2023 Cannabis Health Statistics Report Supplement:

Behavioral Risk Factor Surveillance System Supplemental Tables

April 2023

State of Connecticut
Connecticut Department of Public Health

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Past Month Cannabis Use

Demographics		Percentage	CV	95% CI		N
2017						
Total		9.4	6.4	8.3	10.6	263800
Age	18-34 years	19.4	9.0	16.2	23.1	150900
	35-54 years	8.1	11.6	6.4	10.1	73000
	55+ years	3.4	11.7	2.7	4.3	37700
Sex	Female	6.7	10.5	5.4	8.2	96800
	Male	12.3	8.1	10.5	14.4	166600
Race/Ethnicity	Hispanic	5.0†	28.8	*	*	14700
	NH Black	10.0†	21.4	*	*	28900
	NH White	10.2	7.2	8.8	11.7	196900
	NH Other	10.0†	24.3	*	*	20300
Veteran Status	Yes	*	32.7	*	*	*
	No	*	6.6	*	*	*
Income	$25K+	9.9	7.5	8.5	11.5	186500
	< $25K	8.6^	17.0	6.2	12.0	38500
Housing Insecurity	Yes	12.9^	15.6	9.4	17.4	43400
	No	7.9	7.9	6.8	9.2	177400
Food Insecurity	Yes	15.0†	20.2	*	*	26600
	No	9.1	6.8	7.9	10.4	235800
Education	> HS	8.7	7.5	7.5	10.1	150800
	HS or Less	10.4	11.3	8.3	13.0	112800
Sexual Orientation	LGBT/Other	20.0†	20.1	*	*	28300
	Straight	9.1	6.8	7.9	10.3	234800
Poor Mental Health	Yes	19.7	12.9	15.2	25.2	59000
	No	8.1	7.4	7.0	9.4	201700
Disability	Yes	10.4	12.0	8.2	13.2	70700
	No	8.9	7.7	7.6	10.3	186900
Heavy Drinker	Yes	26.9	14.4	20.0	35.1	40500
	No	8.3	7.2	7.2	9.6	217400
Binge Drinker	Yes	29.3	8.4	24.7	34.3	127600
	No	5.7	9.1	4.7	6.8	132200

Notes:

Data Source: Connecticut Behavioral Risk Factor Surveillance System

CV = Coefficient of Variation, CI = Confidence Interval, N = Weighted Count, NH = Non Hispanic

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See appendices on pages 13-15 for detailed methods

Past Month Cannabis Use

2021

Demographics		Percentage	CV	95% CI		N
Total		12.1	4.7	11.0	13.3	284500
Age	18-34 years	22.9	7.2	19.8	26.3	143800
	35-54 years	12.3	7.4	10.6	14.2	83400
	55+ years	5.7	9.6	4.7	6.8	56000
Sex	Female	9.1	7.2	7.9	10.5	112900
	Male	15.4	6.2	13.6	17.4	171600
Race/Ethnicity	Hispanic	10.9	12.9	8.4	14.0	37800
	NH Black	15.5	14.2	11.7	20.4	34900
	NH White	12.4	5.8	11.1	13.9	194200
	NH Other	6.8^	19.0	4.7	9.9	10200
Veteran Status	Yes	8.7^	16.7	6.2	12.0	16300
	No	12.4	5.0	11.2	13.6	266700
Income	$25K+	12.4	5.5	11.1	13.8	198500
	< $25K	17.1	14.0	12.9	22.4	39100
Housing Insecurity	Yes	27.3	13.2	20.9	35.0	38500
	No	10.9	7.0	9.5	12.5	112800
Food Insecurity	Yes	30.5^	16.6	21.5	41.2	27400
	No	11.6	6.5	10.2	13.2	126000
Education	> HS	11.5	5.7	10.3	12.9	173000
	HS or Less	13.1	8.4	11.1	15.4	110200
Sexual Orientation	LGBT/Other	26.1	11.1	20.8	32.2	48300
	Straight	11.1	5.3	10.0	12.3	232300
Poor Mental Health	Yes	27.0	8.5	22.8	31.8	79300
	No	9.8	5.7	8.8	11.0	198100
Disability	Yes	16.0	8.7	13.4	18.9	92300
	No	10.9	5.7	9.7	12.1	191400
Heavy Drinker	Yes	35.8	11.0	28.5	43.9	43800
	No	10.8	5.1	9.7	11.9	234600
Binge Drinker	Yes	34.1	6.8	29.7	38.8	105400
	No	8.6	6.0	7.6	9.7	171600

