



## Meeting Minutes

### Health & Wellness Sub-Committee Monthly Meeting

May 10, 2024

Attendees: Colin Bassett, Joel Demers, Charles Dunn, Charles Epstein, Kevin Ferrarotti, Leigh Goodman, Peter Zera,

Guest: Curt Kuliga

The meeting was called to order at 10:08

The April meeting minutes were sent out prior to the meeting without changes or omissions.

#### Old Business:

- Ongoing efforts with peer support / trauma response program
- No active updates or opportunities presented.

#### New Business:

- Presentation by Curt Kuliga of the Progressive Institute, a local mental health / addiction service center in Shelton interested in expanding into first responder support.
  - *Curt will send follow-up information regarding his program and opportunities.*

The next meeting will be held Friday, June 14<sup>th</sup> **at 1pm (note time change).**

The meeting was adjourned at 10:40am.

Respectfully submitted,

Kevin Ferrarotti