuse Treatment Coordinator, University of New Haven, Counseling Center
- Provided of Alcohol and Drug Class, Alcohol Skills Training Workshop, and BASICS interventions to students who violated substance use policy.
 - Provided general mental health counseling to students.
 - Developed, evaluated, and trained facilitators in the provision of the alcohol prevention program to the Freshman Experience class.

PROFESSIONAL EXPERIENCE (continued)

2006-2009

Associate Research Scientist, Yale University, School of Medicine,
Department of Psychiatry, Division of Substance Abuse

- Project Director for the study: Adaptive Brief Interventions for Drop-Out Re-Engagement. Managed project activities, provided clinical training and supervision for project therapists, and analyzed data for publications and presentations (S. Ball, Principal Investigator).
- BASICS Provider, Trainer and Supervisor: Collaborator on the pilot and RO 1 grant evaluating the use of Naltrexone for heavy drinking young adults. Provided the BASICS intervention for project participants. The role shifted to training and supervising project therapists in the delivery of BASICS (S. O'Malley, Principal Investigator).
- Motivational Interviewing Trainer: Provided training in motivational interviewing skills to third year medical students to enhance communication between doctors and patients (S. Martino, Principal Investigator).
- Clinical Supervisor: Supervised pre-doctoral Psychology Interns in their provision of group and individual psychotherapy.

2004-2006

NIDA Postdoctoral Fellowship, Yale University School of Medicine,
Division of Substance Abuse

- Project Director for a study to identify predictors of premature substance abuse treatment drop out and modify existing manual guided behavioral therapies for substance abuse to develop a series of brief interventions to re-engage clients. Conducted a study examining the prevalence and patterns of high risk behaviors among college students (alcohol, drug (illicit and prescription), and tobacco use as well as gambling and sexual victimization) (Mentor: Samuel A. Ball, Ph.D.)
- Postdoctoral Clinician, Central Treatment Unit: Co-facilitated an evening substance use treatment group and providing individual psychotherapy.

PROFESSIONAL EXPERIENCE (continued)

- 2003-2004 Intern, The Greater Hartford Clinical Psychology Internship Consortium
VA Newington, University of Connecticut Hospital, New Britain General
Hospital (APA Accredited)
- Received multi-site training in the conduct of: clinical assessments, group and individual psychotherapy, and brief interventions. Primary rotations were in the geropsychology clinic, substance abuse clinic, smoking cessation clinic. Secondary rotation was at Avon Old Farms School providing individual psychotherapy to adolescents.
- 2002-2003 NIAAA Predoctoral Fellowship, University of Washington
Addictive Behaviors Research Center
- Received training in the treatment and prevention of substance abuse, conducted Alcohol and Drug Abuse Institute grant (dissertation research) on students mandated to attend alcohol prevention programs, assisted with ongoing research projects.
- 2001-2002 Research Assistant, University of Washington
Motivating Campus Change Project
- Assisted in the development of the normative feedback regarding alcohol use and consequences for participants, co-leader of training and coordinating undergraduate research assistants.
- 2000-2003 Staff Therapist, Psychological Services and Training Center
- Worked with a range of clients with varied presenting problems that include: generalized anxiety, obsessive compulsive disorder, pathological gambling and couples therapy.
- 1999-2001 Substance Abuse Educator, University of Washington
Addictive Behaviors Research Center
- Provided all substance use services for students living in the residences halls. Provided BASICS to individually referred students and the Alcohol Skills Training Program (ASTP) workshop. Taught basic alcohol information, trained residence hall staff, and conducted clinical assessments.
 - Provided ASTP workshops to fraternity and sororities.
- 1998-1999 Editor, University of Washington
Addictive Behaviors Research Center
- Reviewed articles and book chapters in preparation for publication, acted as liaison between authors, editor and publisher for Dr. Marlatt's book Harm Reduction.

