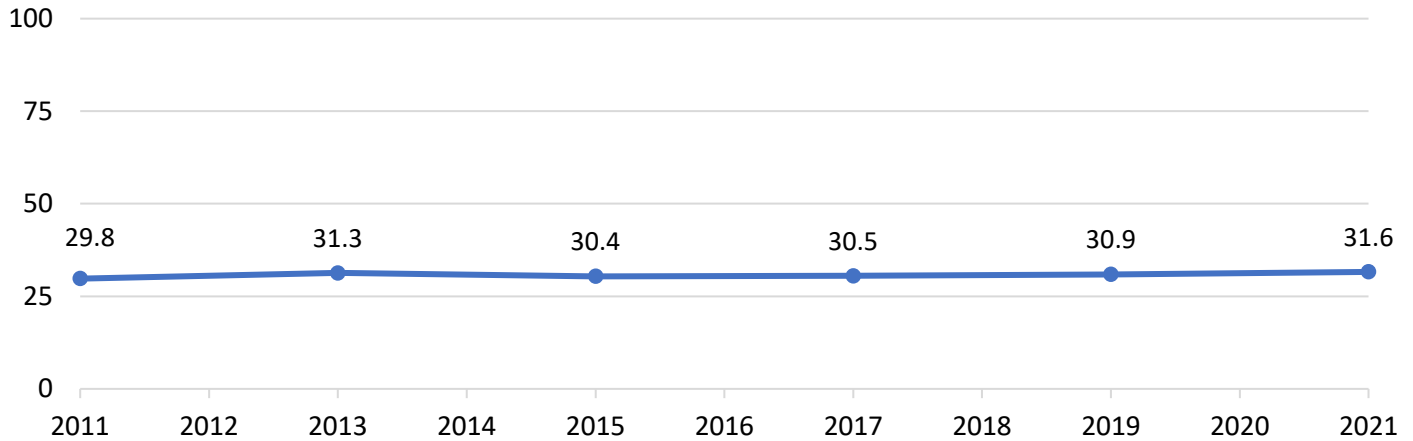


Hypertension Awareness Connecticut Adults (18+ Years)

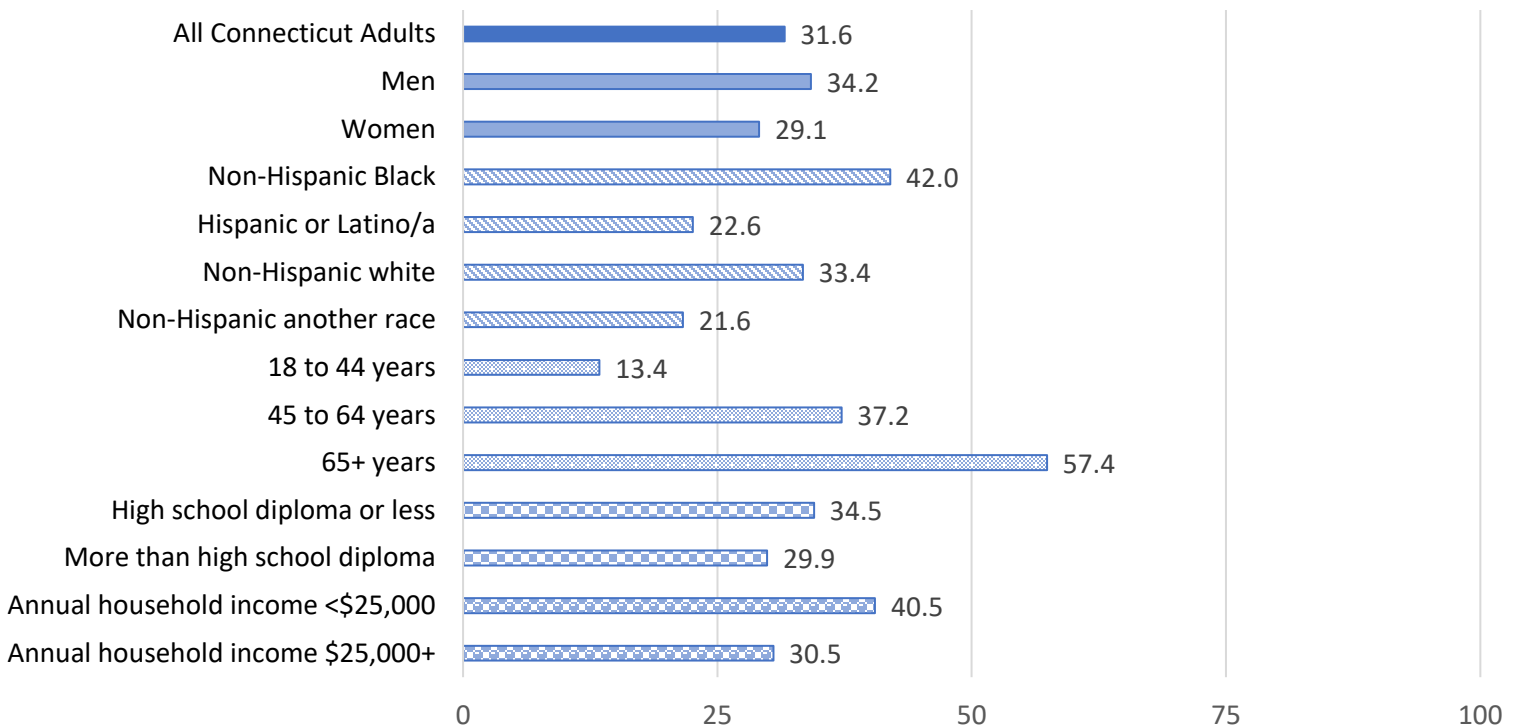
2021 Behavioral Risk Factor Surveillance System Data

Community, Family Health and Prevention Section • June 2023

Approximately 30% of Connecticut adults have ever been told by a health care professional that they had high blood pressure.



The estimated prevalence of high blood pressure varies gender, age, race and ethnicity, educational attainment, and annual household income.



Healthcare providers may prescribe medications to control high blood pressure. An estimated 80.1% of Connecticut adults with high blood pressure are taking medications to control high blood pressure. The estimated prevalence of taking medications to control high blood pressure is higher among women compared with men (83.8% vs. 76.7%). Also, a higher percent of adults 65+ years take medications to control high blood pressure compared with adults 18 to 64 years (92.2% vs. 70.9%).