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## CT EMS Advisory Board Health and Wellness Sub-committee

October 8, 2021

### Meeting Minutes

#### Attendance:

*Kevin Ferrarotti, Colin Bassett, Charles Dunn, Leigh Goodman, Laurel Regan, Peter Zera, Joel Demers, Rich Kamin, MD*

#### Minutes:

- Kevin Ferrarotti lead discussion and review of last month's meeting and minutes.
- Charles Dunn (Quinnipiac U EMS) and Peter Zera (Hunter's / IAEP) introduced themselves to the group
- Joel Demers discussed the OEMS mental health and wellness training program – the program contract will most likely begin 1/1/22 and rolled out thereafter with a host site of Central CT State University.
- Kevin led a discussion on the EMS Resource guidebook. The group was asked to bring back any final recommendations in the next two weeks – discussion ensued on content layout and best next steps.
- Leigh spoke about her upcoming CME (attached) – group discussion on 2022 programming.

Meeting adjourned at 10:45am.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Kevin Ferrarotti".

Kevin Ferrarotti