



**Timing of Required Catch and Release (C and R) Trout Fishing
by Fish Management Category and Waterbody
Unless Year-Round, Catch and Release ends at 6:00 AM on the second Saturday of April**

Questions? Call 860-424-3474 or email deep.inland.fisheries@ct.gov

Lakes/Ponds - No Special Management

All waters not listed below

Rivers/Streams - No Special Management

All waters not listed below

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
		C and R									

Year-Round C and R Trout Management Areas

- Farmington River (West Br. TMA)
- Hockanum River
- Housatonic River, Bull's Bridge
- Housatonic River, Upper
- Mill River (Fairfield)
- Moosup River
- Naugatuck River
- Pequabuck River
- Tenmile River (Sherman)
- Willimantic River

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Catch and Release Year-Round											

Seasonal C and R Trout Management Areas

- Farmington River (Goodwin Dam to W. BR. TMA)
- Farmington River (W. Br. TMA to Collinsville)
- Farmington River (Collinsville to RT 177)
- Hammonasset River
- Mianus River
- Mill River (Sleeping Giant State Park)
- Salmon River
- Saugatuck River (Fly)
- Yantic River

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Catch and Release										Catch and Release	

Wild Trout Management Areas Class 1

- Beaver Brook (Scotland)
- Deep Brook
- Eightmile River (Southington)
- Freeman Hill Brook (Burlington)
- Hawleys Brook
- Macedonia Brook
- Merrick Brook
- Mill River (Easton)
- Quinnipiac River
- Tankerhoosen River
- Wachocastinook Brook

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Catch and Release Year-Round											

Sea Run Trout Stream Sections

- Eightmile River (East Haddam/Lyme)
- Farm River
- Hammonasset River
- Latimers Brook
- Mianus River
- Oil Mill Brook
- Saugatuck River
- Whitfords Brook

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Tidal Waters and Tributaries

- Coginchaug River (DS of Route 3)
- Connecticut River and its Coves
- Farmington River (DS Rainbow Dam)
- Housatonic River (DS of Derby Dam)
- Mattabeset River (DS of Route 3)
- Mystic River (DS of Whitfords and Haleys Brooks)
- Naugatuck River (DS of Kinneytown Dam)
- Niantic River
- Quinnipiac River (DS of Route 5 in North Haven)
- Salmon River (DS of Route 151)
- Shetucket River (DS of Greenville Dam)
- Thames River and Coves
- Yantic River (DS of falls at Indian Leap)
- DS = Downstream

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Trout Management Lakes

- Amos Lake
- Black Pond
- Candlewood Lake
- Crystal Lake
- East Twin Lake
- Highland Lake
- Long Pond
- Mohawk Pond
- Quonnipaug Lake
- Rogers Lake
- Squantz Pond
- West Hill Pond
- Wononskopomuc Lake

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