



Sub-Committee for Health & Wellness

Meeting Minutes

August 11, 2023

The meeting was called to order at 1005 hours.

Attendees: Colin Bassett, Alex Bayer, Nancy Brescia, Joel Demers, Kevin Ferrarotti, Leigh Goodman, Dr. Richard Kamin, Laurel Reagan, Judi Reynolds, TJ Wain

New Business

- Dr. Kamin spoke about the updated statute on the EMS protocol to be created around applicable patients able to be transported to pediatric crisis centers. Discussion ensued as there are only four sites across the state initially that will be supported. Protocols need to be created with each facility, hours, availability, and patient condition.
- The team continued discussion on creating a best practice manual for peer support. This can include examples, basic outlines, and reference to current departments with active peer support.
 - *As a follow-up, Kevin, et al will start to create an outline as to the model and best next steps to vet, finalize and distribute.*
- Several examples of successful peer support / health and wellness resources were discussed. This included the engagement of health systems for not only reference material, but support as well to help in training, education, and available mental health / crisis support.
 - Discussion included the understanding of clinical differentiators / availability of available resources post peer support.
 - Amongst the resources shared:
 - <https://www.iaffrecoverycenter.com/>
 - *An in-patient group style mental health recovery program for fire fighters*
 - <https://www.cypresscreekhospital.com/behavioral-health-programs/honor-strong-program/>
 - Sites from: IAFF Redmond Symposium: <https://www.iaff.org/redmond-barbera-23/>
 - Sites from: Science Alliance Tucson Conference: <https://science-alliance.org/science-to-the-station-tucson>

There was no other discussion or follow-up.

The meeting was adjourned at 10:50am. The next meeting will be held at 1000 hours via zoom on September 8, 2023.

Respectfully submitted,

Kevin Ferrarotti, Chair