



Health & Wellness Sub-Committee

Meeting Minutes

January 13, 2023

In attendance: Nancy Brescia, Joel Demers, Charles Epstein, Kevin Ferrarotti, Laurel Regan, Judi Reynolds

The meeting was called to order at 10:05am.

The minutes of the previous meeting were sent out via email with no changes or omissions.

Old Business

- There was ongoing discussion as to the importance of peer support.
- Kevin announced that Hunter's Ambulance has started a peer support program after receiving training through Hartford HealthCare. The program is mirrored after the larger program the system has for hospital and support clinical staff. As the program takes off, there will be more to report.
- Kevin noted that Kelly Lynch couldn't attend, however, passed along that she is now on the NREMT advisory committee for health & wellness, and noted their mental health training program can be a great initial platform for departments and agencies looking to start their own program.
- There was follow-up discussion around more robust training for EMS in health and wellness. It was suggested that we don't make anything mandatory through legislative means, the committee will continue to identify 1-2 platforms that can be brought forward for endorsement statewide.

New Business

- Laurel noted that Hartford HealthCare has started a "Violence Interaction and Prevention Program" which targets populations of greatest need in the communities. This may be a good opportunity for an upcoming CME – Kevin will follow up with the leads for the program.
- There was brief discussion on the committee goals for 2023 with no significant talking points. Kevin noted that we will bring back up in February with the larger group in attendance.

The meeting was adjourned at 10:45am.

Respectfully submitted,

Kevin Ferrarotti, Chair

Upcoming meetings for 2023

- February 10th via zoom
- March 10th via zoom