PROFESSIONAL EXPERIENCE (continued)

- 1997-1998 Research Study Assistant, University of Washington
Freshman Lifestyles Project
- Trained undergraduates to provide and facilitate the alcohol skills training program workshops, acted as main contact person for participants and facilitators of workshops, handled administrative tasks for project.
- 1997-1996 Undergraduate Research Assistant, University of Washington
Greeks 2000 Project
- Conducted individual brief interventions using motivational interviewing with fraternity and sorority members, coordinated the collection of collateral data, and presented group feedback on alcohol use and consequences to fraternity and sorority houses.

CONSULTING EXPERIENCE

- 2007-2009 SAMHSA/CSAT Consultant
- Presented research on marketing and outreach techniques for university screening and brief interventions at the Screening, Brief Intervention, Referral and Treatment Winter Grantee Conference
 - Provided Technical Assistance to the University of Texas at El Paso on recruitment, marketing and outreach to university students for brief screening and interventions

PROFESSIONAL LICENSURE:

- 2010- 2013 Psychologist, State of California (PSY23632) Currently inactive in good standing
- 2008-2010 Psychologist, State of Connecticut (002755)

SPECIALIZED CLINICAL TRAINING

- 2011 Law and Ethics
- 2011 Modern Cognitive Behavioral Therapy
- 2005 Good Research Practice- NIDA Clinical Trials Network

SPECIALIZED CLINICAL TRAINING (continued)

2004	Training Medical Students Motivational Interviewing Skills
2003	Fundamentals of Geriatrics
2002	Motivational Interviewing
2001	Intensive Survey of Forensic Psychology
1999	Assessment of Alcohol Problems Utilizing the Brief Drinker Profile
1998	Relapse Prevention and Harm Reduction
1997	Motivational Interviewing Techniques in a Brief Feedback Context
1997	Brief Alcohol Screening and Intervention for College Students

CLINICAL AND RESEARCH INTERESTS

My primary clinical and research interests are the prevention and treatment of substance use, addictive behaviors, and comorbid psychological disorders. However, my interests within those areas include: the impact of participant defensiveness on intervention outcomes (particularly within mandated populations), the use of alcohol and protective behavior strategies among college students who have been the victim or perpetrator of sexual aggression, and the development and evaluation of theory driven interventions for alcohol and other drug use specific to high-risk populations such as mandated college students, adolescents, and at-risk minority populations.

GRANTS AWARDED

2005	Psychotherapy Development Center, 2005-2006. Project title: Prevalence and Patterns of Risky Behavior Among College Students; \$7,800 (Total Costs) (S. Ball, Co-Principal Investigator)
2002	Alcohol and Drug Abuse Institute, 2002-2003. Project title: Efficacy of the Alcohol Skills Training Program in Mandated and Non-Mandated Heavy Drinking College Students; \$18,517 (Total Direct Costs) (M. Larimer, Co-Principal Investigator)

ORGANIZATIONAL MEMBERSHIPS

2002- Present	Member of the American Psychological Association
2005-2013	Association for Behavioral and Cognitive Therapies
2021- Present	Connecticut Psychological Association

HONORS AND AWARDS

2006	The College for Problems of Drug Dependence Early Career Investigator Award
2005	National Institute on Drug Abuse Travel Award

DISSERTATION COMMITTEES

2015	Vivian Wang, Palo Alto University-Stanford Consortium, PsyD
2014	Marie Goess-Saurau, Palo Alto University, Ph.D
2014	Lindsay Meyer, Palo Alto University, Ph.D.
2014	Simone Carmignani, Palo Alto University, Ph.D.
2014	Lena Chu, Palo Alto University-Stanford Consortium, PsyD
2013	Tiffany Seacrest, Palo Alto University, PhD
2014	Michael Epstein, Palo Alto University, PhD
2013	Lindsey Overstreet, Palo Alto University-Stanford Consortium, PsyD
2009	Elizabeth Clark, Yeshiva University
2008	Jessica Cronic, Yale University, Dept. of Psychology
2007	Mary Murphy, Yeshiva University

COMMUNITY SERVICE

2010-2012	Member, Curriculum Committee, Palo Alto University
2010-2012	Member, Classroom Improvement Task Force, Palo Alto University
2010-2012	Member, Branding Task Force, Palo Alto University
2007-2008	Member, Substance Abuse Task Force, University of New Haven
1999-2001	Member, Vice President's Committee on Alcohol and Substance Abuse Awareness University of Washington

