

AGENDA

STATE OF CONNECTICUT BOARD OF EXAMINERS OF ELECTROLOGISTS

Wednesday, November 16, 2022
9:30 AM

CALL TO ORDER

I. **MINUTES**

Review and approve minutes from the September 14, 2022 meeting.

II. **DEPARTMENT OF PUBLIC HEALTH UPDATES**

III. **OLD BUSINESS**

- Declaratory Ruling Petition to Connecticut Medical Examining Board
Shawn Rutchick, Assistant Attorney General
- Request to offer electrology training – Catherine Paschetto – License 000536

IV. **NEW BUSINESS**

Schedule 2023 meeting dates.

ADJOURNMENT

This meeting will be held remotely at the following:

Board of Examiners of Electrologists via Microsoft Teams

Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Meeting ID: 261 162 808 652

Passcode: cFRbgR

[Download Teams](#) | [Join on the web](#)

Or call in (audio only)

[+1 860-840-2075](#) - Phone Conference ID: 270 284 454#

The following minutes are draft minutes which are subject to revision and which have not yet been adopted by the Board.

The Board of Examiners of Electrologists held a meeting on Wednesday, September 14, 2022. The meeting was held via Microsoft TEAMS.

BOARD MEMBERS PRESENT: Alicia Zalka, M.D.
 Arlene Romajas, LPN,CPE
 Jan O'Neil, CPE
 Jeanne Scranton-Lloyd

ALSO PRESENT: Jeffrey Kardys, Board Liaison
 Alfreda Gaither, Hearing Officer, DPH
 Celeste Dowdell, License & Application Analyst
 Daniel Shapiro, Deputy Associate Attorney General
 Stephen Carragher, Supervisor, DPH

The meeting commenced at 9:31 a.m. All participants were present via Microsoft TEAMS.

Dr. Zalka called the meeting to order at 9:32 a.m.

I. - MINUTES

The board reviewed the minutes from Wednesday, May 18,2022. Alicia made a motion to approve the minutes which were seconded by Jan O'Neil. The motion passed unanimously.

II. CHAIR UPDATE

None

III. DEPARTMENT OF PUBLIC HEALTH UPDATE

Examination Update

Practical examination is tentatively scheduled for November 8th. Currently, waiting on facility to confirmed date.

IV. OLD BUSINESS

Board continues to wait on approval for the following:

A. Legislation change from 3 to 4 hours of continuing education units for CPR hours to coincide with the American Heart Association guideline. Note for files, requested was made on September 4,2016.

Stephen Carragher is working with department to prepare status update. He is aware this request was made over 6years ago and the Connecticut State Electrology Association is waiting on a reply for continuing education units.

B. A statutory change to allow for the use of initials for each field that we are licensed by the State of

Connecticut as well as "L.E." initials for Licensed Electrologist. Steve Carragher will check with government

regulations to pursue this option. Once in Legislation we will notify CT State Electrolysis Association and they can contact their legislators for support.

Daniel Shapiro stated Chief of health and education department needs notice of it and have a hearing on it. This is two separate declaratory rulings.

Daniel will continue researching legislation and update us at our next meeting for the CPR and Licensed Initials.

C. Declaratory Ruling/ Scope of Practice-

Discussion took place with Shawn Rutchick, Assistant Attorney General concerning declaratory ruling.

Alicia made a motion to move forward with a draft to petition scope of practice of medicine for evidence from CME for the safety to our patients concerning removal of hairs from moles, Arlene seconded. Shawn will move forward with declaratory ruling.

V. NEW BUSINESS

A. Next meeting is scheduled for Wednesday, November 16,2022.

B. Request to offer electrology training by Catherine Paschetto. After discussion Steve Carragher,DPH referred her to Connecticut office of higher education.

VI. Adjournment

The meeting was adjourned at 10:24 a.m. by Alicia Zalka and seconded by Arlene Romajas.

