

Connecticut Department of Public Health Fact Sheet

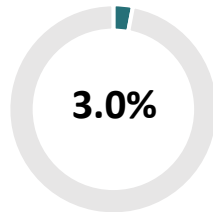
Tobacco Control Program | April 2024

2023 Hookah Use Among High School Students

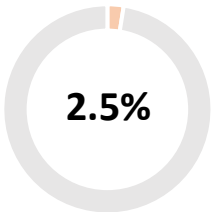
By Gender



Males



Females



Hookah

Last 30-Day Use Rate

2.7%
smoked
tobacco
using a
hookah

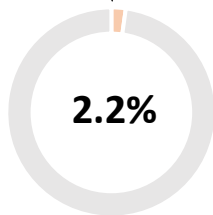
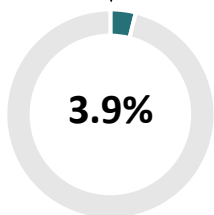


By Poor Mental Health

among
Yes



among
No

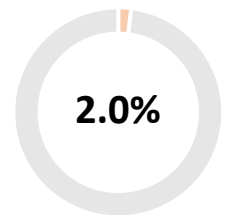
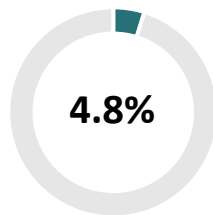


By Sexual Orientation/ Gender Identity

LGBTQ+



Non-LGBTQ+



According to the Centers for Disease Control and Prevention, since 2011, the use of novel tobacco products, such as hookahs, has increased, offsetting a decline in the use of conventional tobacco products like cigarettes, among youth nationwide.¹

Key Facts

- Results from the 2023 Youth Risk Behavior Survey estimate that approximately 4,200 or 2.7% of Connecticut high school students smoked a type of tobacco called 'shisha' from a hookah or narghile, which are types of waterpipes, on 1 or more of the last 30 days (i.e., current hookah use)
- High school males (3.0%) were slightly more likely than their female counterparts (2.5%) to have currently used hookahs
- Students who reported that their mental health was most of the time or always not good, including stress, anxiety, and depression, during the 30 days before the survey (3.9%) were more likely than students without poor mental health (2.2%) to currently use hookahs
- High school students who identify as LGBTQ+ (4.8%) were nearly 2.5 times more likely than non-LGBTQ+ (2.0%) students to have reported smoking tobacco in a hookah in the last 30 days

LGBTQ+ = Lesbian, Gay, Bisexual, Transgender, Questioning, Other.

¹CDC: Adolescents Curious, Susceptible to Hookah Smoking (2019, January 23). Retrieved from www.aafp.org/news/health-of-the-public/20190123cdchookah.html.

For More Information, Contact:

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Data Source: 2023 Connecticut Youth Risk Behavior Survey
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