EDITORIAL CONSULTATION

Ad hoc reviewer for the following journals:

Acta Psychiatrica Scandinavica, Psychopharmacology, Addiction, Addictive Behaviors, Alcoholism: Clinical and Experimental Research, Archives of General Psychiatry, Current Drug Abuse Reviews, Journal of Consulting and Clinical Psychology, Journal of Studies on Alcohol, American Journal of Drug and Alcohol Abuse, Psychology of Addictive Behaviors

PUBLICATIONS

- De Martini, K.S., Palmer, R.S., Leeman, R.F., Corbin, W.R., Toll, B.A., Fucito, L.M., & O'Malley, S.S. (2013). Drinking less and drinking smarter: Direct and indirect protective strategies in young adults. *Psychology of Addictive Behaviors, 3*(3), 615-626.
- Kilmer, J.R., Palmer R.S., Cronce J.C., & Logan D. (2012). Interventions for college student alcohol use: A review of the works of G. Alan Marlatt. *Addiction Research and Theory.*
- Palmer, R.S., McMahon, T.J., Moreggi, D.I., Rounsaville, B.J., & Ball, S.A. (2012). College drug use: Prevalence, patterns, and interest in interventions. *Journal of College Student Development 53*(1), 124-132.
- Palmer, R.S., Kilmer, J.R., Ball, S.A., & Larimer, M.E. (2010). Alcohol Skills Training Program outcomes for voluntary and mandated college students: The role of defensiveness as a moderator of drinking among mandated students. *Addictive Behaviors, 35*(12), 1157-1160.

PUBLICATIONS (continued)

- Palmer, R.S., McMahon, T.J., Rounsaville, B.J., & Ball, S.A. (2010). Coercive sexual experiences, protective behavioral strategies, alcohol expectancies and consumption among male and female college students. *Journal of Interpersonal Violence, 25*(9), 1563-1578.
- Palmer, R.S. Corbin, W.R., & Crouce, J. M. (2010). Protective strategies as a mediator of age of alcohol initiation and problems. *Addictive Behaviors, 35*, 486-491.
- Palmer, R.S., Murphy, M., Piscelli, A. & Ball, S.A., (2009). Substance abuse treatment drop-out from client and clinician perspectives. *Substance Use and Misuse, 44*, 1021-1038.
- Leeman, R. F., Palmer, R. S., Corbin, W. R., Romano, D. M., Meandzija, B., & O'Malley, S. S. (2008). A pilot study of naltrexone and BASICS for heavy drinking young adults. *Addictive Behaviors, 33*, 1048-1054.
- Palmer, R.S., Ball., S.A., Rounsaville, B.J., & O'Malley, S.S. (2006). Concurrent and predictive validity of drug use and psychiatric severity among first time DWI offenders. *Alcoholism: Clinical and Experimental Research, 31*(4), 619-624.
- Palmer, R.S., Kilmer, J.R., & Larimer, M.E., (2006). The utilization of social marketing to enhance interest in attending a college alcohol program. *Journal of American College Health, 55*(1), 47-52.
- Kilmer, J.R., Walker, D.D., Lee, C.M. Palmer, R.S., Mallett, K.A., Fabiano, P., & Larimer, M.E. (2006). Misperceptions of college student marijuana use: Implications for prevention. *Journal of Studies on Alcohol, 67*(2), 277-281.
- Kilmer, J.R., Crouce, J.M., & Palmer, R.S. (2005). Relapse prevention issues for club or party drug use. In G.A. Marlatt & D. Donovan (Eds.), *Relapse Prevention* (2nd ed., pp.208-247). New York: Guilford Press.
- Kilmer, J.R., Palmer, R.S., & Crouce, J.M. (2005). Issues in the assessment of club or party drug use. In D. Donovan & G.A. Marlatt (Eds.), *Assessment of Addictive Behaviors* (2nd ed., pp.274-304). New York: Guilford Press.
- Neighbors, C., Palmer, R.S., & Larimer, M.E. (2004). Interest and Participation in a College Student Alcohol Intervention Study as a Function of Typical Drinking. *Journal of Studies on Alcohol, 65*(6), 736-740.

