Connecticut Coastal Access Guide

Sherwood Island State Park

Exit 18 off I-95 Westport, CT 06880

Legend
- 🟧 Selected Coastal Access Site
- 🟩 Other Coastal Access Site

Site Description: Have a leisurely lunch in the shade of the picnic grove, swim in Long Island sound, or view marsh life from the observation platform at Sherwood Island State Park. To access the Park's car-top boact launch, follow signs to the east side of East beach to the southeast corner of the parking area beyond the nature center.
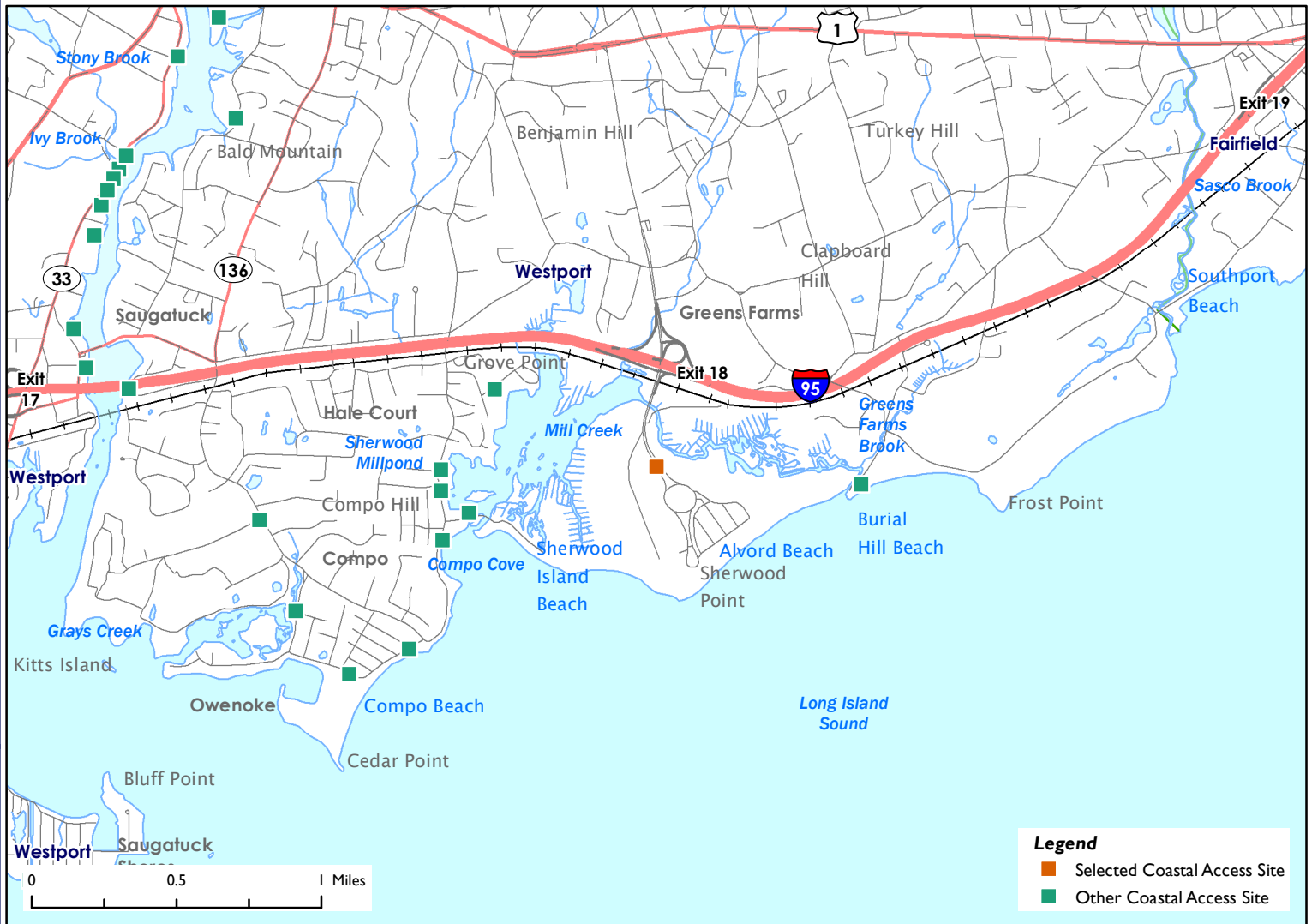

Activities

Activity		Activity	
Bird & Wildlife	YES	Supervised Swimming	YES
Crabbing	NO	Unsupervised Swimming	YES
Fishing	YES	SCUBA Diving	NO
Shellfishing	NO	Historic/Cultural Interest	YES
Trails	YES	Waterfowl Hunting	NO
Walkways	YES		

Facilities

Facility		Facility	
Access Pier	NO	Handicapped Access	YES
Boat Launch Ramp	NO	Nature Center/Museum	NO
Car-top Boat Access	YES	Picnic Area	YES
Camping	NO	RV Camping	NO
Food Concession	YES	Sanitary Facilities (Seasonal)	YES

Environmental Setting

Setting		Setting	
Bluff, Escarpment	NO	On Long Island Sound	YES
Harbor Setting	NO	Rocky Shore	NO
Intertidal Flat	YES	Sandy Beach	YES
Island	NO	Tidal River	YES
Tidal Wetland	YES	Lighthouse	NO

Parking: Parking Lot   **Fee:** YES

CONNECTICUT DEPARTMENT OF
ENERGY & ENVIRONMENTAL PROTECTION
79 ELM STREET
HARTFORD, CT 06106-5127

EXPLORE CONNECTICUT'S SHORE

Westport

Stony Brook

Ivy Brook

Bald Mountain

Benjamin Hill

Turkey Hill

Exit 19

Fairfield

Sasco Brook

33

136

Clapboard Hill

Westport

Southport Beach

Saugatuck

Greens Farms

Exit 17

Grove Point

Exit 18

95

Greens Farms Brook

Westport

Hale Court

Mill Creek

Frost Point

Sherwood Millpond

Compo Hill

Burial Hill Beach

Compo

Compo Cove

Sherwood Island Beach

Alvord Beach

Sherwood Point

Grays Creek

Kitts Island

Owenoke

Compo Beach

Cedar Point

Long Island Sound

Bluff Point

Westport

Saugatuck Shores

0   0.5   1 Miles

Legend

■ Selected Coastal Access Site

■ Other Coastal Access Site

Latitude: 41.116949   **Longitude:** -73.332096

Directions:
From the East: Take I-95 South to exit 18. From US Route 1, take the Sherwood Island Connector past Route 95 directly into the park.

From the West: Take I-95 North to exit 18. From US Route 1, take the Sherwood Island Connector past Route 95 directly into the park.

Additional Site Information:
CT Department of Energy and
Environmental Protection
79 Elm Street
Hartford, CT
http://www.ct.gov/deep

General Questions or Comments:
Land and Water Resources Division
Phone: (860) 424-3019
Email: coastal.access@ct.gov
www.ct.gov/deep

EXPLORE CONNECTICUT'S SHORE

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