



Sub-Committee for Health and Wellness

December 8, 2023

The meeting was called to order at 1004 hours.

Attendees: Joel Demers, Kevin Ferrarotti, Leigh Goodman, Laurel Reagan, Jen Reynolds, Judi Reynolds, Peter Zera

Old Business

- The group discussed the study on the impact of alcohol consumption in EMS that John Oates raised last month.
 - *Kevin will follow-up with John to get the information out statewide.*

New Business

- The group shared peer support program updates from various services. The consensus was the importance of ongoing training and education, with opportunity to enhance the programs with regular touchpoints.
 - *This information will help in the development of the FAQ sheet that Kevin is working on.*
- Discussion was held on EMS culture, starting with education and training opportunities.
- Kevin asked the group members of ideas or best practices shared to please forward in development of 2024 initiatives.

There was no other new business raised.

The meeting was adjourned at 1036 hours.

The next meeting will be held starting at 1000 hours on **January 12th** via zoom.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Kevin Ferrarotti", written in a cursive style.

Kevin Ferrarotti, Chair