PUBLICATIONS (continued)

Larimer, M. E., Turner, A. P., Anderson, B. K., Fader, J. S., Kilmer, J. R., Palmer, R. S., and Cronce, J. M. (2001). Evaluating a brief alcohol intervention with fraternities. *Journal of Studies on Alcohol*, 62(3), 370-380.

Larimer, M.E., Palmer, R.S., & Marlatt, G.A. (1999) Relapse prevention: An overview of Marlatt's cognitive-behavioral model. *Alcohol Health and Research World*, 23(2) 151-160.

PUBLISHED ABSTRACTS

O'Leary, T.A., Brown, S.A., Colby, S.M., Cronce, J.M., D'Amico, E.J., Fader, J.S., Geisner, I.M., Larimer, M.E., Maggs, J.L., McCrady, B., Palmer, R.S., Schulenberg, J., & Monti, P.M. (2002). Treating adolescents together or individually? Issues in adolescent substance abuse interventions. *Alcoholism: Clinical and Experimental Research*, 26(6), 890-899.

POSTERS AND PRESENTATIONS

Palmer, R.S., Heron-Carmignani, S., Epstein, M., Barach, T., Goess-Saurau, M., Quillen, J., McMahon, T.J., & Ball, S.A., (2011, November). Freshmen Alcohol Prevention Programs Delivered via Required Seminar Courses: Skills Training versus Scare Tactics. Poster presented at the 45th annual Association for Behavioral and Cognitive Therapy convention, Toronto, CA.

Palmer, R.S., Henslee, A.M., Correia, C.J. & Karey, K., (2009, November). The use of Alcohol Skills Training Program with Randomly Assigned and Mandated College Students. Symposium presentation at the 43rd annual Association for Behavioral and Cognitive Therapy convention, New York, NY.

Clark, E.A., Palmer, R.S., Jackson, S., Everhart, D., & Swencionis, C. (2009, May). Sleep patterns of freshman college students. Poster session presented at 6th Annual Yeshiva University Behavioral Sciences Research Conference, Bronx, NY.

Andy, T.A, Palmer, R.S., & Ball, S.A. (2008, November). Brief Motivational Intervention for Substance Use Treatment Drop-out and Re-engagement. Poster session presented at the 42nd annual Association for the Advancement of Behavior Therapy convention, Orlando, FL.

POSTERS AND PRESENTATIONS (continued)

- Leeman, R. F., Palmer, R. S., Corbin, W. R., & O'Malley, S. S. (2008, July). *A pilot study of naltrexone and BASICS for heavy drinking young adults*. Poster presented at the joint meeting of the Research Society on Alcoholism and the International Society for Biomedical Research on Alcoholism, Washington, D.C.
- Palmer, R.S., McMahon, T.J., & Ball, S.A., (2007, November). *Alcohol expectancies and sexual victimization: Negative consequences and protective strategies*. Poster session presented at the 41st annual Association for the Advancement of Behavior Therapy convention, Philadelphia, P.A.
- Murphy, M.K., Palmer, R.S., & Ball, S. A. (2007, June). *Reasons for seeking outpatient substance abuse treatment*. Poster session presented at the 69th Annual Meeting of The College on Problems of Drug Dependence, Quebec City, Canada
- Clark-Polner, E. Crouce, J.M., Corbin, W.R., & Palmer, R.S. (2006, November). *Use of Controlled Drinking Strategies as a Mediator of the Relation between Age of Drinking Onset and Alcohol-Related Negative Consequences*. Poster session presented at the 40th annual Association for Behavioral and Cognitive Therapies convention, Chicago, I.L.
- Palmer, R.S., Moreggi, D., Rounsaville, B. J., & Ball, S. A. (2006, June). *College Drug Use: Prevalence, Patterns, and Interest in Interventions*. Poster session presented at the 68th Annual Meeting of The College on Problems of Drug Dependence, Scottsdale, Arizona.
- Palmer, R.S., Kilmer, J.R., & Larimer, M.E. (2005, November). *Taking the Bad with the Good: Alcohol Expectancies Among Mandated and Non-Mandated Heavy Drinkers*. Poster session presented at the 39th annual Association for the Advancement of Behavior Therapy convention, Washington, D.C.
- Palmer, R.S., Ball, S.A., Rounsaville, B.J., & O'Malley, S.S. (2005, June). *Concurrent and predictive validity of drug use and psychiatric severity among first time DWI offenders*. Poster session presented at the 67th Annual Meeting of The College on Problems of Drug Dependence, Orlando, Florida.
- George, T.P., Sacco, K.A., Vessicchio, J.C., Weinberger, A., Palmer, R.S., Dudas, M., Allen, T., Termine, A., & Sanacora, G. (2004, December) *Nicotinic antagonist augmentation of SSRI antidepressants: Preliminary Results*. Poster session presented at the 43rd Annual Meeting of the Association of Neuropsychopharmacology.

