Connecticut Department of Public Health Fact Sheet Tobacco Control Program | January 2023
2021 E-Cigarette Use Among High School Youth



## Key Facts

- Results from the 2021 Youth Risk Behavior Survey estimate that approximately 15,600 or $10.6 \%$ of Connecticut high school students reported using e-cigarettes or other electronic vapor products, including vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods, on 1 or more of the last 30 days (i.e., current e-cigarette use)
- Female high school students (14.5\%) were significantly more likely than their male counterparts (6.9\%) to have currently used e-cigarettes
- The use of e-cigarettes was significantly higher among students who reported having at least 1 alcoholic drink in the past 30 days (37.6\%) than it was among those who did not drink (4.5\%)
- Although Hispanic (12.4\%) students were slightly more likely than Black* (10.9\%) and White* (10.7\%) students to use e-cigarettes, prevalence of use did not vary significantly by race/ethnicity
- Students in grades 11 (13.9\%) and 12 (14.2\%) were significantly more likely than those in grade 9 (6.5\%) to use e-cigarettes; the rate increased as grade increased
- The prevalence of e-cigarette use among high school students who reported their mental health was most of the time or always not good, including stress, anxiety, and depression, during the 30 days before the survey (17.9\%) was 2.5 times higher than it was among those who did not suffer from mental health problems (7.3\%)
- E-cigarette use was significantly higher among students who identify as lesbian, gay, or bisexual (16.7\%) than it was among heterosexual (straight) students (8.9\%)

For More Information, Contact:
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Data Source: 2021 Connecticut Youth Risk Behavior Survey
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