

A TIP FROM A
**FORMER
SMOKER**

**You think a lot about teeth
when you don't have any.**

Felicita, age 54, Florida

UN CONSEJO DE UNA EXFUMADORA
Piensas mucho en los dientes
cuando no tienes ninguno.

Para recibir ayuda gratuita
para dejar de fumar, llame al
1-855-DÉJELO-YA.

For free help to quit smoking,
call 1-800-QUIT-NOW.

www.quitnow.net/connecticut



CONNECTICUT
QUITLINE
Quitting is easier with help



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Consigue el apoyo que

Take One
Tome Uno



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