

Food Labeling and Packaging Workshop Reference Guide

[CFR: Code of Federal Regulations](#)

[Food Allergen Labeling and Consumer Protection Act of 2024 \(FALCPA\)](#)

General Food Labeling Requirements

- **Principal Display Panel and Information Panel** (21 CFR 101.1, 21 CFR 101.2, 21 CFR 101.3, 21 CFR 101.4, 21 CFR 101.5, 21 CFR 101.9, and 21 CFR 101.105)
- **Label Statements** (21 CFR 101.3(a) and 21 CFR 101.105(a))
- **Information Panel** (21 CFR 101.2(a))
- **Information Panel Labeling** (21 CFR 101.2(b) and (d), Section 403(w) of the FD&C Act)
- **Required type size** (21 CFR 101.2(c) & (f), 21 CFR 101.2(c))
- **Responsibility Statement** (21 CFR 101.5)
- **Name of Food** (21 CFR 101.3, 21 CFR 101.3(b) & (d))
- **Name of Food Placement** (21 CFR 101.3(d) & 21 CFR 101.3(b)(2))
- **Imitation Food** (21 CFR 101.3(e))
- **Sliced, whole, and halves** (21 CFR 101.3(c))
- **Label artwork** (21 CFR 1.21(a)(1), 21 CFR 101.3(a), 21 CFR 101.105(h))
- **Country of Origin** (FDA/CBP (Customs and Border Protection) Guidance and Customs regulation 19 CFR 134)
- **Foreign Language Labels** (21 CFR 101.15(c)(2))

Misbranding

- **Standards of Identity “Honesty and fair dealing”** (21 CFR 130)

Net Contents Statement

- **Net Quantity of Contents Statements** (21 CFR 101.105(a)(b)(c))
- **Net Quantity of Content** (21 CFR 101.105(e)) & (21 CFR 101.105(f))
- **Dual Declarations** (P.L. 102-329, August 3, 1992; 21 CFR 101.105)
- **Calculate the area of the PDP** (21 CFR 101.1)
- **Minimum Type Size** (21 CFR 101.105(h) and (i))
- **Conspicuousness and Prominence requirements for net quantity statements** (21 CFR 101.105 and 101.15)
- **Included in net quantity of contents statement** (21 CFR 101.105(g))
- **Water packing medium included** (21 CFR 101.105(a))
- **Pressurized can** (21 CFR 101.105(g))
- **Qualifying Phrases** (21 CFR 101.105 (o))

Ingredient Labeling

- **Listing Ingredients/ In Descending order of predominance by weight** (21 CFR 101.4(a))

- **Ingredient list placement on label** (21 CFR 101.4)
- **Ingredient List: Type Size Requirement** (21 CFR 101.2 (c))
- **Water Listed as Ingredient** (21 CFR 101.4(a); 21 CFR 101.4(c); Compliance Policy Guide 555.875)
- **Common or usual name** (21 CFR 101.4 (a))
- **Declaring “trace” ingredients** (21 CFR 101.100(a)(3) & (4))
- **Listing alternative fat and oil ingredients** (21 CFR 101.4 (b)(14))
- **Ingredient listing: chemical preservatives** (21 CFR 101.22(j))
- **Listing Tomato concentrate, paste, puree** (21 CFR 155.191(a)(3)(i), 21 CFR 155.194(a)(3)(ii)(b))
- **Spices natural flavors or artificial flavors:** FD&C Act 403(i)(2) and 21 CFR 101.22(h)(1)
- **Reconstituted juice** (21 CFR 101.4(a))
- **Parenthetical declarations in ingredient list** (21 CFR 101.22(i) and 21 CFR 169)
- **Ingredient Listing: Colors** 21 CFR 101.22(h)(3) & 21 CFR 101.22(a)(2)
- **Ingredient Listing: Artificial Colors** 21 CFR 101.22(k)(1) and (2), 21 CFR 74 & 21 CFR 101.22 (k)(1)
- **Subingredients of Food** (21 CFR 101.4(b)(2))
- **Protein hydrolysates/blends of proteins** (21 CFR 101.22(h)(7))

Allergen Labeling

- **Major Food Allergen** (FD&C Act under section 403 (w)(1))
- **Fish or Crustacean shellfish declaration** (FD&C Act under section 403 (w)(2))
- **Tree nut declaration** (FD&C Act Section 201 qq)
- **Wheat declaration** (FD&C Act Section 201 qq)
- **How to request allergen labeling exemptions** (FALCPA Section 203)
- **Gluten free** (21 CFR 101.91)

Health Claims

- **Nutrient Content Claim** (21 CFR 101.13 (f))
- **Health Claims** (21 CFR 101.14 (a)(1))
- **Health Claims: Permitted on Label** (FD&C Act, under section 403(r)(c) & 21 CFR 101.9(k)(1), 101.14(c)(d) & 21 CFR 101.70)
- **Health Claims vs. Structure/Function Claims** (21 U.S.C. 343(r)(6) and 21 CFR 101.93)
- **Qualified Health Claims** (21 CFR 101.14)

Nutrition Labeling

- **Nutrition Facts placement** (21 CFR 101.2(b) & (e) & 101.9(i))
- **Round Packages** (21 CFR 101.9(d)(1)(i))
- **Summary of Exemptions** (21 CFR 101.9(j)(1-12))
- **Restrictions for certain nutrients** (21 CFR 101.9(c))

- **Voluntary nutrients** (21 CFR 101.9(a), 21 CFR 101.9(c), 21 CFR 101.9(c)(8)(ii))
- **Minimum type size** (21 CFR 101.9 (d))

Exemptions & Special Labeling Provisions

- **Imported Products** (21 CFR 101.9(j))
- **Restaurants** (21 CFR 101.9(j)(2))
- **Small Business Exemption** (21 CFR 101.9 (j) (1) or (18))
- **Small Packages and Intermediate Sized Packages** (21 CFR 101.9(j)(13)(ii)(A)(1))
- **Labeling Provisions** (21 CFR 101.9(j)(13)(ii)(A)(2))
- **Small Food Packages** (21 CFR 101.9(j)(13)(i))
- **Minimum Type Size** 21 CFR 101.9(j)(13)(i)(B)
- **Required Graphic Elements** (21 CFR 101.9(d))
- **Calculating Total Space Available to Bear Labeling** 21 CFR 101.1(c) and 21 CFR 101.2(a)(1)

Label Formats/Graphic Requirements

- **Bilingual Format** (21 CFR 101.9(d)(14))
- **Bilingual Labeling** (21 CFR 101.15 (c))
- **Simplified Format (21 CFR 101.9 (f))**
- **List of nutrients** (21 CFR 101.9 (f)(1))
- **“Insignificant amount of nutrients” definition** (21 CFR 101.9 (c))