



Health & Wellness Sub-Committee Monthly Meeting Minutes

Meeting called to order at 10:01am.

Attendance:

Demers, Joel; Dunn, Charles; Epstein, Charles; Ferrarotti, Kevin; Goodman, Leigh; Kamin, Richard; Oates, John; Reynolds, Judith

Presentation

- John Oates presented on an IRB approved study regarding the use of alcohol among single-role EMS providers. He will forward information to the group following this meeting.

Old Business

- Kevin working on peer support FAQ document.
- CISM reports high activity.

New Business

- Discussion of planning an in-person meeting to include brainstorming of health and wellness topics

Next meeting scheduled for Friday, December 8, 2023 at 10:00am

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Kevin Ferrarotti".

Kevin Ferrarotti, Chair

Please note the meeting minutes were supported by Mr. Demers.