



Health and Wellness Sub-Committee

Meeting Minutes

May 19, 2023

Meeting called to order at 11:03am

Attendees: Kevin Ferrarotti (chair), Chip Darius, Joel Demers, Leigh Goodman, Kelly Lynch, Judi Reynolds

Guest: Nikita Joslyn, The Connection

The meeting minutes were sent out prior to the meeting with no changes or omissions.

Old Business:

- Discussion on the positive feedback and outcomes of the legislative breakfasts and how best to highlight the need to engage mental health awareness of EMS personnel.

The southwest EMS council will be hosting a breakfast on May 27th at Trumbull EMS. There will be more planned for the fall.

New Business:

- Nikita Joslyn, from the Connection came to present. They are a not-for-profit looking to enhance their capabilities for supporting first responders, including immediately following a critical incident.
- Information sharing:
 - May 20th CT First Responder Health, Wellness, Safety Symposium – Meriden
 - June Medical Preparedness & Response Training – statewide sites

The next meeting will be held via zoom on June 9th.

The meeting was adjourned at 1140hrs

Respectfully submitted,

Kevin Ferrarotti, Chair