



## **CT EMS Advisory Board Health and Wellness Sub-committee**

**March 11, 2022**

### **Meeting Minutes**

*Committee Members in attendance*

*Colin Bassett, Charles Dunn, Charles Epstein, Bill Fitzmaurice, Kevin Ferrarotti, Laurel Regan, Peter Zera*

Meeting called to order at 10:02 by Chair Kevin Ferrarotti

- The previous meeting notes and minutes were discussed
- Discussion held on two great upcoming events
  - 1) May 14<sup>th</sup> – CT First Responder Health, Wellness and Safety Symposium being held at MidState Medical Center in Meriden. The group discussed current presenters, and brainstormed on finalizing other presenters / topics that would be relevant to the group.
  - 2) June 26<sup>th</sup> – 30<sup>th</sup>: CT OEMS Training Program – continuing to work with Joel Demers on the program.
- Open discussion on related bills and info sharing pertaining to health and wellness. No action other than continued monitoring.

The meeting was adjourned at 10:40.

The next meeting will be held Friday, April 8<sup>th</sup> via Zoom.

Respectfully submitted,

Kevin Ferrarotti  
Chair