

Connecticut Cessation Program Directory – December 2023

	Contact Name	Address	City	Telephone Number/Email/Website
Commit to Quit Sites – No Fee for Services				
Granby Youth Service Bureau (Granby residents only) By appointment only.	Annemarie Cox	15C N Granby Rd	Granby	(860) 844-5355 ahcox@granby-ct.gov
Middletown Health Department Chronic Care Tobacco (Adults individual & group)	Contact Middlesex Hospital Beth	245 DeKoven Drive	Middletown Area Westbrook	(860) 358-5420 Beth.Roberts@midhosp.org
McCall Behavioral Health Network (8-week, in person Youth Cessation group, only held when they have youth registered to attend) Registration is required!	Darian Graells	58 High Street	Torrington	(959) 901-5506 Darian.graells@mccallbhn.org
Town of Trumbull (6-week, in person Vaping Cessation 18 years old and younger)	Dr. Cornelia Morris	335 White Plains Rd	Trumbull	(203) 452-5193 cmorris@trumbull-ct.gov
Uncas Health District	Connie Capacchione	401 West Thames Street	Norwich Area - Eastern CT	(860) 823-1189 ext. 122 C-capacchione@uncashd.org www.uncashd.org doh@uncashd.org
Other Community Cessation Programs Note: Some of these Programs may have an associated fee				
BH Care Shoreline	Sara Magistro	14 Sycamore Way	Branford	(203) 483-2630 option 0 or intake www.BHCare.org/contact-us/
Danbury Hospital Quit Now Smoking Cessation Program (Adults, mostly individual)	Marianne Mitchell	24 Hospital Avenue	Danbury	(203) 739-8328
Eastern CT Cancer Institute Freedom from Smoking	Karen Fiume, RN	100 Haynes Street	Manchester	(860) 646-1222 ext. 1408 kfiume@echn.org
First Choice Health Center (Adults) Schedule an appointment.		94 Union Street	Vernon	(860) 528-1359 www.firstchc.org



Connecticut Cessation Program Directory – December 2023

Agency	Contact Name	Address	City	Telephone Number/Email/Website
Greenwich Hospital Fresh Start Smoking Cessation	Diane DeMain	5 Perryridge Road	Greenwich	(203) 863-3786
Hartford Hospital STOP Smoking & Vaping Cessation Program at Hartford Hospital Community Health	Ricardo Rico	132 Jefferson Street	Hartford Area	(860) 972-9300 Ricardo.rico@hhchealth.org
Intercommunity, Inc.	Juan Laboy	281 Main Street	East Hartford	(860) 569-5900 www.intercommunityct.org
Middlesex Health Center of Chronic Care Management	Contact Middlesex Hospital Center for Chronic Care Management	28 Crescent Street	Middletown Middlesex County	(860) 358-5420 https://www.middlesexhealth.org
Mountainside Treatment Center Nicotine Anonymous Adult Cessation Program	Andre Basso	Mailing address: P.O. Box 717, 187 South Canaan Road	Canaan	1(800)762-5433
Stamford Hospital	Leonora Maciejczyk	1 Hospital Plaza	Stamford	(203)276-QUIT (7848) www.stamfordhealth.org
Town of Trumbull (6-week, in person Smoking Cessation for Adults-\$300) (Vaping Cessation Program for middle school & high school teens-\$0)	Dr. Cornelia Morris	335 White Plains Road	Trumbull	(203) 452-5193 cmorris@trumbull-ct.gov
UCONN Health Center, Pulmonary Medicine (Adults)	Diahann Wilcox, APRN	263 Farmington Avenue	Farmington	(860) 679-8300
Yale New Haven Hospital Yale Tobacco Treatment Service	Lisa Fucito, PhD Heidi DiGiovanni	20 York Street	New Haven	(203) 688-1378 QuitSmoking@YNNH.ORG
Yale University (5-week, virtual Quit Vaping Nicotine Study for ages 13 to 20) Sign up on website.			New Haven	www.yalestopvaping.com www.yalequitvaping.com