



## **Achieving a Better Life Experience (ABLE ACT)**

### **Resources**

#### **ABLE National Resource Center Brochure/Report**

<http://ablenrc.org/sites/default/files/docs/resource/ABLE-Report-2017.pdf>

#### **What are ABLE Accounts?**

"This is the first time Congress recognized that families raising a child with a disability and working-age adults with disabilities have additional significant costs associated with living with a disability. The law amends the tax code to encourage contributions to an ABLE savings account that allow investments to grow tax free. Distributions from the account can be used to cover extra costs related to education, employment, transportation, housing health care, technology and others that help improve independence and quality of life experience. In addition, ABLE accounts are not counted as a resource and do not, in most cases, adversely impact eligibility for resource-tested federal benefits such as Supplemental Security Income (SSI), Medicaid and food and housing assistance. With the first group of states opening ABLE programs in 2016, a new pathway to active community inclusion and participation has been created for millions of children and adults with disabilities who are now eligible, and have the opportunity, to open ABLE accounts".

*ABLE National Resource Center*

**ABLE National Resource Center:** <http://ablenrc.org>

#### **Webinars:**

What are Able Accounts? <http://ablenrc.org/about/what-are-able-accounts>

Becoming ABLE Ready: <http://ablenrc.org/about/becoming-able-ready>

Debunking ABLE Myths: <http://ablenrc.org/about/debunking-able-myths>

History of the ABLE ACT: <http://ablenrc.org/about/history-able-act>

**ABLE ACCOUNTS Comparison Chart - Listed by State:** You can open an ABLE account in any state that accepts outside residents into their program. For further detail about these programs please refer to their designated state page and individual websites.

[http://ablenrc.org/state\\_compare/](http://ablenrc.org/state_compare/)