

### **Meeting Notice**

# Health & Wellness Sub-Committee Monthly Meeting

# February 10, 2023

## 10:00am – 10:50am

# Via Zoom

Join Zoom Meeting https://hartfordhealthcare.zoom.us/j/96615576701 Meeting ID: 966 1557 6701 One tap mobile +16468769923,,96615576701# US

Call to Order

Approval of Previous Meeting Minutes

Old Business:

- Ongoing efforts with peer support / trauma response program
- Resiliency training program and best practice / next step development

New Business:

- Build out of 2023 goals
- Expansion of resource guide to include service contacts with peer support program

Information sharing:

- February 28<sup>th</sup> Paramedic Program and EMS Career Fair Meriden, CT
- March 8<sup>th</sup>
  South Central STB / CPR Program Info Session
- March 23 24 Hartford HealthCare EMS Symposium Hartford, CT
- May 20<sup>th</sup>
  Connecticut First Responder Health, Wellness, Safety Symposium –
  Meriden, CT

#### Adjournment

#### Upcoming meeting

• March 10<sup>th</sup> via Zoom