

Managing Asthma in the Child Care Setting

As with any medical occurrence, be sure to document everything in the child's file.

If a child exhibits signs of an asthma attack, such as:

- ◆ Frequent coughs
- ◆ Mild wheeze
- ◆ Tight chest
- ◆ Unexplained irritability if too young to talk



Then do the following:

1. Stop current activity, sit child down and keep child calm.
2. Follow the child's Asthma Action Plan (AAP) and administer medications as prescribed OR call 911 and contact parents.

If there is no improvement in 15-20 minutes after initial treatment with medication or ANY of these signs are present:

- ◆ Breathing hard and fast
 - ◆ Nostrils flared
 - ◆ Ribs show
 - ◆ Can't talk well
 - ◆ Lips or fingernails turn blue
3. Call 911, follow the emergency instructions on the AAP, and contact parents

If you would like more information please contact:

State of Connecticut Department of Public Health
Public Health Initiatives Branch
Community Health and Prevention Section
Asthma Program
410 Capitol Avenue, MS #11-HLS
Hartford, CT 06134-0308
Phone: 860-509-8251 Fax: 860-509-7854
<http://www.ct.gov/dph/asthma>