POSTERS AND PRESENTATIONS (continued)

- George, T.P., Hitsman, B., Papandonatos, G.D., Sacco, K.A., Vessicchio, J.C., Dudas, M., Allen, T., Weinberger, A., & Palmer, R.S. (2004, December) *Predictors of smoking cessation in schizophrenia: Analysis of data from three sequential controlled clinical trials*. Poster session presented at the 43rd Annual Meeting of the Association of Neuropsychopharmacology.
- Palmer, R.S., Kilmer, J.R., Neighbors, C. & Larimer, M.E. (2003, November). *Practical issues in evaluating alcohol skills training with mandated heavy drinking college students*. Symposium presented at the 37th annual Association for the Advancement of Behavior Therapy convention, Boston, Massachusetts.
- Palmer, R.S. Witkiewitz, K. Larimer M.E & Marlatt (2002, November). *Brief interventions with mandated college students: Effectiveness and consumer satisfaction?* Symposium presented at the 36th annual Association for the Advancement of Behavior Therapy convention, Reno, Nevada.
- Palmer, R.S., Neighbors, C., & Larimer, M.E. (2002, November). *Party Animals or Party Poopers: Who Participates in Alcohol Research? Interest and Recruitment for College Student Alcohol Research as a Function of Typical Use*. Poster session presented at the 36th annual Association for the Advancement of Behavior Therapy convention, Reno, Nevada.
- Lostutter, T., Kilmer, J., Palmer, R., & Larimer, M.E. (2002, November). *Inclusiveness in demographic assessment: Examples and implications from research in addictive behaviors*. Poster session presented at the 36th annual Association for Advancement of Behavior Therapy convention, Reno, Nevada.
- Palmer, R.S., Kilmer, J.R., & Larimer, M.E. (2001, June). *Revisiting the 5/4 cutoff: Examining alternatives to the "binge drinking" definition*. Poster session presented at the 24th annual Research Society on Alcoholism scientific meeting, Montreal, Quebec, Canada.
- Wiersma, K., Larimer, M., Palmer, R., Dunn, E., Turrisi, R., Kilmer, J. (2000, November). *Have I had one drink too many? Where college students go wrong when making judgments of drunkenness*. Poster session presented at the 34th annual Association for Advancement of Behavior Therapy convention, New Orleans, LA.
- Larimer, M.E., Turner, A.P., Lydum, A.R., Anderson, B.K., Palmer, R.S., Kilmer, J.R., Fader, J.S., & Cronce, J.M. (2000, November). Alcohol abuse prevention in fraternities and sororities. In J.R. Kilmer (Chair), *Brief interventions with college student drinkers: Reducing harm through skills training*. Symposium conducted at the 34th annual Association for Advancement of Behavior Therapy convention, New Orleans, LA.