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See appendices on pages 13-15 for detailed methods

Primary Method of Cannabis Consumption

Method	Percentage	CV	95% CI		N
2017					
Smoke	80.0	3.5	74.0	85.0	211100
Eat	5.0†	28.1	*	*	16100
Drink	*	0.0	*	*	*
Vape	10.0†	21.2	*	*	24100
Dab	*	48.3	*	*	*
Other	*	39.3	*	*	*

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Primary Method of Cannabis Consumption

2021					
Method	Percentage	CV	95% CI		N
Smoke	67.8	3.3	63.2	72.0	192100
Eat	17.4	9.6	14.3	20.9	49200
Drink	*	48.7	*	*	*
Vape	9.8	12.7	7.6	12.5	27700
Dab	*	47.1	*	*	*
Other	*	32.1	*	*	*

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Primary Reason for Cannabis Use: Medical

2017

Demographics		Percentage	CV	95% CI		N
Total		21.2	12.0	16.7	26.6	55700
Age	18-34 years	20.0†	20.4	*	*	27900
	35-54 years	18.5^	20.0	12.3	26.9	13400
	55+ years	37.7	14.5	27.8	48.8	14200
Sex	Female	29.1^	16.1	20.8	39.0	27900
	Male	16.7^	17.5	11.7	23.3	27700
Race/Ethnicity	Hispanic	*	38.8	*	*	*
	NH Black	*	48.0	*	*	*
	NH White	20.0	13.4	15.2	25.7	39100
	NH Other	*	37.3	*	*	*
Veteran Status	Yes	*	44.1	*	*	*
	No	*	12.3	*	*	*
Income	$25K+	16.8	14.6	12.5	22.1	31000
	< $25K	35.0†	23.6	*	*	12700
Housing Insecurity	Yes	30.0†	24.3	*	*	13100
	No	19.2	14.9	14.2	25.4	33900
Food Insecurity	Yes	50.0†	21.4	*	*	13400
	No	17.9	13.3	13.7	23.0	42000
Education	> HS	20.5	13.3	15.7	26.4	30700
	HS or Less	20.0†	21.1	*	*	25000
Sexual Orientation	LGBT/Other	*	50.5	*	*	*
	Straight	*	12.2	*	*	*
Poor Mental Health	Yes	35.7^	18.8	23.8	49.6	21000
	No	17.1^	15.4	12.5	22.8	34200
Disability	Yes	40.5^	15.1	29.3	52.8	28500
	No	14.0^	17.9	9.8	19.7	26000
Heavy Drinker	Yes	*	31.3	*	*	*
	No	*	12.6	*	*	*
Binge Drinker	Yes	10.0†	25.9	*	*	10100
	No	34.0	12.7	26.1	42.9	44600

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Primary Reason for Cannabis Use: Medical

Demographics		Percentage	CV	95% CI		N
				2021		
Total		20.2	9.2	16.8	24.1	57000
Age	18-34 years	14.7^	18.1	10.2	20.7	21000
	35-54 years	25.0	13.3	19.0	32.0	20700
	55+ years	26.4	14.8	19.5	34.7	14600
Sex	Female	28.4	11.2	22.6	35.0	31500
	Male	14.9	14.9	11.0	19.8	25500
Race/Ethnicity	Hispanic	30.0†	21.5	*	*	10200
	NH Black	*	32.8	*	*	*
	NH White	18.2	11.3	14.5	22.6	35200
	NH Other	35.0†	29.9	*	*	3500
Veteran Status	Yes	25.0†	28.9	*	*	4100
	No	19.8	9.7	16.3	23.9	52500
Income	$25K+	18.3	11.6	14.5	22.8	36100
	< $25K	30.0†	20.2	*	*	12400
Housing Insecurity	Yes	20.0†	27.3	*	*	8300
	No	19.2	14.6	14.3	25.3	21500
Food Insecurity	Yes	30.0†	29.7	*	*	8100
	No	17.5	13.9	13.3	22.8	22000
Education	> HS	19.4	11.6	15.4	24.2	33400
	HS or Less	21.7	15.0	16.0	28.7	23700
Sexual Orientation	LGBT/Other	20.0†	24.4	*	*	9800
	Straight	20.1	10.0	16.5	24.4	46500
Poor Mental Health	Yes	24.8^	16.2	17.8	33.5	19300
	No	18.2	11.5	14.4	22.6	35900
Disability	Yes	30.5	13.1	23.2	38.8	28000
	No	15.0	13.0	11.6	19.2	28500
Heavy Drinker	Yes	*	30.5	*	*	*
	No	*	9.7	*	*	*
Binge Drinker	Yes	10.0†	21.3	*	*	11600
	No	26.0	10.1	21.2	31.5	44300

