



## Health & Wellness Sub-Committee Monthly Meeting Minutes

August 12, 2022

The meeting was held via ZOOM.

Called to order at 10:02am

Attendance:

Alex Bayer, Nancy Brescia, Joel Demers, Charles Dunn, Charles Epstein, Kevin Ferrarotti, Leigh Goodman, Kelly Lynch, Laurel Reagan, Judi Reynolds, Jen Reynolds, Heather Richards, MacKenzie, Terrence Wain, Bobby Veletri

The meeting minutes from the previous meeting were sent out in advance.

Old Business:

Kevin provided a current state of the committee and current initiatives.

New Business:

- There was in depth discussion on the resiliency training program held at Quinnipiac University and best practice / next step development
- Leigh raised a question about securing grant funding on state-wide level for further education and training. The group spoke to the ability of the committee to possibly seek alternative options in lieu of securing money (including working with WC carriers, etc. to sponsor / host a training program).
- There was detailed conversation on the importance of administrative buy-in for resiliency training and outreach. Kelly spoke to her experiences as a clinician and as an EMS provider including the importance of having administrative buy-in.
- There was group conversation in finding and compiling best practice guidance on peer support and similar program models that the team could compile for the potential opportunity to utilize per agency / per region / or across the state as a recommended resource.
- The group led discussion as well to extend next month's meeting an additional 30 minutes to allow for greater discussion.

Information Sharing:

- Upcoming EMS Symposium – September 23 – 24 at Hartford Hospital's education, simulation and innovation center.

The meeting was adjourned at 11:00.

Respectfully submitted,

Kevin Ferrarotti, Chair