POSTERS AND PRESENTATIONS (continued)

- Fader, J.S., Quigley, L.A., Larimer, M.E., Anderson, B.K., Turner, A.P., Kilmer, J.R., Lydum, A.R., & Palmer, R.S. (2000, November). *The relationship between perceived risk and alcohol use in the greek system*. Poster session presented at the 34th annual Association for Advancement of Behavior Therapy convention, New Orleans, LA.
- Larimer, M.E., Turner, A.P., Lydum, A.R., Anderson, B.K., Palmer, R.S., Kilmer, J.R., Fader, J.S., & Cronce, J.M. (2000, July). *Alcohol abuse prevention in fraternities and sororities*. Poster session presented at the 23rd annual Research Society on Alcoholism scientific meeting, Denver, CO.
- Palmer, R.S., Kilmer, J.R., Cronce, J., Larimer, M.E., & Marlatt, A.G. (1998, November). *Do your friends change or do you change friends?* Poster presented at the 32nd annual meeting of the Association for the Advancement of Behavior Therapy.
- Palmer, R.S., Larimer, M.E., Lydum, A.R., Turner, A., Anderson, B.K., & Hinz, C., (1997, November). *Eating disordered symptoms and alcohol related consequences for men as compared to women*. Poster presented at the 31st annual meeting of the Association for the Advancement of Behavior Therapy.
- Larimer, M.E., Anderson, B.K., Turner, A., Lydum, A.R., & Palmer, R.S. (1997, November). *The relative influence of individual versus groups alcohol norms on drinking rates and drinking problems of university greek system residents*. Poster presented at the 31st annual meeting of the Association for the Advancement of Behavior Therapy.
- Larimer, M.E., Lydum, A.R., Anderson, B.K., Turner, A., Palmer, R.S. & Hinz, C. (1997, November). *Male victims of unwanted sexual contact: Reports from a college fraternity sample*. Poster presented at the 31st annual meeting of the Association for the Advancement of Behavior Therapy.

ORGANIZATIONAL MEMBERSHIPS

- 2002-2013 Member of the American Psychological Association
- 2005-2013 Association for Behavioral and Cognitive Therapies

HONORS AND AWARDS

- 2006 The College for Problems of Drug Dependence Early Career Investigator Award
- 2005 National Institute on Drug Abuse Travel Award

DISSERTATION COMMITTEES

- 2015 Vivian Wang, Palo Alto University-Stanford Consortium, PsyD
- 2014 Marie Goess-Saurau, Palo Alto University, Ph.D
- 2014 Lindsay Meyer, Palo Alto University, Ph.D.
- 2014 Simone Carmignani, Palo Alto University, Ph.D.
- 2014 Lena Chu, Palo Alto University-Stanford Consortium, PsyD
- 2013 Tiffany Seacrest, Palo Alto University, PhD
- 2014 Michael Epstein, Palo Alto University, PhD
- 2013 Lindsey Overstreet, Palo Alto University-Stanford Consortium, PsyD
- 2009 Elizabeth Clark, Yeshiva University
- 2008 Jessica Cronce, Yale University, Dept. of Psychology
- 2007 Mary Murphy, Yeshiva University

April 25, 2021

Department of Public Health
Psychology Licensure
410 Capitol Ave., MS #12APP
P.O. Box 340308
Hartford, CT 06134-0308

Dear Connecticut Department of Public Health,

I am writing in support of Rebekka S. Palmer, Ph.D.'s request to reinstate her Psychologist license to practice in the state of Connecticut. She was an Assistant Professor in the PGSP-Stanford PsyD Consortium at Palo Alto University from 2010-2012. In addition, she continued to act as a dissertation chair for the students in our program with whom she had been working with until they defended in 2014.

In my interactions and work with her I found her to be well trained, very professional, and clinically skilled. I have no doubt regarding her ability to practice psychology with more than a reasonable level of skill and safety.