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Primary Reason for Cannabis Use: Non-Medical

Demographics		Percentage	CV	95% CI		N
2017						
Total		64.0	5.1	57.5	70.1	167900
Age	18-34 years	64.4	7.4	54.6	73.2	96800
	35-54 years	67.3	8.1	55.9	77.0	48600
	55+ years	54.3	10.7	43.0	65.3	20500
Sex	Female	57.6	9.3	46.9	67.7	55400
	Male	67.6	6.0	59.2	75.0	112200
Race/Ethnicity	Hispanic	*	27.5	*	*	*
	NH Black	71.8	14.9	47.4	87.8	20800
	NH White	64.2	5.7	56.8	71.0	125500
	NH Other	*	20.5	*	*	*
Veteran Status	Yes	*	18.1	*	*	*
	No	*	5.2	*	*	*
Income	$25K+	70.1	4.9	62.9	76.4	129800
	< $25K	40.0†	21.3	*	*	15800
Housing Insecurity	Yes	44.6^	19.2	29.0	61.4	19400
	No	67.8	5.6	59.9	74.8	119800
Food Insecurity	Yes	*	41.0	*	*	*
	No	*	4.6	*	*	*
Education	> HS	63.7	5.8	56.2	70.7	95300
	HS or Less	64.3	8.8	52.6	74.5	72400
Sexual Orientation	LGBT/Other	55.0†	20.2	*	*	15500
	Straight	64.9	5.2	58.0	71.2	151700
Poor Mental Health	Yes	35.0†	20.2	*	*	21200
	No	72.0	4.7	64.9	78.1	144200
Disability	Yes	36.8^	17.2	25.5	49.8	25900
	No	75.1	4.6	67.8	81.2	139500
Heavy Drinker	Yes	81.6	6.8	68.3	90.1	32900
	No	60.7	6.0	53.4	67.6	131200
Binge Drinker	Yes	74.1	6.0	64.6	81.8	94600
	No	54.8	8.5	45.5	63.7	71800

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Primary Reason for Cannabis Use: Non-Medical

Demographics		Percentage	CV	95% CI		N
2021						
Total		37.7	6.4	33.1	42.5	106500
Age	18-34 years	42.0	9.4	34.5	49.9	60000
	35-54 years	31.8	11.0	25.4	39.0	26300
	55+ years	36.1	12.7	27.7	45.5	20000
Sex	Female	35.2	10.4	28.4	42.6	39100
	Male	39.3	8.2	33.2	45.8	67400
Race/Ethnicity	Hispanic	29.2^	19.6	19.3	41.5	10600
	NH Black	30.0†	20.3	*	*	11300
	NH White	41.0	7.4	35.2	47.1	79500
	NH Other	40.0†	22.3	*	*	4200
Veteran Status	Yes	30.0†	27.1	*	*	5000
	No	38.3	6.6	33.5	43.4	101500
Income	$25K+	41.4	7.0	35.9	47.3	81700
	< $25K	20.0†	25.8	*	*	7100
Housing Insecurity	Yes	30.0†	23.6	*	*	12000
	No	42.0	8.6	35.1	49.2	47100
Food Insecurity	Yes	*	37.7	*	*	*
	No	*	7.9	*	*	*
Education	> HS	42.9	7.1	37.1	48.9	73800
	HS or Less	29.9	12.6	23.1	37.8	32700
Sexual Orientation	LGBT/Other	38.0^	16.9	26.4	51.2	18100
	Straight	37.7	6.9	32.7	43.0	87200
Poor Mental Health	Yes	25.2^	16.6	17.9	34.3	19600
	No	42.8	6.8	37.2	48.6	84600
Disability	Yes	20.4^	17.9	14.2	28.5	18700
	No	46.1	6.5	40.3	52.0	87600
Heavy Drinker	Yes	35.7^	18.8	23.8	49.6	15300
	No	37.8	6.9	32.9	43.1	88400
Binge Drinker	Yes	47.0	9.1	38.8	55.5	49300
	No	32.5	8.7	27.2	38.3	55300

