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## CT EMS Advisory Board Health and Wellness Sub-committee April 9, 2021 Meeting Minutes

### Attendees:

Colin Bassett, Kate Coupe, Kate Coupe, Chip Darius, Charles Epstein, Kevin Ferrarotti, Julia Girard, Leigh Goodman, Richard Kamin, MD, Steve Johnson

Meeting called to order at 10:05am.

- K. Ferrarotti introduced new committee member, Julia Girard, HR Generalist at American Ambulance.
- Discussion on marketing committee “think tank” ideas. There was discussion on the ability of the group to “brand” initiatives and outreach, versus advocate and promote the development of programming. Dr. Kamin to speak with R. Coler to discuss guidance and best next steps.
- Group reminded by Dr. Kamin of upcoming state – created and sponsored programming on mental health and wellness, this will be widely marketed and can be a great opportunity to continue to strengthen committee agenda.
- Consensus of challenges of access to information – a resource book that is either available on DPH OEMS website, or widely distributed would be beneficial – a draft document will be created. K. Ferrarotti asked of any resources available to be emailed to him.
- Chip Darius spoke about “CPH – NEW” and “NIOSH Total Worker Health Initiative” (links below) – these are developed employee wellness and safety resources and mechanisms that can be used to help build out into the pre-hospital environment. More follow-up to come.
  - o [www.cdc.gov/niosh/twh/default.html](http://www.cdc.gov/niosh/twh/default.html)
  - o [www.uml.edu/research/CPH-NEW/About/default.aspx](http://www.uml.edu/research/CPH-NEW/About/default.aspx)
- The meeting transitioned to a presentation from Stephen Johnson on EMS Chaplaincy – roles and opportunities.
- Meeting adjourned at 11:00am. The next meeting will be held Friday, May 14<sup>th</sup> via Zoom.

Respectfully submitted,

Kevin Ferrarotti, Chair