



Meeting Minutes

Health & Wellness Sub-Committee Monthly Meeting

April 12, 2024

Attendees: Colin Bassett, Nancy Brescia, Joel Demers, Charles Epstein, Kevin Ferrarotti, Leigh Goodman, Dr. Rich Kamin, Judi Reynolds

The meeting was called to order at 10:05

The March meeting minutes were sent out prior to the meeting without changes or omissions.

Old Business:

- Ongoing efforts with peer support / trauma response program
 - Discussion was held on a “2.0” for a more involved peer support / resiliency program similar to what was held.
 - *Kevin to reach out to key SMEs regionally for thoughts and opportunities.*
- Review of CEMSAB March meeting
 - OSHA presentation
 - Discussion was held regarding as a “wait and see” with no significant items.

New Business:

- Open Items
 - Leigh presented on the Progressive Institute, a local mental health / addiction service center in Shelton interested in expanding into first responder support.
 - *Leigh will connect to see if representatives can come to May’s meeting.*
- Upcoming Events
 - April 25-26, 2024 – HHC EMS Symposium (Hartford)
 - April 26, 2024 – QU EMS EMS CME (North Haven)
 - April 26, 2024 – GY6 First Responder Wellness Conference (Bristol)

The meeting was adjourned at 10:35am.

Respectfully submitted,

Kevin Ferrarotti