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Primary Reason for Cannabis Use: Both Medical and Non-Medical

Demographics		Percentage	CV	95% CI		N
2017						
Total		14.8^	17.3	10.4	20.5	38800
Age	18-34 years	15.0†	22.4	*	*	25500
	35-54 years	*	32.1	*	*	*
	55+ years	10.0†	30.0	*	*	3000
Sex	Female	15.0†	28.2	*	*	12800
	Male	15.0†	21.6	*	*	26000
Race/Ethnicity	Hispanic	*	96.5	*	*	*
	NH Black	*	81.0	*	*	*
	NH White	15.8^	18.9	10.8	22.5	30900
	NH Other	*	65.2	*	*	*
Veteran Status	Yes	*	73.8	*	*	*
	No	*	17.5	*	*	*
Income	$25K+	*	21.0	*	*	*
	< $25K	*	33.2	*	*	*
Housing Insecurity	Yes	25.0†	28.7	*	*	10900
	No	15.0†	23.9	*	*	23100
Food Insecurity	Yes	*	31.5	*	*	*
	No	*	20.0	*	*	*
Education	> HS	*	19.7	*	*	*
	HS or Less	*	31.7	*	*	*
Sexual Orientation	LGBT/Other	*	35.8	*	*	*
	Straight	*	19.6	*	*	*
Poor Mental Health	Yes	30.0†	24.6	*	*	16700
	No	10.0†	22.7	*	*	22000
Disability	Yes	25.0†	24.1	*	*	16000
	No	10.0†	24.3	*	*	20300
Heavy Drinker	Yes	*	53.8	*	*	*
	No	*	18.5	*	*	*
Binge Drinker	Yes	20.0†	23.1	*	*	22900
	No	10.0†	26.3	*	*	14700

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Primary Reason for Cannabis Use: Both Medical and Non-Medical

Demographics		Percentage	CV	95% CI		N
2021						
Total		42.1	6.2	37.1	47.3	118900
Age	18-34 years	43.3	9.6	35.4	51.6	61900
	35-54 years	43.2	9.1	35.8	51.0	35800
	55+ years	37.5	13.7	28.0	48.0	20800
Sex	Female	36.5	10.2	29.5	44.1	40500
	Male	45.8	7.6	39.0	52.6	78400
Race/Ethnicity	Hispanic	42.8^	16.8	29.6	57.1	15600
	NH Black	49.8^	15.2	35.4	64.3	17400
	NH White	40.8	7.8	34.7	47.2	79000
	NH Other	25.0†	26.2	*	*	2500
Veteran Status	Yes	43.9^	19.4	28.4	60.8	7100
	No	41.8	6.5	36.6	47.3	110700
Income	$25K+	40.3	7.5	34.5	46.3	79400
	< $25K	49.9^	15.6	35.1	64.8	19400
Housing Insecurity	Yes	47.6^	16.8	32.6	63.0	18300
	No	38.8	9.4	31.9	46.2	43500
Food Insecurity	Yes	45.0†	23.4	*	*	12500
	No	39.6	8.6	33.2	46.4	49700
Education	> HS	37.7	8.0	32.0	43.7	64800
	HS or Less	48.4	9.4	39.6	57.3	52900
Sexual Orientation	LGBT/Other	41.2^	15.4	29.5	54.0	19600
	Straight	42.1	6.9	36.6	47.9	97400
Poor Mental Health	Yes	49.9	10.4	39.9	60.0	38900
	No	39.0	7.8	33.3	45.1	77100
Disability	Yes	49.1	9.7	39.9	58.4	45000
	No	38.9	7.9	33.1	45.0	73900
Heavy Drinker	Yes	48.2^	16.1	33.6	63.2	20700
	No	41.2	6.7	35.9	46.8	96300
Binge Drinker	Yes	41.9	10.4	33.7	50.5	43900
	No	41.5	7.9	35.2	47.9	70500

