



## Health & Wellness Sub-Committee Monthly Meeting Minutes

**October 14, 2022**

**Location: Zoom Meeting**

Members present: Chip Darius, Joel Demers, Kevin Ferrarotti, Leigh Goodman, Mackenzie Kelsey, Dr. Rich Kamin, Kelly Lynch, Laurel Regan, TJ Wain

The meeting was called to order at 10:00am

The minutes of the previous meeting was sent without issue prior to the meeting.

Old Business:

The team discussed their ongoing efforts with peer support / trauma response program

- TJ discussed his ongoing work in gathering peer support program information, including meeting with Westport FD and West Haven FD administration.
- Ongoing discussion and general feedback on education and development of gathering peer support program information.

New Business:

- As the group still continues to gather information on peer support programs, there was also interest / information raised on development of resource guidebook for managers / chiefs on managing personnel with acute and chronic mental health concerns or illness. There was general conversation regarding and how to best incorporate into the handbook being developed for new EMS leadership. More information to come for the November meeting.
- Leigh introduced the Wildflower Alliance, a nonprofit resource in Western Massachusetts that can be an additional resource for community needs offering training and prevention for suicide.

Information sharing:

- CEMSAB Regional Collaboration Committee leading *Current state of EMS Roundtable* - Saturday AM at EMS Pro

The meeting was adjourned at 10:50am.

The next meeting will be held November 11<sup>th</sup> via Zoom

Respectfully submitted,

Kevin Ferrarotti, Chair