

City	Agency	Address	Contact Name	Telephone Number / Email / Website
Community Cessation Sites – No Fee for Services				
Granby	Granby Youth Service Bureau (Granby residents only)	15C N Granby Road	Annemarie Cox	(860) 844-5355 ahcox@granby-ct.gov
Middletown Area Westbrook	Middletown Health Department Chronic Care Tobacco (Adults individual & group)	245 DeKoven Drive	Daisy Hernandez	(860) 344-3537 https://www.middletownct.gov/1097/Tobacco-Cessation-Program
Torrington	McCall Behavioral Health Network (8-week, in person Youth Cessation group, only held when they have youth registered to attend) Registration is required.	58 High Street	Darian Graells	(959) 901-5506 Darian.graells@mccallbhn.org
Norwich Area - Eastern CT	Uncas Health District	401 West Thames Street	Connie Capacchione	(860) 823-1189 ext. 122 C-capacchione@uncashd.org https://uncashd.org/tobacco-cessation-program/
Other Cessation Programs Note: Some of these Programs may have an associated fee				
North Branford	BH Care Shoreline (Group Cessation Sessions Only)	28 Branford Rd	Sara Magistro	(203) 483-2630 option 0 or intake www.BHCare.org/contact-us/
Danbury and surrounding area	Danbury Hospital Quit Now Smoking Cessation Program (Adults, mostly individual)	33 Germantown Rd	Marianne Mitchell	(203) 739-8328
Manchester	Eastern CT Cancer Institute Freedom from Smokin	100 Haynes Street		https://www.echn.org/blog/smoking-cessation/
Hartford Area	Hartford Hospital - Community Health SToPP: Stop Tobacco Prevention and Treatment Program	132 Jefferson Street	Ricardo Rico	(860) 972-9300 https://hartfordhealthcare.org/services/cancer-care/support-survivorship/help-to-quit-smoking
Greenwich	Greenwich Hospital Fresh Start Smoking Cessation	5 Perryridge Road	Diane DeMain	(203) 863-3786

Middletown Middlesex County	Middlesex Health Center of Chronic Care Management (Offering Youth and Adult Cessation Services)	28 Crescent Street	Elizabeth Cameron	(860) 358-5420 https://middlesexhealth.org/chronic-care-management/smoking-intervention-program
Canaan	Mountainside Treatment Center Nicotine Anonymous Adult Cessation Program	Mailing address: P.O. Box 717, 187 South Canaan Road	Andre Basso	(860) 824 1397
Stamford	Stamford Hospital	1 Hospital Plaza	Leonora Maciejczyk & Carolina Rodriguez	(203)276-QUIT (7848) https://www.stamfordhealth.org/care-treatment/lung-care/smoking-cessation-program/
Farmington	UConn Health Center, Pulmonary Medicine (Adults)	263 Farmington Avenue	Diahann Wilcox, APRN	(860) 679-8300 https://health.uconn.edu/cancer/patient-services/prevention-screening/smoking-cessation/
New Haven	Yale New Haven Hospital Yale Tobacco Treatment Service	20 York Street	Lisa Fucito, PhD Heidi DiGiovanni	(203) 688 - 1378 https://www.ynhh.org/smilow/services/support-services/smoking-cessation#:~:text=The%20program%20utilizes%20the%20appropriate,(203)%20688%2D1378.
Derby	Griffin Hospital That's It! Learn to Quit!	The Center for Cancer Care at Griffin Hospital, 350 Seymour Ave.	Healthy Living Coordinator	203-732-1369 https://www.griffinhealth.org/tag/smoking/
Statewide App	Kick-Nic! Is a newly developed app designed to help teens quit vaping nicotine.	Yale University School of Medicine		Text 'Quit Vape' to 203-361-4267



Commit to Quit is a cessation resource that connects CT residents to the information and services needed to help them in quitting tobacco and nicotine for good. Commit to Quit provides residents with access to the Connecticut Quitline. Program options include 24/7 live coaching, automated coaching support, access to an online community, FREE nicotine replacement therapy (some limitations may apply) And more!

<https://committoquitct.com/>

1-800-QUIT-NOW