Sincerely,



Kimberly R. Hill, Ph.D.
Director of Clinical Training
PGSP-Stanford PsyD Consortium
Clinical Professor
Department of Psychiatry and Behavioral Sciences
Stanford University School of Medicine

Certificate of Completion

Psychotherapy.net

3020 Bridgeway, Suite 401 Sausalito, CA 94965

Tel.: (800) 577-4762 Fax: (415) 332-3238 Internet: www.psychotherapy.net

Email: CE@Psychotherapy.net

hereby confirms that

Rebekka Palmer

Licensed Profession: Psychologist

License and Jurisdiction: CT 0002755

has successfully earned

3 Continuing Education Credits

for evaluated self study of the Psychotherapy.net self-study course entitled:

"Core Concepts and Interventions in EFT"

Instructor's name: Rebecca Jorgensen

This certificate is awarded on June 16, 2021 11:24:25 AM



Victor Yalom, PhD

CEO, Psychotherapy.net

Psychotherapy.net is approved by the **American Psychological Association** to sponsor continuing education for psychologists. Psychotherapy.net maintains responsibility for this program and its content.

This organization, Psychotherapy.net, provider #1119, is approved as a provider for social work continuing education by the **Association of Social Work Boards (ASWB)** www.aswb.org Approved Continuing Education Program (ACE). Psychotherapy.net maintains responsibility for the program. ASWB Approval Period: **10/5/2018-10/5/2021**. Social workers should contact their regulatory board to determine course approval. Social workers will receive **3 continuing education clinical clock hours**.

Psychotherapy.net has been approved by **NBCC** as an Approved Continuing Education Provider, ACEP No. 6239. Programs that do not qualify for **NBCC** credit are clearly identified. Psychotherapy.net is solely responsible for all aspects of the program. Please note that NBCC awards Continuing Education Credit Hours in place of Continuing Education Credits.

Psychotherapy.net, LLC is recognized by the **New York State Education Department's State Board for Social Work** as an approved provider of continuing education for licensed social workers #SW-0423. New York State social workers will receive **3 contact hours**.

Psychotherapy.net is approved to offer Continuing Education credits by: **NAADAC**, The Association for Addiction Professionals (provider #90664); the **California Board of Behavioral Sciences** (provider #3479); the **State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board** (provider #RCST100502); the **Texas State Board of Examiners of Professional Counselors** (provider #159); the **Texas State Board of Examiners of Marriage and Family Therapists** (provider #159); and for **video-based courses only** by the **Canadian Counselling Association**.

Psychotherapy.net LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0145

Certificate of Completion

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3020 Bridgeway, Suite 401 Sausalito, CA 94965

Tel.: (800) 577-4762 Fax: (415) 332-3238 Internet: www.psychotherapy.net

Email: CE@Psychotherapy.net

hereby confirms that

Rebekka Palmer

Licensed Profession: Psychologist

License and Jurisdiction: CT 0002755

has successfully earned

2 Continuing Education Credits

for evaluated self study of the Psychotherapy.net self-study course entitled:

"EFT Stage 1: Reaching De-escalation"

Instructor's name: Rebecca Jorgensen

This certificate is awarded on June 18, 2021 10:10:45 AM



Victor Yalom, PhD

CEO, Psychotherapy.net

Psychotherapy.net is approved by the **American Psychological Association** to sponsor continuing education for psychologists. Psychotherapy.net maintains responsibility for this program and its content.

This organization, Psychotherapy.net, provider #1119, is approved as a provider for social work continuing education by the **Association of Social Work Boards (ASWB)** www.aswb.org Approved Continuing Education Program (ACE). Psychotherapy.net maintains responsibility for the program. ASWB Approval Period: **10/5/2018-10/5/2021**. Social workers should contact their regulatory board to determine course approval. Social workers will receive **2 continuing education clinical clock hours**.

Psychotherapy.net has been approved by **NBCC** as an Approved Continuing Education Provider, ACEP No. 6239. Programs that do not qualify for **NBCC** credit are clearly identified. Psychotherapy.net is solely responsible for all aspects of the program. Please note that NBCC awards Continuing Education Credit Hours in place of Continuing Education Credits.

Psychotherapy.net, LLC is recognized by the **New York State Education Department's State Board for Social Work** as an approved provider of continuing education for licensed social workers #SW-0423. New York State social workers will receive **2 contact hours**.