Respectfully submitted,
Jan O'Neil, CPE
Board of Examiners of Electrologists

Cathy Paschetto
89 Glenwood Road
South Windsor, CT 06074
(860) 798-1602

August 31, 2022

State of Connecticut
Department of Public Health
410 Capitol Avenue
Hartford, CT 06134

Dear Board of Examiners of Electrology,

I have been a licensed and practicing Electrologist in the State of Connecticut since 2001. I am applying to become an instructor of Electrology. I would like to offer a one-on-one educational program, within my business, Cathy Paschetto, LLC.

I have a great passion for this industry. I believe I can inspire and train some of the next generation of Electrologists, by offering them the ability to learn and establish a career in Electrology.

I have attached my course curriculum for your review, in which you will find a specific breakdown of hours for each content area.

Thank you for your consideration.

Sincerely,

Cathy Paschetto



STATE OF CONNECTICUT

DEPARTMENT OF PUBLIC HEALTH

November 09, 2022

Catherine M. Paschetto
89 Glenwood Road
South Windsor, CT 06074-3027

TO WHOM IT MAY CONCERN:

VERIFICATION OF LICENSURE

This is to certify that the records of the Connecticut Department of Public Health indicate that:

Catherine M. Paschetto

Was issued Connecticut:	Electrologist License
Date of Issuance:	05/16/2001
License Number:	536
Expiration Date:	02/29/2024
Status of License:	ACTIVE, CURRENT
License Granted by:	Exam
Past or Pending Disciplinary History:	No

Sincerely,

A handwritten signature in cursive script that reads "Stephen B. Carragher".

Stephen B. Carragher
Public Health Services Manager
Practitioner Licensing and Investigations Section

Printed by: Deborah Brown



Phone: (860) 509-7603
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An Equal Opportunity Employer

Cathy Paschetto
89 Glenwood Road
South Windsor, CT 06074
(860) 798-1602

November 8, 2022

State of Connecticut
Department of Public Health
410 Capitol Avenue
Hartford, CT 06134

Dear Board of Examiners of Electrology,

I spoke with Mr. Vi Ngyuen of the Office of Higher Education to confirm whether I would need to fulfill any requirements with them to pursue training in my office. He assured me that I am exempt from having to do that as my intentions are to train one person to work with me at my location.

I am enclosing an updated curriculum for Electrolysis, which covers requirements by the State of Connecticut for licensure.

Sincerely,

Cathy Paschetto

200 Hours of Classroom Instruction

Anatomy and Physiology of Skin and Hair Trichology **50 HOURS**

- The structure and functions of the Skin and Hair
- The structure of hair and its various stages of growth
- The role of Heredity, Genetics, and Androgenic Metabolism
- The study of hair and its care and treatment
- The causes of hair problems

Dermatology **40 HOURS**

- The study of the skin, its diseases and treatment for when and when not to treat skin disorders and diseases

The Endocrine System **40 HOURS**

- Mechanisms of Hormone Action
- Functions of the Glands
- Side effects of Medication

Infection Prevention Standards Sanitation and Hygiene Principles of Infection Control Bacteriology **40 HOURS**

- Objectives for prevention measures and standards of practice
- Prevention Measures for Disinfection and Sterilization for Electrolysis Instruments, Personal Hygiene and Environmental Control and Housekeeping
- Universal blood and body fluid precautions as recommended by the Center for Disease Control
- Cleaning and sterilization of reusable instruments
- Handling and disposal of instruments, needles and contaminated items
- Sterilization of products and equipment
- Hand washing
- Infection Prevention Standards for the Practice of Electrolysis
- Aseptic Technique & Cross Contamination

Theory of Electricity

20 HOURS

- Basic Electricity
- Electricity and its tissue effects in Electrolysis
- Modalities of Electrolysis (Clinical Techniques)

Business Procedures

10 HOURS

- Consultation
- Health History
- Record Keeping
- Post Treatment Care
- Standards of Practice

400 Hours of Practical Instruction

Epilation Techniques

- Proper insertion
- Client positioning for each treatment area

Modalities

Electrolysis - Direct Current

Thermolysis - Alternating Current

Blend - Simultaneous use of the galvanic (DC) and low-intensity high frequency currents

Student Textbook

Electrolysis, Thermolysis and the Blend: The principles and practice of permanent hair removal

By Arthur Ralph Hinkel, P.E.E and Richard W. Lind, B.A., M.A.