



Health & Wellness Sub-Committee Monthly Meeting Minutes

October 13, 2023

Attendees: Kate Coupe, Charles Epstein, Kevin Ferrarotti, Leigh Goodman, Dr. Richard Kamin, Bobby Velletri

The meeting was called to order at 10:02

The minutes of the September meeting were approved and sent out prior to the meeting.

Old Business:

- Kevin is still working on a peer support “how-to” sheet that will help agencies looking to startup a program.

New Business:

- Discussion on how best to support EMS personnel with the global turmoil that is active. The general consensus was the team felt messaging could help reassure EMS personnel locally who may encounter cultural differences, as well as responding to potential incidents that arise (specific to the conflict in Israel).
 - **Action:** *Kevin to work on developing a message to highlight the support of our EMS network, and attaching the 1-page peer support guide.*

The meeting was adjourned at 10:40am.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Kevin Ferrarotti".

Kevin Ferrarotti, Chair