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## CT EMS Advisory Board Health and Wellness Sub-committee

December 10, 2021

### Meeting Minutes

#### Attendees:

- Kevin Ferrarotti
- Colin Bassett
- Mark Blake
- Charles Dunn

Meeting called at 10:00am.

- Discussion on previous meeting (October) with no additions / comments
- Discussion ensued on resource book. The group felt the resource book was progressing well, however, just needed basic editing / revisions made.
  - o The goal is to have this book finalized and ready for the group's final "weigh in" by the end of the month.
- Discussion on upcoming events in 2022 for health and wellness.
  - o Kevin to reach out to Joel on OEMS grant program.
  - o Reminder of 1<sup>st</sup> Annual Symposium for health and wellness will be Saturday, May 14<sup>th</sup>

Meeting was adjourned with no other comments / discussion at 10:15am.

Respectfully submitted,

Kevin Ferrarotti  
Chair