

Independence looks different for everyone.

How supportive housing helps.

Our home is the space that feels the most personal. We organize it in a way that meets our needs, buy furniture we like, and express ourselves through the items we choose to display. Our home supports who we are and how we want to live.



People with intellectual disability deserve a space that supports them, too. Supportive Housing provides an individual with rental assistance in an apartment setting and support from a qualified DDS provider. Apartments units are accessible, affordable, and tailored to the individual's needs. On-site residential support staff help with personal care and daily living, and assistive technology (such as room sensors, ring doorbell, and bed alarms) are available to ensure safety. Best of all, individuals get to live in a welcoming, close-knit community with neighbors who understand them.



"I'm getting happier because I live here now. I feel proud by myself."

—Jessica



"I like living on my own. It feels very comfortable. I feel safe living on my own."

—Scott

Support for everyday life.

Supportive Housing helps individuals with many aspects of daily living, including:

- Social interaction
- Relationship building
- Community integration
- Nutritional meal planning
- Self-advocacy



A little more support. A lot more independence.

Our goal is to provide people with a fuller, more independent life. Supportive Housing opens many doors for individuals, including:

- A safe and affordable housing option
- Ability for the individual to live independently
- An established community of people of all abilities
- Access to on-site staffing and technology, as needed
- Increased confidence, self-esteem, and independence

To learn more about Supportive Housing, talk to your case manager and visit ct.gov/DDS.