

Connecticut Department of Public Health Fact Sheet

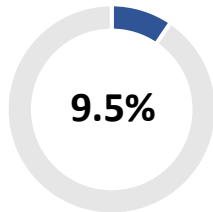
Tobacco Control Program | February 2024

2022 Cigar Smoking Among Adults

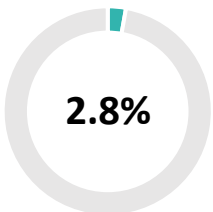
By Gender



Men



Women



CIGAR

Some Day or Every Day Use Rate

6.0%

smoke cigars, cigarillos, or little cigars

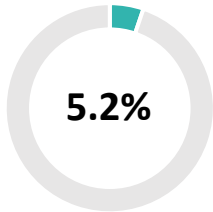
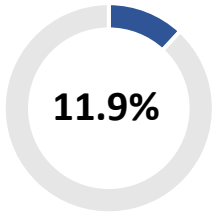


By Cognitive Disability

among Yes



among No

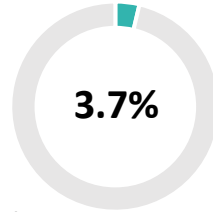
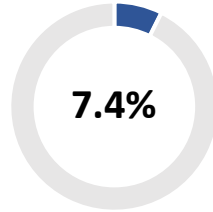


By Highest Level of Education

Less than College Degree



College Degree

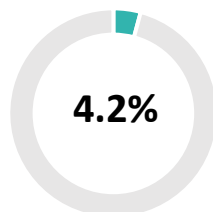
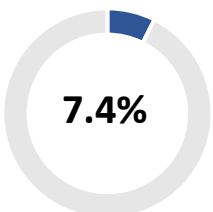


By Age

18-54 Years



55 Years or Older

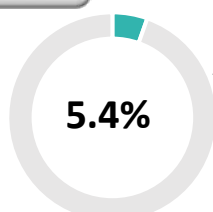
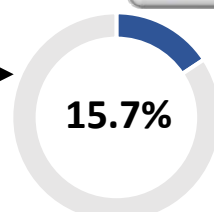


By Heavy Alcohol Consumption

among Yes



among No



Key Facts

- Results from the 2022 Behavioral Risk Factor Surveillance System estimate that approximately 152,100 or 6.0% of Connecticut adults, aged 18 years or older, smoked cigars, cigarillos, or little cigars some days or every day (i.e., current cigar smoking)
- The rate of current cigar smoking was 9.5% among men and 2.8% among women
- Adults who reported having some type of cognitive disability, such as serious difficulties concentrating, remembering, or making decisions (11.9%), were more than twice as likely as their counterparts without this type of disability (5.2%) to currently smoke cigars
- Among adults who currently smoked cigars, 36.2% were also current cigarette smokers
- Adults whose highest level of education was less than a college education (7.4%) were significantly more likely than those who had earned a college degree (3.7%) to have smoked cigars some days or every day
- The rate of current cigar smoking was nearly twice as high among adults under the age of 55 (7.4%) than it was among those aged 55 years old or older (4.2%)
- Cigar smoking was nearly three times higher among adults who are heavy drinkers[†] (15.7%) than it was among those who are not (5.4%)

[†]Heavy Drinker is defined as adult men having more than 14 drinks per week and adult women having more than 7 drinks per week.

For More Information, Contact:

Connecticut Department of Public Health | Tobacco Control Program

410 Capitol Avenue, PO Box 340308, MS #11HLS

Hartford, CT 06134-0308

Call: 860-509-8251 or visit: www.ct.gov/DPH/Tobacco

Data Source: 2022 Connecticut Behavioral Risk Factor Surveillance System

Last updated: October 25, 2023

