

### **Meeting Notice**

## Health & Wellness Sub-Committee Monthly Meeting

# March 17, 2023

## 11:00am – 11:50am

# Via Zoom

Join Zoom Meeting https://hartfordhealthcare.zoom.us/j/96615576701 Meeting ID: 966 1557 6701 One tap mobile +16468769923,,96615576701# US

Call to Order

Approval of Previous Meeting Minutes

Old Business:

- Ongoing efforts with peer support / trauma response program
- Resiliency training program and best practice / next step development

New Business:

- Expansion of resource guide to include service contacts with peer support program
- Presentation / Introduction Phyllis DiGioia, Honor Wellness Foundation

Information sharing:

- March 23<sup>rd</sup> 24<sup>th</sup> Hartford HealthCare EMS Symposium Hartford, CT
- May 20<sup>th</sup>
  Connecticut First Responder Health, Wellness, Safety Symposium –
  Meriden, CT

### Adjournment

#### Upcoming meeting

- April 21<sup>st</sup> 10am via Zoom
- May 19<sup>th</sup> 10am via Zoom