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Appendix 1: 2017 Data

Data: Connecticut Behavioral Risk Factor Surveillance System

Group	Question Text or Calculated Variable Description
Cannabis Use	
Past Month	During the past 30 days, on how many days did you use marijuana or hashish?
Primary Method	During the past 30 days, what was the primary mode you used marijuana? Please select one. Did you…
	1. Smoke it, for example, in a joint, bong, pipe, or blunt
	2. Eat it, for example, in brownies, cakes, cookies, or candy
	3. Drink it, for example, in tea, cola, or alcohol
	4. Vaporize it, for example, in an e-cigarette-like vaporizer or another vaporizing device
	5. Dab it, for example, using waxes or concentrates
	6. Use it some other way
Reason	When you used marijuana or hashish during the past 30 days, was it for medical reasons to treat or decrease symptoms of a health condition, or was it for non-medical reasons to get pleasure or satisfaction (such as: excitement, to "fit in" with a group, increased awareness, to forget worries, for fun at a social gathering). Read if necessary:
	1. Only for medical reasons to treat or decrease symptoms of a health condition
	2. Only for non-medical purposes to get pleasure or satisfaction
	3. Both medical and non-medical reasons
Housing Insecurity	How often in the past 12 months would you say you were worried or stressed about having enough money to pay your rent/mortgage? Responses "Always" or "Usually" coded as "Yes".
Food Insecurity	How often in the past 12 months would you say you were worried or stressed about having enough money to buy nutritious meals? Responses "Always" or "Usually" coded as "Yes".
Poor Mental Health	Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? 14 or more days coded as "Yes".
Disability	Are you deaf or do you have serious difficulty hearing?
	Are you blind or do you have serious difficulty seeing, even when wearing glasses?
	Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?
	Do you have serious difficulty walking or climbing stairs?
	Do you have difficulty dressing or bathing?
	Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?
Heavy Drinker	Adult men having more than 14 drinks per week and adult women having more than 7 drinks per week.
Binge Drinker	Adult men having 5 or more drinks and adult women having 4 or more drinks on at least one occasion in the past 30 days.

Appendix 2: 2021 Data

Data: Connecticut Behavioral Risk Factor Surveillance System

Group	Question Text or Calculated Variable Description
Cannabis Use	
Past Month	During the past 30 days, on how many days did you use marijuana or cannabis?
Primary Method	During the past 30 days, which one of the following ways did you use marijuana the most often? Did you usually…
	1. Smoke it (for example, in a joint, bong, pipe, or blunt).
	2. Eat it (for example, in brownies, cakes, cookies, or candy)
	3. Drink it (for example, in tea, cola, or alcohol)
	4. Vaporize it (for example, in an e-cigarette-like vaporizer or another vaporizing device)
	5. Dab it (for example, using a dabbing rig, knife, or dab pen)
	6. Use it some other way
Reason	When you used marijuana or cannabis during the past 30 days, was it usually:
	1. For medical reasons
	2. For non-medical reasons
	3. For both medical and non-medical reasons
Housing Insecurity	How often in the past 12 months would you say you were worried or stressed about having enough money to pay your rent or mortgage? Responses "Always" or "Usually" coded as "Yes".
Food Insecurity	How often in the past 12 months would you say you were worried or stressed about having enough money to buy nutritious meals? Responses "Always" or "Usually" coded as "Yes".
Poor Mental Health	Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? 14 or more days coded as "Yes".
Disability	Are you deaf or do you have serious difficulty hearing?
	Are you blind or do you have serious difficulty seeing, even when wearing glasses?
	Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?
	Do you have serious difficulty walking or climbing stairs?
	Do you have difficulty dressing or bathing?
	Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?
Heavy Drinker	Adult men having more than 14 drinks per week and adult women having more than 7 drinks per week.
Binge Drinker	Adult men having 5 or more drinks and adult women having 4 or more drinks on at least one occasion in the past 30 days.

Appendix 3: Statistical Methods

Software:	R version 4.1.3, survey package version 4.1-1	
Survey Design*:	2017	svydesign(id=~1, strata = ~ststr, weights = ~llcpwt_post)
	2021	svydesign(id=~1, strata = ~ststr, weights = ~wt1adult)
Estimates:	Percentage	svymean(, na.rm=T)
	CV	cv(svyciprop(, na.rm=T))
	95% CI	svyciprop(, na.rm=T)
	N	svytotal(, na.rm=T) rounded to nearest 100

Notes:

* = Per Complex Sampling Weights and Preparing 2020 BRFSS Module Data for Analysis

Confidence intervals may differ slightly depending on software used for analyses