

Recommended Gear Checklist: BOW -CT

CAMPSITE

- ☐ Tent (with stakes, guylines, and ground tarp/footprint)
- ☐ Sleeping bag (rated for fall weather)
- ☐ Sleeping pad or air mattress
- ☐ Pillow or camp pillow
- ☐ Camping chair
- ☐ Lantern and/or headlamp (with extra batteries)

CAMPSITE EXTRAS

- ☐ Extra blanket
- ☐ Camp table or small folding surface
- ☐ Earplugs & sleep mask
- ☐ Notebook/sketchbook and pen/pencil
- ☐ Camera
- ☐ Phone and charger*
- ☐ Solar or portable power
- ☐ Binoculars
- ☐ Field guides (birds, plants, bugs, etc.)
- ☐ Book/reading material
- ☐ Dry bags, totes, or bins for storage

FOOD & EATING

- ☐ Reusable plate, bowl, mug, and utensils
- ☐ Water bottle(s)
- ☐ Small cooler or food storage for personal snacks
- ☐ Reusable coffee cup or thermos
- ☐ Other items or extra food**

CLOTHING

- ☐ Clothing you don't mind getting dirty (quick-drying recommended)
- ☐ Base layers (wool or synthetic; avoid cotton)
- ☐ Warm layers (fleece or insulated jacket)
- ☐ Rain gear
- ☐ Extra socks (wool or synthetic)
- ☐ Sturdy hiking boots or shoes
- ☐ Camp shoes (sneakers, crocs, etc.)
- ☐ Hat and sunglasses
- ☐ Warm hat and gloves (for chilly weather)
- ☐ Sleepwear

HEALTH & HYGIENE

- ☐ Toilet paper
- ☐ Hand sanitizer
- ☐ Toiletries (toothbrush, toothpaste, biodegradable soap, deodorant, etc.)
- ☐ Towel and washcloth
- ☐ Prescription medications
- ☐ Personal first aid kit (band-aids, blister care, etc.)
- ☐ Sunscreen
- ☐ Bug repellent
- ☐ Lip balm

PERSONAL ITEMS

- ☐ Credit card and/or cash
- ☐ ID

* Electric hookups will be available at some of the campsites

** Group meals from Friday dinner through Sunday breakfast will be provided, but you're welcome to bring your own food and/or diet supplements.