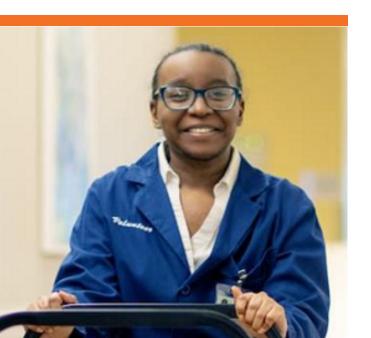
### DAY SUPPORT OPTIONS

Day Support Options (DSO) can help you gain skills that will prepare you for work or community participation, or support meaningful socialization, leisure, and retirement activities.

DDS recently added two new DSO employment-focused pathways:

- Employment Enrichment Service (EES)
- Employment ExplorationOption (EEO)

Talk to your case manager to learn more!



### SERVICE DELIVERY

The **DDS Qualified Provider** agency is responsible for hiring, training, and managing the staff who provide your funded services. Click **HERE** to search for DDS Qualified Providers that offer Day Support Options, including EEO and EES.

Portability means that you have control over your supports and the money used to pay for the services you receive. Portability may be used when you are not satisfied with the services you receive from your current provider, or when you need to change who provides your services for some reason.



## CONNECTICUT Developmental Services

**Contact Us** 

CT.GOV/DDS



# **CONNECTICUT**Developmental Services

## **Day Support Options**



Day Support Options (DSO) can help you gain skills that will prepare you for work or community participation, or support meaningful socialization, leisure, and retirement activities.

## EMPLOYMENT ENRICHMENT SERVICE (EES)

Are you an employed individual who would like to continue skill building to maintain or expand employment? In EES, you can work on career upkeep and enhancement with the support of your peers. Examples of goals may include:

- pursue a certification
- improve soft skills
- achieve upward mobility
- identify additional career opportunities
- transition from sub-minimum wage to Competitive Integrated Employment (CIE)



CLICK <u>HERE</u> TO VIEW A LIST OF PROVIDERS THAT OFFER EES OR EEO.

## EMPLOYMENT EXPLORATION OPTION (EEO)

Would you like to explore the possibility of work? In EEO, you will be introduced to employment and community inclusion with the support of your peers. EEO is a foundational inquiry into employment that can include:

- Discovery activities (tasks that involve an individual learning about themselves)
- Exploration activities (tasks that involve an individual learning about different careers)

EEO can be a steppingstone to preemployment and employment services.

#### LIFE COURSE PLANNING

LifeCourse planning is built on the core belief that people and their families have the right to live, love, work, play, and pursue their life aspirations. In both EES and EEO, Charting the LifeCourse may be used to assist you in identifying employment goals and areas of interest.

For more information, visit:

**Charting the LifeCourse** 

### **ASSISTIVE TECHNOLOGY**

Technology allows people to improve their independence, productivity, and quality of life. In EEO and EES, you can discover how assistive technology (AT) may support you in a current work environment or as you prepare for a new job. To learn more about AT, visit the DDS website:

**Assistive Technology** 

