

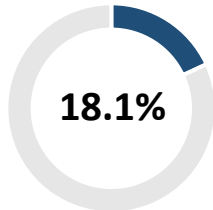
Connecticut Department of Public Health Fact Sheet Tobacco Control Program | February 2024

2022 Core-3 Tobacco Use Among Adults*

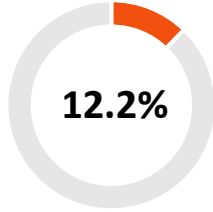
By Gender



Men



Women



CORE-3 TOBACCO

Some Day or Every Day Use Rate

15.0%

use cigarettes, electronic vapor products, or smokeless tobacco

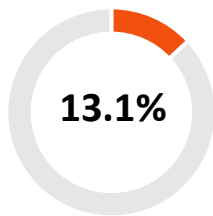
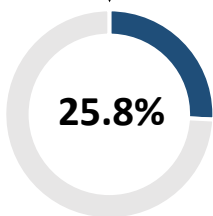


By Poor Mental Health

among Yes



among No

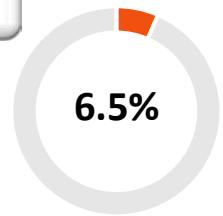
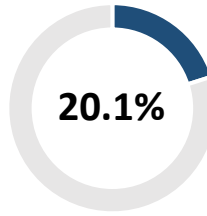


By Highest Level of Education

Less than College Degree



College Degree

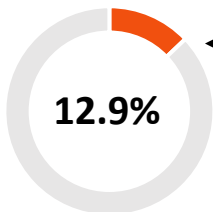
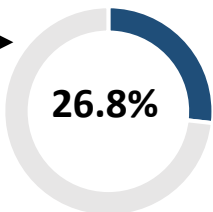


By Health Insurance Coverage

Medicaid



Private

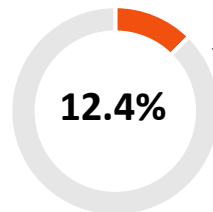
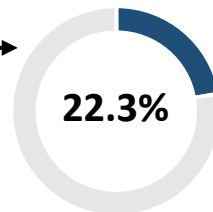


By Any Disability

among Yes



among No



Key Facts

- Results from the 2022 Behavioral Risk Factor Surveillance System estimate that approximately 384,600 or 15.0% of Connecticut adults, aged 18 years or older, used cigarettes, electronic vapor products, or smokeless tobacco some days or every day (i.e., current core-3 tobacco use)
- Men (18.1%) were significantly more likely than women (12.2%) to have currently used one or more of the core-3 tobacco products
- Hispanic (17.9%) adults were more likely than their non-Hispanic White (14.7%) and non-Hispanic Black (16.0%) counterparts to have used core-3 tobacco some days or every day, but none of the differences between the groups were statistically significant
- Adults who identify as lesbian, gay, bisexual, or transgender (19.6%) were significantly more likely than straight (14.9%) adults to have reported current core-3 tobacco use
- Adults who reported poor mental health on 14 or more of the last 30 days, such as stress, depression, and problems with emotions, (25.8%) were significantly more likely than their counterparts without mental health difficulties (13.1%) to have used core-3 tobacco some days or every day
- College educated adults (6.5%) were significantly less likely than those with lower levels of education (20.1%) to have currently used core-3 tobacco
- The rate of current core-3 tobacco use decreased significantly as age increased:
 - 18-34 years old (20.3%)
 - 35-54 years old (16.1%)
 - 55 years old or over (10.9%)
- The prevalence of core-3 tobacco use among adults covered by Medicaid (26.8%) was more than double the rate of those with private health insurance (12.9%)
- Adults with an annual household income of less than \$75,000 (19.3%) were significantly more likely to have used core-3 tobacco some days or every day than were adults with a yearly income of \$75,000 or more (12.0%)
- Current core-3 tobacco use was significantly higher among adults with any type of disability, including with their hearing, vision, self-care, mobility, independence, or mental health (22.3%), than it was among those who were not disabled (12.4%)

*Every year the Connecticut Behavioral Risk Factor Surveillance System collects data on adults' use of at least three types of tobacco products—cigarettes, e-cigarettes (electronic vapor products), and smokeless tobacco, such as chewing tobacco, dip, snus, and snuff. Adult current core-3 tobacco use is defined as the reported use of one or more of these three products some days or every day.

For More Information, Contact:

Connecticut Department of Public Health | Tobacco Control Program
410 Capitol Avenue, PO Box 340308, MS #11HLS
Hartford, CT 06134-0308

Call: 860-509-8251 or visit: www.ct.gov/DPH/Tobacco

Data Source: 2022 Connecticut Behavioral Risk Factor Surveillance System
Last updated: February 1, 2024