Psychotherapy.net is approved to offer Continuing Education credits by: **NAADAC**, The Association for Addiction Professionals (provider #90664); the **California Board of Behavioral Sciences** (provider #3479); the **State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board** (provider #RCST100502); the **Texas State Board of Examiners of Professional Counselors** (provider #159); the **Texas State Board of Examiners of Marriage and Family Therapists** (provider #159); and for **video-based courses only** by the **Canadian Counselling Association**.

Psychotherapy.net LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0145

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Tel.: (800) 577-4762 Fax: (415) 332-3238 Internet: www.psychotherapy.net

Email: CE@Psychotherapy.net

hereby confirms that

Rebekka Palmer

Licensed Profession: Psychologist

License and Jurisdiction: CT 0002755

has successfully earned

2.5 Continuing Education Credits

for evaluated self study of the Psychotherapy.net self-study course entitled:

"EFT Stage 2-3: Deepening Engagement & Consolidation"

Instructor's name: Rebecca Jorgensen

This certificate is awarded on June 22, 2021 01:35:01 PM



Victor Yalom, PhD

CEO, Psychotherapy.net

Psychotherapy.net is approved by the **American Psychological Association** to sponsor continuing education for psychologists. Psychotherapy.net maintains responsibility for this program and its content.

This organization, Psychotherapy.net, provider #1119, is approved as a provider for social work continuing education by the **Association of Social Work Boards (ASWB)** www.aswb.org Approved Continuing Education Program (ACE). Psychotherapy.net maintains responsibility for the program. ASWB Approval Period: **10/5/2018-10/5/2021**. Social workers should contact their regulatory board to determine course approval. Social workers will receive **2.5 continuing education clinical clock hours**.

Psychotherapy.net has been approved by **NBCC** as an Approved Continuing Education Provider, ACEP No. 6239. Programs that do not qualify for **NBCC** credit are clearly identified. Psychotherapy.net is solely responsible for all aspects of the program. Please note that NBCC awards Continuing Education Credit Hours in place of Continuing Education Credits.

Psychotherapy.net, LLC is recognized by the **New York State Education Department's State Board for Social Work** as an approved provider of continuing education for licensed social workers #SW-0423. New York State social workers will receive **2.5 contact hours**.

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Psychotherapy.net LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0145

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Email: CE@Psychotherapy.net

hereby confirms that

Rebekka Palmer

Licensed Profession: Psychologist

License and Jurisdiction: CT 0002755

has successfully earned

2.5 Continuing Education Credits

for evaluated self study of the Psychotherapy.net self-study course entitled:

"Impasses and Challenges in EFT"

Instructor's name: Rebecca Jorgensen

This certificate is awarded on June 23, 2021 09:43:10 AM



Victor Yalom, PhD

CEO, Psychotherapy.net

Psychotherapy.net is approved by the **American Psychological Association** to sponsor continuing education for psychologists. Psychotherapy.net maintains responsibility for this program and its content.

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Psychotherapy.net, LLC is recognized by the **New York State Education Department's State Board for Social Work** as an approved provider of continuing education for licensed social workers #SW-0423. New York State social workers will receive **2.5 contact hours**.

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Psychotherapy.net LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0145

April 15, 2021

CERTIFICATION OF LICENSURE

To Whom It May Concern:

This is to certify that according to existing records of the Board of Psychology, Dr. REBEKKA S PALMER, Ph.D., has the following license data:

NAME:	REBEKKA S PALMER
LICENSE TYPE:	Psychologist
LICENSE NUMBER:	PSY23632
ISSUE DATE:	July 01, 2010
EXPIRATION DATE:	January 31, 2022
LICENSE STATUS:	CurrentInactive
EFFECTIVE DATE OF STATUS:	February 03, 2020
ADDRESS OF RECORD:	70 FOREST ST APT 16C STAMFORD, CT 06901-1881

I further certify that there is no current or prior disciplinary action taken by the Board against the above license.

Verified By:



SANDRA MONTE RRUBIO

ENFORCEMENT PROGRAM MANAGER

