# Opioid Reassessment Clinic (ORC): Integrated Pain Care for Veterans with Complex Chronic Pain

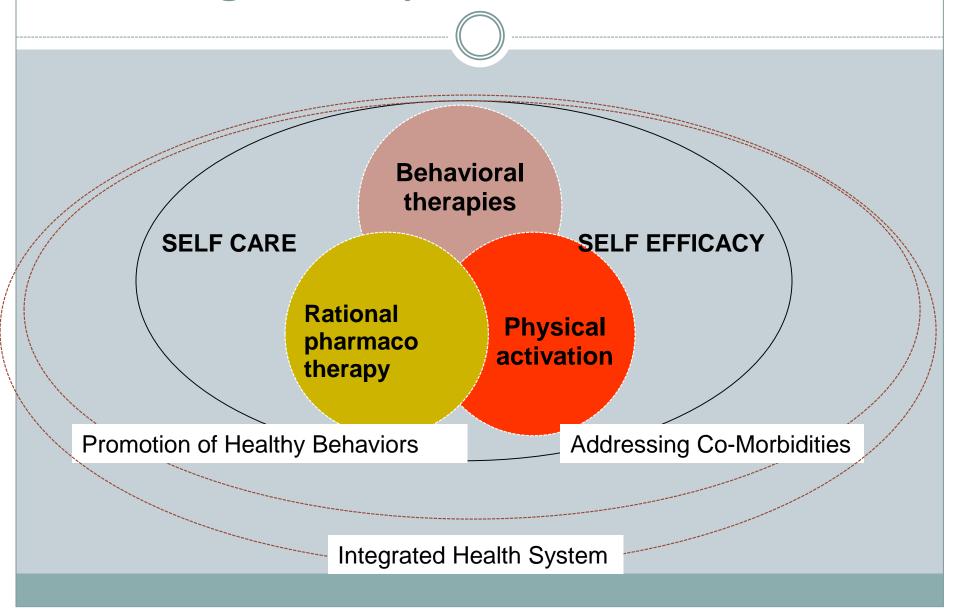
#### VA CONNECTICUT HEALTHCARE SYSTEM

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# High-Quality Chronic Pain Care



## Local Issues Identified Pre-ORC

➤ Veterans with complex chronic pain (opioids + mental health +/- substance use comorbidity) were not receiving high quality, multimodal pain care

➤ Primary Care Providers overwhelmed by timeintensive negotiations with patients regarding safe opioid use

## Opioid Reassessment Clinic (ORC)

- ➤ Embedded in Primary Care → Patients in whom opioid misuse or harm is derailing high-quality pain care:
  - > Structured pain and addiction-related assessment
  - Structured, monitored opioid prescribing for typically 3-12 months
  - Motivational enhancement, contingency management targeting multimodal pain treatment engagement
  - Facilitated transition to addiction treatment including within ORC itself (e.g. suboxone and CBT)

### **ORC Flow**

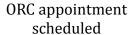
PCP discusses referral with patient



PCP makes electronic referral



Referral reviewed by ORC providers; discuss with PCP



Follow up visits (3-18 months):

- •APRN or MD visit
- •Clinical health psychologist assessment and treatment
- •Structured opioid prescribing
- •Care coordination of multi-modal mental health, pain and addiction treatment



Initial visit:

- Psychiatrist assessment
- •Internist assessment
- •Team discussion
- •Treatment planning with patient and team

Structured chart review by APRN

Abbreviations:

PCP = primary care provider ORC = opioid reassessment clinic APRN = advanced practice nurse MD = physician

#### Successes to Date

- ➤ Improved communication between Primary Care and specialists facilitated by shared space and integrated approach
- ➤ Increased utilization of VACT's wide array of multimodal pain treatment options
- Timely addiction treatment/referrals
- PCPs perceive improved support, increased satisfaction with process
- Veteran satisfaction better than anticipated