



EMS Health & Wellness Meeting Minutes

June 9, 2023

The meeting was called to order at 10:00am

In attendance: Colin Bassett, Phyllis DiGioia, Charlie Epstein, Kevin Ferrarotti, Leigh Goodman, Judi Reynolds, Robert Velletri

The minutes of the previous meeting were sent out prior to the June meeting without any changes or omissions.

There was no old business raised.

New Business:

- Colin raised discussion on regional training for peer support / mental health training in the Fairfield County region.
- General discussion was held on peer support / CIT training through CABLE. Phyllis noted this is a statewide program that is recognized across all first responder disciplines, and can be a source for more universal training.
 - **Follow-up:** Judi stated she would follow-up with Joel (Demers) to see if there is available grant funding that we may be able to secure for more global training.
- General discussion on the long-term formation of regional referrals into peer support. Overall good consensus on this, however, there has to be better training for more widespread options. Will continue follow-up in July.

The meeting was adjourned at 10:40am.

The next meeting will be held July 14th at 9:15am via Zoom

Respectfully submitted,

Kevin Ferrarotti, Chair