



Emergency Medical Services Resiliency Resource Listing

Updated June 2022

Trauma Response & Peer Support Programs	Town	Phone Number	Website
Litchfield County			
Responder Wellness, Inc.	Danbury	203-493-0344	https://www.responderwellness.org/
Frontline – CT	Waterbury	-	https://www.frontlinect.org/
Turning Point Wellness, LLC / Kelly Lynch, LCSW	Wolcott	860-856-1696	http://www.turningpointwellnessllc.com
Hartford County			
Honor Wellness Foundation	Manchester	860-919-9762	https://www.honorwellness.org
Critical Incident Stress Management Team	Statewide	800-734-2473	http://www.ctcism.org/
Middlesex County			
Tabatha Maiorano, LADC, LCSW, PhD	Old Lyme	860-499-0663	www.TDForensics.com
Kim Novak, LCSW	East Hampton	860-365-5249	http://www.corecenterct.com
Windham County			
Hillary Stern, LCSW	Mansfield	860-208-8519	https://www.hillarystern.vpweb.com
Fairfield County			
Fairfield County Trauma Response Team Inc	Fairfield	860-919-9762	https://fctr.org
Karen Alter-Reid, Ph.D.	Stamford	203-329-2701	http://www.alter-reid.com
Dawn M. Roy, LCSW, ACS	Fairfield	203-331-7458	https://dmrcounseling.net/
Wellness Support Programs	Town	Phone Number	Website
New Haven County			
Leesa Sklover/LoveLife Counseling LLC	Guiford	917-860-0488	http://lovelifeproductions.net
Spiritual Support	Town	Phone Number	Website
Stephen Johnson	Shelton	203-997-6617	https://www.stephenjamesjohnson.com/top
Substance abuse services	Town	Phone Number	Website
Litchfield County			
Drug and Alcohol Addiction Treatment Center	Torrington	475-473-5556	www.addictiontreatmentct.club
McCall Center for Behavioral Health	Torrington	860-496-2100	www.mccallcenterct.org
Fairfield County			
Behavioral Health Action Organization for SW CT	Fairfield	203-579-2727	https://www.thehubct.org
Hartford County			
Institute of Living	Hartford	860-545-7000	https://instituteofliving.org
Substance Abuse of West Hartford	West Hartford	800-558-0175	www.drugabuse.gov
West Hartford Inpatient Drug Detox Centers	West Hartford	866-553-1478	www.youchoice-rehab.com
Wheeler Clinic (<i>statewide locations</i>)	New Britain	888-793-3500	https://wheelerclinic.org/
Windham County			
Natchaug Hospital	Mansfield	800-426-7792	https://natchaug.org
Middlesex County			
Rushford (<i>statewide locations</i>)	Meriden, Middletown	877-577-3233	https://rushford.org
New London County			
Connecticut Addiction Medicine (<i>statewide locations</i>)	Norwich	860-222-9559	https://www.ctaddictionservices.com
New Haven County			
Turnbridge	New Haven	203-937-2309	https://www.turnbridge.com
Key Numbers		Phone Number	
Connecticut Mental Health Resource / Info Hotline		211	https://www.211ct.org
National Suicide Hotline		800-273-8255	https://suicidepreventionlifeline.org

This listing is intended to serve as a resource document, and does not serve as a formal recommendation or suggest a vetting process for resources.

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